

CORPORATE REPORT

NO: R021 COUNCIL DATE: FEBRUARY 3, 2014

REGULAR COUNCIL

TO: Mayor & Council DATE: February 3, 2014

FROM: General Manager, Planning and Development FILE: 5080-01

Acting General Manager, Engineering

Chief Librarian

SUBJECT: Surrey Poverty Reduction Plan: "Low Cost and Free" Resources

RECOMMENDATION

The Planning and Development Department, the Engineering Department and Surrey Libraries recommend that Council receive this report as information.

INTENT

The purpose of this report is to provide information about the new "Low Cost and Free" brochure series and interactive web-pages that have been developed through a collaborative effort by Surrey Libraries, the Engineering Department and the Planning and Development Department. The brochure provides information about low cost and free resources that are available to low income residents of Surrey.

POLICY CONSIDERATIONS

The subject brochure series aligns with the recommendations in the Surrey Poverty Reduction Plan (the "Plan") in relation to increasing awareness about the services, programs and opportunities available to low income residents in Surrey. The brochure also supports the outcomes targeted in the Surrey Libraries' Strategic Plan 2013-2015.

BACKGROUND

In 2012, Council adopted a Poverty Reduction Plan for Surrey entitled "this is How We End Poverty in Surrey: Surrey Poverty Reduction Plan" (Corporate Report No. R160, July 9, 2012). The Plan provides a comprehensive set of recommendations toward reducing poverty in four policy areas – Transportation, Housing, Income and Supports.

DISCUSSION

The implementation of the Plan is being guided by the Surrey Poverty Reduction Coalition (SPRC). The SPRC is comprised of representatives from various sectors including governments, non-profit organizations, the education sector and the business community.

Consultations with community stakeholders conducted as part of the development of the Plan identified as an issue the fact that many people living in poverty do not take advantage of existing low income resources due to a lack of knowledge or awareness. This feedback is reflected in the following eight recommendations contained in the Plan:

- Housing: Recommendation #29 Raise awareness of the Rental Assistance Program (RAP), the Shelter Aid for Elderly Renters (SAFER) program, the Home Adaptations for Independence (HAFI) program and other housing services and programs that are available for low-income households;
- Income: Recommendation #39 Increase awareness among low income individuals and families of the Surrey Public Library's services including free job search and resume writing workshops, and free access to computers and the Internet for job search activities;
- *Income: Recommendation #40* Raise awareness among low income individuals and families of the need to file an income tax return to benefit from tax credits. Promote the availability of free income tax filing services for low income people;
- Support: Recommendation #48 Increase awareness of and access to free early literacy and school readiness programs available through the library, recreation services and other community agencies;
- Support Recommendation #52 Increase awareness of and access to free early literacy and school readiness programs available through the library, recreation services and other community agencies;
- Support: Recommendation #53 Increase awareness of services offered free of charge at the Library for people with disabilities, including home delivery of books and audio books, specialized computer technology for those with visual impairments, and story-times for adults with developmental and cognitive disabilities;
- Support: Recommendation #65 Promote awareness of the City of Surrey's Leisure Access Pass
 (LAP) that provides free or reduced price recreation services for low income people/families.
 Also promote awareness of free-of-charge community events and other opportunities; and
- Support: Recommendation #68 Increase awareness of the health resources available in the community.

Low Cost and Free Brochures

In response to the Surrey Poverty Reduction Plan recommendations, in early 2013, staff at the Guildford Library researched and prepared a series of brochures on "Low Cost and Free" services, programs and opportunities in Surrey. These are attached as Appendix 1 to this report. The

brochures, available online and at library kiosks, provide a list of services, along with a brief description and contact information for the following resource categories:

- Activities in the Community;
- Activities in the Library;
- Education/ESL & Citizenship;
- Employment & Income;
- Food & Transportation;
- Health Services:
- Housing;
- Household Goods; and
- Legal Services.

The nine Low Cost and Free brochures currently contain approximately 400 listings. The brochures have been well received by the community with more than 3,100 brochures distributed from the Gilford Library alone. The brochures are currently available in all Surrey Library branches and anecdotal feedback has been extremely positive amongst library customers as well as community organizations that are now aware of and making referrals to the brochures.

