

Present:

Councillor Steele, Chair
Councillor Starchuk, Vice-Chair
B. Law
C. Hoy
D. Evans
J. Lam
K. Noonan
K. Tan
L. Lange
R. Noble
S. McIntosh
S. Wagner
V. Nielsen

Absent:

A. Sixsmith
K. Weber

Staff Present:

D. Buchanan, Transportation Planner,
Engineering Services
J. Tokaryk, Community Safety Coordinator
S. Morris, Assistant Fire Chief
S. Tosdevine-Tataryn, Age Friendly Strategy for
Seniors Project Manager
D. Johnstone, Administrative Assistant

A. ADOPTION OF MINUTES**1. Minutes of May 1, 2018.**

It was

Moved by Councillor Starchuk

Seconded by C. Hoy

That the minutes of the Seniors Advisory

Committee meeting held on May 1, 2018 be adopted.

Carried

B. DELEGATION**1. Getting Outdoors**

Mandy Hadfield, Park Operations Coordinator, provided a PowerPoint presentation regarding opportunities for seniors in Surrey parks. The following events and activities were highlighted:

- Bear Creek Park features a public, outdoor track and garden yoga classes throughout the summer.
- The Sounds of Summer series takes place on Wednesday evenings from 6:30 p.m. to 8:00 p.m. The event occurs at a different location each week, highlighting a wide variety of musical genres.
- Seniors in the Park is a drop-in event for seniors featuring guided forest walks, gardening workshops, and heritage activities. Seniors in the Park will be hosted at two locations throughout the summer: the Surrey Nature Centre (Thursdays from 12:30 p.m. to 2:30 p.m.) and Historic Stewart Farm (Fridays from 1:00 p.m. to 3:00 p.m.).

- Bulbs for Beauty invites the community to plant bulbs at one of the six parks taking part in this event throughout the summer.
- Darts Hill Garden Strolls are offered on Fridays through Sundays from 11:00 a.m. to 3:00 p.m. Guided tours, plant sales, and open houses are also featured at the garden.

J. Lam and S. McIntosh entered the meeting at 9:19 a.m.

Ms. Hadfield noted that there have been several misconceptions regarding park safety; however, a busy park is a safe park. The Surrey Request App is an easy way to report an issue at any Surrey park for those with a smartphone device.

In response to a question from the Committee, Ms. Hadfield explained that community gardens are created in response to a desire from the community.

2. **Seniors Volunteer Initiative**

Kylie Ali, Seniors Volunteer Initiative Project Manager, summarized the draft Seniors Volunteer Initiative (SVI) and provided the following information:

- The City of Surrey was awarded funding from the Provincial Government for a three year pilot project through Healthy Communities. The grant will support the work being undertaken for volunteers 55 years and older.
- Goals for the project vision include: an increase in the opportunities for seniors to contribute to their community, enhancing connections for seniors, strengthening the role of seniors as valued and integral members of the community and enhancing community partnerships to support volunteer management.
- A baseline inquiry was performed from December 2016 to June 2016, including: 14 community focus groups (in four different languages), 24 one-on-one interviews, and consultation with a total of 247 stakeholders. The inquiry aimed to better understand the work of each stakeholder, their current relationship with seniors and partners in the community, and how the SVI aligns with and enhances existing engagement.
- Seniors in Surrey indicated that they volunteer to stay active, connect and build relationships with other seniors, give back to the community, work towards their personal or professional values and to follow through on cultural beliefs.

K. Ali exited the meeting at 9:39 a.m. and S. Tosdevine-Tataryn continued the presentation on her behalf.

- Key recommendations stemming from the SVI include:
 - Enhancing current management practices;

- Consider how language can be utilized to engage senior volunteers;
- Explore a centralized, online hub for volunteer opportunities across Surrey;
- Promote and support the development of personal relationships between staff and volunteers.

S. Morris and Councillor Starchuk exited the meeting at 9:40 a.m.

- Short/short to medium-term project actions aim to explore the feasibility of a centralized online hub, enhance internal volunteer management processes, and to develop a community recreation services internal framework.
- Medium to long-term project actions will be to support a Community-City training framework for organizations and volunteers, and to encourage and implement interdepartmental shared learnings.
- Next steps for the SVI will focus on the development of volunteer engagement cycle training modules. A survey will be distributed to current volunteers in Parks, Recreation, Culture and Fire to measure satisfaction rates, and the level of community belonging amongst volunteers. Study sites at Chuck Bailey Recreation Centre and the Cloverdale Recreation Centre will also be implemented.

