

Present:

Councillor Steele, Chair
D. Evans
J. Schmalz
K. Noonan
K. Weber
M. Drozda
R. Noble
S. Jahan-Chaudhary
S. McIntosh
V. Nielsen

Absent:

Councillor Starchuk, Vice-Chair
L. Lange
S. Bell

Staff Present:

I. Stachura, Manager, Read Ability Services,
Library
S. Tosdevine-Tataryn, Age Friendly Strategy for
Seniors Project Manager
M. Panneton, Deputy City Clerk

The meeting was called to order by the Deputy City Clerk. As both the Chair and Vice Chair were absent, it was

chair.

Moved by V. Nielsen
Seconded by M. Drozda
That Susan McIntosh be appointed as acting

Carried

Susan McIntosh assumed the Chair at 9:43 a.m.

A. ADOPTION OF MINUTES

1. The committee was requested to pass a motion adopting the minutes of October 3, 2017.

It was

Moved by R. Noble
Seconded by K. Noonan
That the minutes of the Seniors Advisory &
Accessibility Committee meeting held on October 3, 2017 be adopted as presented.

Carried

B. OUTSTANDING BUSINESS**C. NEW BUSINESS****1. Upcoming Events**

S. Tosdevine-Tataryn (Age Friendly Strategy for Seniors Project Manager) informed that:

- A Canada 150 concert is scheduled for November 24, 2017 at 10:00 a.m.
 - The first French Forum is scheduled for November 25, 2017 at Guildford Recreation Centre.
-

- The Seniors Advisory and Accessibility Committee and seniors Christmas lunch celebration is scheduled for December 5, 2017.

S. McIntosh (Seniors Come Share Society) provided an example of what Delta does for a seniors' information card. This document is similar to the City of Surrey Age Friendly For Seniors Pocket Card, although Delta's example has more numbers. The Pocket Cards are updated annually, so this will enable some modifications as proposed from the Delta example.

The Committee recommended that volunteer seniors' ambassadors be recruited to distribute the Pocket Cards as going door to door would provide a means of initiating conversation and breaking down barriers with seniors who are not involved or are unaware of how to get involved.

D. ITEMS REFERRED BY COUNCIL

E. CORRESPONDENCE

F. INFORMATION ITEMS

1. Provincial Summit on Aging

S. Tosdevine-Tataryn (Age Friendly Strategy for Seniors Project Manager) informed that the City of Surrey successfully hosted the first provincial Summit on Aging, thanked the entire team who helped with planning and implementation, and informed that:

- Over 200 delegates, including non-profit executive directors, community volunteers, members of local government and academia, were present. Students also attended the Summit to gather information.
- V. Nielsen deserves an extra special thank you for volunteering a tremendous amount of her time to serve as master of ceremonies.
- Four key strategies that were identified through the Raising the Profile Project, and the Summit breakout session work was brought into these strategies (Building linkages with the health system to support seniors and caregivers; creating unity between Community-Based Seniors Services (CBSS) organizations and local government; building capacity and sustainability in rural and remote communities; and using the Knowledge Hub to scale up programs for the CBSS and implementation).
- Over 200 local governments, agencies, and individuals have signed the Declaration of the Community-based Seniors' Services Sector in B.C.
- Draft terms of reference have been created for the Community-Based Seniors Services (CBSS) Leadership Council, and the Council will be meeting a minimum of four times per year. The City of Surrey is represented on the Leadership Council.

- The summit will be hosted in a different location in 2018.

Members and staff provided their feedback on the summit and thanked S. Tosdevine-Tataryn and her team for their efforts. V. Nielsen informed that it was wonderful to have first nations in attendance, and that everyone appreciated having them there.

Councillor Steele entered the meeting at 9:54 a.m. and assumed the Chair.

G. OTHER BUSINESS

1. Proposed 2018 Meeting Dates

File: 0540-20 V

The Committee is requested to pass a motion adopting the 2018 Meeting Schedule as presented.

It was

Moved by V. Nielsen

Seconded by D. Evans

That the Seniors Advisory & Accessibility

Committee adopt the 2018 Meeting Schedule as presented.

Carried

Committee members indicated that they would like to discuss changing the meeting start time to 9:30 a.m. at the next Committee meeting.

2. Committee Round Table

Noting the time, the Committee round table was deferred to the next meeting.

H. DELEGATIONS

1. Caregivers in Distress – A Growing Problem

Councillor Steele introduced Isobel Mackenzie (Seniors Advocate for the Province of BC).

I. Mackenzie provided a PowerPoint presentation and spoke relative to:

- Caregivers, including the fact that it is estimated there are approximately 1 million unpaid caregivers in the province and replacing the care they provide with care from paid caregivers has an estimated cost of \$3.5 billion in B.C.
- Caregivers in distress as a growing problem (report focuses on caregiver distress for those providing informal care to clients receiving publicly-subsidized home support services in B.C.)
- The rationale behind the update report, including that the 2015 report found B.C. had one of the highest levels of caregiver distress in the country

and made recommendations on the need to improve supports for caregivers including increasing service levels for adult day programs, respite beds and home support.

- Compared with two years ago, hours per day of home support are down at least 5% and rates of caregiver distress are up 7%; the burden is shifting from the public system to family caregivers.
- The demographics of the over 30,363 clients receiving long term home support, and that these clients have increasingly complex needs.
- Demographics of caregivers, including that 91% of primary caregivers were family members.
- The amount of care being provided, including that on average, caregivers provide 20 hours per week of informal care.
- That more and more caregivers are in distress, including that the actual number of primary caregivers identifying as distressed increased by over 1,000, which represents a 14% increase in the actual number of caregivers in distress.
- The effects of co-residing on distress and factors that increase the risk of stress, such as client factors including impairment, depression, and dementia, and caregiver factors including being a spouse, co-residing, and providing higher levels of informal care.
- Client-caregiver tensions.
- Factors that decrease distress, including Choices in Supports for Independent Living (CSIL) – a program that allows clients/family members to receive money directly from their health authority to pay for the care they need.
- The state of services for caregivers, including adult day programs, home support and respite beds.
- Additional caregiver support, and how service providers can better support caregivers, including developing strategies to identify caregivers earlier, linking caregivers with community supports, and providing training and education for caregivers so that they feel confidence in their caregiving skills.
- Steps that the province can take to alleviate the number of caregivers in distress, including increasing adult daycare access, increase home support and respite hours, improve access to CSIL, reorganize respite beds and increase capacity, and empower caregivers.

Councillor Steele spoke relative to communication between senior levels of government and people on the ground, including that caregivers need someone to connect with and to support them.

Councillor Steele left the meeting at 11:12 a.m. and Susan McIntosh assumed the chair.

Discussion ensued relative to empowering caregivers, including additional training and the need to teach technical skills.

I. NEXT MEETING

The next meeting of the Seniors Advisory & Accessibility Committee will be held on Tuesday, January 9, 2017, at 9:00 a.m. in 2E Community Room B.

J. ADJOURNMENT

It was

Moved by K. Noonan
Seconded by V. Nielsen
That the Seniors Advisory & Accessibility

Committee meeting do now adjourn.

Carried

The Seniors Advisory & Accessibility Committee adjourned at 11:26 a.m.

Jane Sullivan, City Clerk

Councillor Steele, Chair
Seniors Advisory & Accessibility Committee