Low Cost and Free Interactive Map

The Surrey Libraries' brochures were reviewed by the Social Policy Advisory Committee on May 8, 2013. The Committee recommended that Council request staff to make the information available on an interactive map on the City's website. This recommendation was adopted by Council at its Regular meeting on September 9, 2013.

The Low Cost and Free web-based map was developed by the GIS Section in the Engineering Department, with assistance from Social Planning staff and the Web Team. A copy of webpage is attached as Appendix 2 to this report. The interactive map allows users to select information based on:

- their demographic (e.g. family with children, youth, senior, immigrant etc.); or
- type of information (e.g. activities in the community, activities in the library etc.).

Links to the brochures are also provided on the website. To view the Low Cost and Free map and brochures visit: http://www.surrey.ca/community/13905.aspx.

Moving forward, Surrey Libraries will be responsible for updating the brochures; the Planning and Development Department will maintain the map and the website with updates provided by Surrey Libraries.

SUSTAINABILITY CONSIDERATIONS

The Low Cost and Free project assists in achieving the objectives of the City's Sustainability Charter; more particularly, Charter action item SC5: Improving the social well-being of Surrey residents.

CONCLUSION

The City of Surrey is committed to reducing poverty in Surrey. The Low Cost and Free brochure series and website are practical and accessible resources that enable low income residents to be aware of services, supports and activities that will increase their standard of living and inclusion in the community.

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Original signed by Jean Lamontagne General Manager, Planning and Development Original signed by Gerry McKinnon Acting General Manager, Engineering

Melanie Houlden Chief Librarian

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Park N' Play

Tel: 604-502-6349 <u>www.surrey.ca/culture-recreation/1818.aspx</u> partnersinparks@surrey.ca

Free Surrey neighbourhood park program that takes place every year during July and August - rain or shine. Join us for arts and crafts, games and sport activities.

Preteen Dances @ Surrey Recreation Centres

Tel: 604-501-5100 www.surrey.ca/youth/106.aspx

Meetup with friends, dance to the best new music and win great prizes. For grades 5 to 7. Dances take place monthly at a number of recreation centres. Tickets \$5 in advance or \$7 at the door. Dances are supervised by City of Surrey staff.

South Surrey Youth Lounge

14601 - 20 Avenue Surrey, BC (South Surrey Recreation Centre)
Tel: 604-592-6970 www.surrey.ca/youth/107.aspx

jweibe@surrey.ca

Our youth Centre features a pool table, foosball table, state of the art sound system, big screen TV, Nintendo Wii and Wii Fit, ping pong and more! The lounge opens up to a gym where you can pick up a game of basketball, floor hockey, soccer or even dodgeball!

Surrey Nature Park

14225 Green Timbers Way, Surrey, BC V3T 0J2

Tel: 604-502-6065 <u>naturecentre@surrey.ca</u>

The Surrey Nature Centre at Green Timbers helps you explore the natural and cultural heritage of Green Timbers. Many fun events for children. Also lends out fish rods and tackle boxes so you can try your hand at fishing in Green Timbers Lake. Anglers over 16 will need a fishing license but would be a great outing for children.

Youth Night @ YMCA

14988 57th Avenue Surrey, BC V3S 7S6

Tel: 604-575-9622 www.vanymca.org/centres/tonglouie/ Come down to the Y for an evening of Air Hockey, Ping Pong, Nintendo Wii and X-Box Kinect with your friends. Every Friday showcases a different theme. Members Free / Non Members \$2.00 Fridays 7:00 – 10:00 p.m. 11-15 years. Pizza served at 8pm for \$1.

Senior's Activities

Chinese Senior Day

@ Oak Ave Neighbourhood Hub

12740- 102 Ave, Surrey BC V3V 3E5

Tel: 604-582-7088 www.oanh.ca

Every Wednesday from 10:00am – 12:30pm. Activities including singing, dancing, table tennis and much more!