In response to a question from the Committee, Staff reported that the community focus groups took place in Mandarin, Punjabi, Korean and English.

D. Buchanan exited the meeting at 9:43 a.m.

C. OUTSTANDING BUSINESS

D. NEW BUSINESS

E. ITEMS REFERRED BY COUNCIL

F. CORRESPONDENCE

G. INFORMATION ITEM

S. Morris, Councillor Starchuk and K. Ali returned to the meeting at 9:45 a.m.

1. Round Table Committee Items and Updates

Committee members provided the following updates:

- S. Wagner reported that the Alzheimer Society of BC is presenting "Heads Up: An Introduction to Brain Health" at the Healthy Active Aging Conference on Saturday, June 9, 2018 at the Newton Seniors Centre and Newton Library. The workshop will be held at 10:30 a.m.
- C. Hoy noted that she would also be presenting at the Healthy Active Aging Conference for the Centre for Hip Health and Mobility. The presentation, "The Benefits and Science Behind Physical Activity for Older Adults" would be held in the afternoon.

Ms. Hoy reported that the Choose to Move program will be offering its program at three new locations in Surrey this fall: Newton Seniors Centre, Guilford Recreation Centre and at the Tong Louie Family YMCA.

- K. Tan reported that Immigration, Refugees and Citizenship Canada (IRCC) has funded a three year social innovation research project with Options Community Services Society. The project will focus around social planning innovation and studying more vulnerable groups such as newcomers with disabilities. A further update with respect to this project would be provided to the Committee at a later date.
- J. Lam informed that the Seniors Forum, presented in Mandarin, was held on May 16, 2018, at the Fleetwood Community Centre. Feedback from the 150 participants was positive; however, it was suggested that fewer presentations and additional time for questions and answers be considered in the future.
- L. Lange advised that she had recently attended an Elder Abuse and Wellness Forum in Coquitlam.
- B. Law reported that the Intercultural Showcase presented by the Surrey Seniors Planning Table was held on May 12th, 2018. The event was well received, with many attendees interested in the storytelling component of the showcase.

K. Noonan noted that the Seniors Come Share Society had a table distributing brochures at the event.

L. Lange exited the meeting at 10:00 a.m.

- V. Nielsen informed that she had attended and helped staff present at the BC Recreation and Park Association (BCRPA) conference in Vancouver. Having the perspective of both volunteers in the community and City staff worked well for the presentation.
- S. Wagner reported that the Alzheimer Society of B.C. is working on a three month pilot project at the Czorny Alzheimer's Centre. The pilot project will host a support group for caregivers and family members during the adult daycare program at the Centre.
- S. Tosdevine-Tataryn, Age Friendly Strategy for Seniors Project Manager, provided the following updates:
 - Seniors Week is celebrated from June 3 to June 9, 2018. A variety of free events will be held throughout the City.
 - The Healthy Active Aging Conference will be held on June 9, 2018. The Conference has been advertised in the newspaper, the City website and through social media. Members were encouraged to promote the Conference to their organizations and contacts to increase registration numbers.
 - A Caregivers Forum will be planned to be held on Saturday, October 13th.

The Committee suggested that adequate opportunities for questions, opportunities for social interaction, and on-site assistance to connect attendees with community resources be taken into consideration when planning the forum. It was further encouraged that all future forums provide opportunities for attendees to submit questions and comments anonymously.

- The 2018 Healthy Active Aging Guide is now available. Currently this document is provided in print version and on the City web site.
- Phase 1 of the Mobile Community Care for Seniors (MCCS) Initiative is nearing implementation at Chuck Bailey Recreation Centre. Committee members interested in volunteering and assisting with this project were asked to contact staff.

H. OTHER BUSINESS

I. NEXT MEETING

The next Seniors Advisory Committee meeting is scheduled for July 3, 2018.

J. ADJOURNMENT

It was

Moved by C. Hoy

Seconded by Councillor Starchuk

That the Seniors Advisory Committee

meeting to now adjourn.

Carried

The Seniors Advisory Committee adjourned at 10:19 a.m.

Jane Sullivan, City Clerk

Councillor Steele, Chair
Seniors Advisory Committee