Surrey Mental Health and Substance Use Services

Fraser Health provides mental health and substance use services that stretch across the life span and care continuums from prevention and health promotion to specialized, intensive in-patient care. The services include in-patient and outpatient, community and residential services and are organized in seven client service streams: Child, Youth and Young Adult; Adult; Community Residential Emergency Short Stay and Treatment; Geriatrics; Substance Use; Tertiary and Housing.

Services located in the Surrey community include:

- Psychiatric liaison nurse in the Surrey Memorial Hospital (SMH) emergency department (7 days/week/24 hours a day)
- Acute Adult In-patient Unit at SMH (39 beds)
- Psychiatric Assessment Unit at SMH (12 beds)
- In-patient Adolescent Psychiatric Unit at SMH
- Adolescent Day Treatment Program at SMH
- Physician Opiate Maintenance Consult Service at SMH
- Child and Youth Crisis Program (CYCP)
- Reproductive Mental Health Clinic - Jim Pattison Outpatient Care and Surgery Centre
- Child & Youth Neuropsychiatry Clinic; Child & Youth Psychiatry General Teaching Clinic
- Psychosis Treatment Optimization Program (PTOP) provides additional supports for individuals living with psychosis who have not responded well to previous treatments
- Community Mental Health Centre
  - Central Intake and Referral Service/Adult Short-term Assessment and Treatment Team
  - Assertive Community Treatment (ACT) Team
  - Adult Community Support Services (ACSS)
  - Group Therapy Services (core and specialty groups)
  - Community Geriatric Mental Health Services
  - Community Residential Program
  - Concurrent Disorder Therapist (for clients with mental health and substance use issues)
  - Community MHSU Outreach
  - Mobile Crisis Response Team (Car 67) – Mental Health partnership with Surrey RCMP
  - Primary Care Clinic
- Community Residential Emergency Short Stay Treatment (CRESST) in Surrey
- Community Rehabilitation Services: Vocational Rehabilitation, Occupational Therapy Services, Recreation Therapy, Peer Support & Wellness Program, Clubhouse Program, Therapeutic Volunteer Program, Talking Tobacco and Breathing Easy Programs through the Clubhouse, Rehabilitation Fund, Clubhouse without Walls program for 16-25 year olds
- Psychiatric Consultation Services in the Jim Pattison Outpatient Care and Surgery Centre
- Regional Tertiary (intensive and highly specialized) Mental Health Services:
  - Timber Creek: 17-bed Intensive Tertiary Rehabilitation Unit; 12-bed Psychiatric Intensive Care Unit (6 beds allocated to Vancouver Coastal Health); 15-bed Acute Assessment and Treatment Unit
  - Older Adult Rehabilitation and Behavioural Stabilization Program at Clayton Heights (29 beds) in Surrey
- Surrey Substance Use Services
- Creekside Withdrawal Management Service (adult detox and dedicated youth detox/30 day stabilization beds)
- Creekside Daytox Program (medically monitored day program)
- Sobering and Assessment Centre
• Primary Care Service (medical and substance use care and treatment); Nurse Practitioner
• Contracted substance use outpatient counselling/prevention program serving adults and youth (includes Youth Outreach Workers and School and Community-based Prevention Program)

**Regional services available to individuals in Surrey include:**

**Substance Use Services**
• Maple Ridge Treatment Centre (intensive residential treatment program for men)
• Kinghaven Treatment Centre (intensive residential treatment program for men)
• Peardonville House (intensive residential treatment program for women – can accommodate pre-school age children)
• DEWY (Day, Evening, Weekend Youth intensive day treatment program)
• Stabilization and Transitional Living Residences
• Second stage supportive housing
• The Crossing, a co-ed long-term youth residential treatment centre in Keremeos

**Mental Health**
• Early Psychosis Intervention (EPI) Program for 13 to 30 year olds
• Gaining Ground, a teen and young adult mental health promotion, prevention and early intervention program includes targeted education and [mindcheck.ca](http://mindcheck.ca), a teen and young adult-focused website (a provincial resource). A new component, Speak Up was launched in December 2012. Speak Up includes expansion of the targeted education, a youth peer network and a dedicated online space, [Speak Up @ mindcheck.ca](http://Speak Up @ mindcheck.ca)
• Youth Concurrent Disorders Program
• Developmental Disabilities Mental Health Services for adolescents and adults with both developmental disabilities (IQ of 70 or less) and complex mental health needs.
• Psychiatric Intensive Care Unit at Abbotsford Regional Hospital and Cancer Centre
• Fraser Health Outpatient Eating Disorders Program
• Neuropsychiatry Outreach Clinic provides specialized assessments and consultation for individuals with mental illness and brain injury
• Reproductive Psychiatric Clinic at Royal Columbian Hospital
• Ministry of Social Development Program (liaison/integration service between Mental Health and Substance Use and Probation Services)
• Regional Tertiary Mental Health Services:
  • Arbutus Place, 32-bed Older Adult Rehabilitation and Behavioural Stabilization Program in Langley
  • Connolly Lodge, 20-bed Adult Specialized Residential facility on Riverview grounds
  • Cottonwood Lodge, 24-bed Adult Specialized Residential facility on Riverview grounds
  • Memorial Cottage, a 25-bed mental health rehabilitation facility in Langley
  • Cypress Lodge, a 20-bed mental health rehabilitation facility on Riverview grounds
  • Neuropsychiatry In-patient Program for adults with complex brain disorders/injuries and mental illness (FH has 10 beds in a Vancouver facility)
  • Cedar Ridge, a 20-bed Adult Mental Health Rehabilitation Unit in Chilliwack
  • Oceanside, a 24-bed Acute Older Adult Unit in White Rock
• Family Support, Education and Respite Program
• Mental Health Advocacy Services

**Emergency Services:**

**Centralized Fraser Health Crisis Line** provides 24/7 telephone support, crisis intervention, suicide prevention and community resource information for people of all ages: **604.951.8855**

**For information about these services please contact:**

Surrey Mental Health Centre: 604-953-4900 | #1100 13401 108 Ave
Creekside: 604-587-3755 | Primary Care Clinic: 604-953-4940

Or visit: [www.fraserhealth.ca/your_care/mental_health_and_substance_use](http://www.fraserhealth.ca/your_care/mental_health_and_substance_use)

Province-wide Alcohol and Drug Information Referral: 604-660-9382 or 1-800-663-1441