Come Share the Day Program for Older Adults

13855 – 68th Ave Surrey BC V3W 2G9

Tel: 604-599-0034 www.comeshare.ca

Activities customized to meets the needs of clients, including lunch, personal care, health monitoring and lots of laughter. Talk to your doctor about a referral. Must be referred by a Case Manager associated by Fraser Health, Central intake; Call 604-953-4965, Mon – Saturday 9:00-3:30pm

Come Share the Day - White Rock

15008 – 26th Ave Surrey BC V4P 3H5

Tel: 604-531-2502

Monday - Friday 9:00-3:30pm

Crescent Beach Walkers @ Alexandria House

2916 McBride Ave Crescent Beach BC V4A 3G2

Tel: 604-535-0015 www.alexhouse.net/older-adults

The Crescent Beach Walkers walk the beach every Wednesday morning, then stop in at the lounge for some coffee and conversation 9:30 -11am, Sept to May. Drop in to join them! 9:30am-11:00am.

PICS Senior Adult Day Centre

12075 - 75A Ave Surrey BC V3W 1N3

Tel: 604-596-0052 www.pics.bc.ca rani.sandhu@pics.bc.ca (Rani)

For South Asian Seniors who are physically or emotionally disabled, living at home and are provided by for love ones. Include recreation, and socialization opportunities, meals and refreshments, health services and personal care. \$4.00/visit. Ages 55+ w/ some restrictions. Services offered in Punjabi, Hindi, Urdu, Persian, Farsi, Gujrati and English.

Seniors Drop-in Centres

@ Surrey Recreation Centres

www.surrey.ca/culture-recreation/1774.aspx

There are Senior's Drop-in Centres at four of Surrey's recreation centre's. Each offer social drop-in for those ages 55+ years and older. Activities are wide ranging and include cards, bingo and entertainment. Fitness classes and other social events available. Many also offer organized outings. Senior services membership is \$22/year per centre or there is a \$61.25/year city wide membership as well. The **Fleetwood** and **South Surrey Recreation Centre's** also offer a wide range of senior's programming.

Chuck Bailey:

13458 - 107A Avenue Surrey, BC V3T 0G4

Tel: 604-598-5898 www.surrey.ca/culture-recreation/1914.aspx

Cloverdale:

6188-176 Street, Surrey BC V3S 4E7

Tel: 604-598-7960 <u>www.surrey.ca/culture-recreation/5030.aspx</u> Monday - Friday 9:00am-4:00pm

Guildford:

15105 - 105 Avenue Surrey, BC V3R 7G8

Tel: 604-502-6360 <u>www.surrey.ca/culture-recreation/5002.aspx</u>

Monday - Friday 9:00am-3:00pm

Newton:

13775 - 70 Avenue Surrey, BC V3W 0E1

Tel: 604-501-5010 www.surrey.ca/culture-recreation/1777.aspx

Monday - Friday 9:00am-4pm Saturday 12 noon-4pm

Seniors Drop-in Lounge @ Alexandra House

2916 McBride Avenue, Crescent Beach, BC V4A 3G2

Tel: 604-535-0015 www.alexhouse.net/older-adults

Volunteers run a drop in for coffee, snacks and conversation on the first Wednesday of each month, 12 noon-2pm, September to May. Please RVSP at 604-535-0015 ext. 236 the preceding Friday

Seniors Luncheon @ Oak Ave. Neighborhood Hub

12470 - 102 ave Surrey BC V4V 4Z9

Tel: 604-582-7088 www.oanh.ca

Every 2nd and 4th Monday, each month, 11:30-2:00pm. Free drop-in lunch for seniors to socialize, enjoy soup and sandwiches.

*Interested in more meals like this in your area? The **Seniors' Resource Directory**, has a number of listing for similar lunches in other Surrey neighbourhoods on pages 73-75. The directory is available in all Surrey Libraries branches or online: tinyurl.com/d2ejpmu

TALK (Third Age Learning at Kwantlen)

Kwantlen Polytechnic University – 72nd Street campus 12666 72nd Avenue, Surrey

Tel: 604-599-3077, www.kwantlen.ca/talk.html

Creative and stimulating educational activities for adults over 50, with no quizzes, grades or prerequisites.

Community Grants

Community Beautification Grants

www.surrey.ca/city-services/555.aspx

Beautification@surrey.ca

Two kinds of grants available. The small projects grants are for projects that would improve the physical appearance of the city. The activity & celebrations grants provide funds for community events like neighbourhood block parties etc.

Neighbourhood Small Grants

@ Oak Avenue Neighbourhood Hub

12470 - 102 ave Surrey BC V4V 4Z9

Tel: 604-582-7088 www.oanh.ca/smallgrant.html

Intended to support residents to organize small projects/events in their neighbourhoods that will improve the community socially, physically or culturally. Grants range from \$50 to \$500.

Looking for services not covered in this brochure

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www.surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at libraryinfo@surrey.ca



Updated 10/10/13

Appendix 1

Low Cost and Free

Activities in the Community







www.surreylibraries.ca

Leisure Access Program

Leisure Access Program

www.surrey.ca/culture-recreation/1773.aspx

This is an unbelievably good deal! Surrey Parks and Recreation offers an impressive range of activities. The Leisure Access Program provides unlimited access to all drop-in activities at City Recreation Centres and 75% discount on most registered programs.

All permanent Surrey residents who meet the annual Family Net Income limitations may apply.

Income cutoffs:

Family Size: 1 2 3 4 5 6

Income: \$19,307 \$23,498 \$29,260 \$36,504 \$41,567 \$46,009 \$50,631 Family: defined as 1 or 2 adult(s), legally married or common-law partner, and their legal dependents.

Family Net Income: as indicated on your Notice of Assessment(s), line 236.

To apply ask at a recreation centre or go to:

www.surrey.ca/files/LeisureAccessProgramClientApplication.pdf for an application form.

General Activities

City of Surrey - Events

www.surrey.ca/culture-recreation/6138.aspx

The City hosts a variety of events and 5 major festivals. Many events are free or low cost.

Community Visitors

#208 1461 Johnston Rd. White Rock BC

Tel: 604-542-4357 www.sourcesbc.ca

volunteerservices@sourcesbc.ca

Are you or is someone you know isolated or lonely? Sources community visitors assist individuals in staying connected to their community through a home visits. Register by phone.

Culture Night @ Métis Family Services

13639 – 108th Ave. Surrey BC V3T 2K4

Tel: 604-584-6621 www.metisfamilyservices.ca

reception@metisfamilyservices.ca

Smudge, child/youth community circle, Métis Jigging workshops, Arts and Crafts and light dinner. Every Tuesday 4:30-7pm. Near the Gateway station.

Dancing @ Oak Avenue Neighborhood Hub

12470 - 102 ave Surrey BC V4V 4Z9

Tel: 604-582-7088 www.oanh.ca

Every Wednesday from 9:30-10:30am. Organized by a group of Chinese Volunteers. Everyone is welcome from the community!

Free Family Swims @ Surrey's Indoor Pools

www.surrey.ca/culture-recreation/13432.aspx

North Surrey Indoor Pool: Last Saturday of each month 2-5pm 10275 City Parkway Surrey, Tel: 604-502-6300

Newton Wave Pool: Second Sunday of each month 6-8pm 13730 - 72 Avenue Surrey, BC Tel: 604-501-5540

16555 Fraser Highway #100 Surrey, BC Tel: 604-501-5950 **South Surrey Indoor Pool**: First Saturday of each month 1-4pm

Surrey Sports & Leisure Pool: Third Sunday of each month 3-5pm

14655 - 17 Avenue Surrey, BC Tel: 604-502-6220

Honeybee Centre

7480 176 Street Surrey, B.C. V3S 7B1

Tel: 604-575-BEES (2337) www.honeybeecentre.com

Home to the Bees & Bugs Lab, an interactive exhibit full of live invertebrates & bees, hands-on activities, honey tasting and more! Drop-in \$5/ per person or \$15 per family of 4. Children 3 & under: Free!

Surrey Museum

17710-56A Avenue, Surrey, BC

Tel: 604-592-6956 www.surrey.ca/culture-recreation/2372.aspx
Regular rotating exhibits featuring both Surrey history and artifacts from around the world. Free admission but donations are appreciated.

Surrey Parks

www.surrey.ca/culture-recreation/2015.aspx

Surrey has about 200 parks spread across the city. From mountain biking at Invergarry to bird watching at Blackie Spit there is a park suitable for a quick bit of fresh air or a longer outing.

Surrey Park Strollers

Tel: 604-502-6349 partnersinparks@surrey.ca

The Surrey Park Strollers is a casual walking club that meets in summer. Stretch your legs, enjoy fresh air and meet new friends while strolling through Surrey's parks.

Tuesday Night Movies

Most movie theatres have cheaper tickets on Tuesdays. Cheapest movie tickets in Surrey are reputed to be at Hollywood 3 (604-592-4441) and the Clova. Clova also has a BYOC program where you can bring your own popcorn container and for \$2.50 they will fill it to the equivalent of their large size.

Clova Cinema

5732 176 St., Cloverdale

Tel: 604-574-1114 www.theclova.com

Hollywood 3

7125 138th St. Surrey BC Tel: 604-592-4441 <u>www.hollywood3.ca</u>

Value Days @ Newton Wave Pool

13730 - 72 Avenue Surrey, BC V3W 2P4

Tel: 604-501-5540

www.surrey.ca/culture-recreation/7325.aspx

Go to the Newton Wave Pool or Newton Community Recreation Office various times during the week and access all drop-in activities for less than the usual. Go swimming, work out in the weight room, try a spinning or fitness class, all for \$2.50! Plus every 2nd Sunday of the month is a **free** swim between 6pm-8pm.

Value Times:

Monday & Tuesday: 6am-8:30am Wednesday & Thursday: 11:15am-2pm Friday: 11:15am-3:30pm

NO SATURDAYS

Sunday: 8am-8:30am & 7pm-8pm

YMCA Access Program

14988-57 Avenue Surrey, BC V3S 7S6

Tel: 604-575-9622 tinyurl.com/a447ww4

Provides a full YMCA membership at a reduced cost based on family income. Gives you access to facilities and a wide range of activities. You will need to provide a tax return (Notice of Assessment) or last 3 pay stubs for every adult in the household.

Children/Teens

Chuck Bailey Youth Centre

13458-107A Avenue Surrey BC (Chuck Bailey Recreation Centre) Tel: 604-592-6949

www.facebook.com/SurreyYouth

twitter.com/SurreyYouth

This youth centre is a great place to hang out with friends. Join in a basketball or soccer game. Check out our pool table or big flatscreen TV's and try beating one of our youth staff in an Xbox game. There are open gym times on Friday and Saturday nights, as well as Friday night hasketball

Preteen Dance every 2nd Friday, 7pm-9:30pm

Preteen (Grades 5-7) drop-ins are from 4-6pm on Mon, Wed, Fri, Sat Teen (Grades 8-12) drop-ins are from 6-9pm on Mon & Fri., 6-8 on Wed, and 6-10 on Sat

City of Surrey – Kids Page

www.surrey.ca/kids/

You will find recipes for playdough, children's event listings and ideas for fun things to do in Surrey.

Cloverdale Youth Centre

6188 - 176th Street, Surrey (Cloverdale Recreation Centre)
Tel: 604-598-7960 www.surrey.ca/youth/108.aspx

We have 2 Flat screen TVs, a Wii and PS3, Rock Band, Karaoke, Pool Table, Foosball Table, Board games and a concession. Every night is something different! Preteen dances every month. Membership is free. Check out our open gym or challenge one of our amazing staff

to a game of pool!

Don Christian Youth Centre

6220-184 Street Surrey, BC (Don Christian Recreation Centre)
Tel: 604-502-6420 www.surrey.ca/culture-recreation/5035.aspx
Offers preteens (ages 10 to 13 years) an opportunity to socialize, recreate and be with friends. Our staff are on site while you play foosball or air hockey and participate in all sorts of crafts or games.

Family Night @ YMCA

14988-57 Avenue Surrey, BC V3S 7S6

Tel: 604-575-9622 www.vanymca.org/centres/tonglouie/family
Saturday is the night for everyone in your family. We've got a fun theme every week, including open gym time, rock climbing and even a bouncy castle. Free for members, \$10 per family for nonmembers.

Family Resource Program

There are listings for each of the Family Resource Programs locations in the education brochure. Each of these locations offer fun activities that promote early literacy for children 0-6 years old and give you chance to connect with other parents in your area.

Fleetwood Youth Centre

15996 - 84 Avenue Surrey, BC (Fleetwood Recreation Centre)
Tel: 604-501-5030 www.surrey.ca/youth/100.aspx

gdnolan@surrey.ca (Greg)

Hang out with your friends at the Fleetwood Youth Lounge and take part in some of the youth drop-in programs. It's a great way to meet people and make friends. The Youth Lounge hosts events like DJ Demo Night, Girls Night Out, Sports Night, Preteen Dances and Drop-in Youth Break Dancing. Sign up for a free membership card to get the benefits: gain access to youth all drop in activities, sign out equipment, use video games and use sport equipment.

Fraser Heights Chess Club

10929 160 Street, Surrey BC

Contact: Anca Datcu-Romano adatcu@qsoft.ca

www.fraserheightschess.com

Erma Stephenson Elementary's library

Friday nights from 6:00pm to 7:30pm

Club accommodates children at a wide range of chess ability. Great place to develop new chess abilities

Fraser Heights Youth Centre

10588 - 160th Street Surrey, BC (Fraser Heights Community Centre)
Tel: 604-592-6920 www.surrey.ca/youth/101.aspx

Movie nights, xbox, crafts, games, open gym etc. Ages 10-18 Drop in times:

Thursday 2.45 – 6 pm **Friday** 6.30 – 10.30 pm **Saturday** 5 – 10.30 pm

Guildford Youth Resource Centre @ PCRS

205-14727 108th Ave, Surrey BC

Tel: 604-587-8100 www.pcrs.ca/surrey youth resource centres

A number of fun events for teens, current program available on the
website. Also offer a homework club. Open Monday to Friday
8:30am-4:30pm. Connect via Facebook: SYRCPCRS

Guildford Youth Lounge

15105 - 105th Ave, Surrey BC (Guildford Recreation Centre)
Tel: (604) 502-6061 www.surrey.ca/youth/105.aspx
Youth friendly drop-in centres are a great way to meet friends, sign out sports equipment, play games, etc. Yearly membership card is a cheap \$5

KidSport – Surrey/White Rock

% 130-1959 152nd Street Surrey, BC V4A 9E3

www.kidsportsurreywhiterock.ca info@kidsportsurreywhiterock.ca Provides grants for registration fees so that all kids in Surrey-White Rock have the opportunity to participate in organized sports. Similar programs also offered in Langley, Delta and New Westminster.

Moving Ahead Program for Youth (MAP-Y)

#205-14727-108th Ave., Surrey, BC, V3R 1V9

Tel: 604-587-8100 (Helena) www.pcrs.ca/map

For Youth, hosts a variety of interactive and youth driven workshops. Also has a bi-weekly activity group which gives youth an opportunity to engage with peers and share their unique culture. Outings may include cycling on the Seawall, swimming or trips to the aquarium. Services in English, Arabic, Punjabi, Hindi and French however, interpreters can also be provided to accommodate other languages.

Newton Youth Resource Centre @ PCRS

#114 - 13479 76th Ave Surrey, BC V3W 2W3

Tel: (604) 592-6200 www.pcrs.ca/surrey youth resource centres

For teenagers 13-19, we have drop in as well as scheduled events —
we put out a monthly calendar of events and also run summer programming (ie: rock climbing). There is no cost to our programs!

Newton Youth Lounge

13730 - 72 Avenue Surrey, BC (Newton Recreation Centre)
Tel: 604-501-5533 www.surrey.ca/youth/104.aspx

Come and play video games, ping pong, and have fun in our brand new gymnasium. Bring your friends for a game of foosball or just hang out and watch a movie on our **big screen TV**. We also have several computers so that you can surf the 'net.

North Surrey Youth Lounge

10275 City Parkway, Surrey BC (North Surrey Recreation Centre)
Tel: 604-598-5897 www.surrey.ca/youth/103.aspx

Youth are welcome to hang out at Y Fridays from 4-8pm @ North Surrey Recreation Centre, a youth-led night. Afterwards hang out in the youth lounge from 8-10pm for some pool table and snacks. There is also a Teen Swim from 8-10pm on Fridays, for \$3.25.

DaPiff

www.datpiff.com

Free mixtapes from a wide variety of artists. Great for R&B and hiphop fans.

Internet Archives

archive.org

A large, sprawling website with free movies, music and books.

Great source of vintage cartoons and older movies. Also features
the 'Way Back Machine' which allows to you see older versions of
websites.

National Film Board

www.nfb.ca

A wide range of NFB sponsored Canadian films.

Open Culture

www.openculture.com

Open Culture brings together high-quality cultural & educational media for the worldwide lifelong learning community. Free audio books, free online courses, free movies, free language lessons, free ebooks and other enriching content.

Songza

www.songza.con

Free, legal music streaming site that you can use either at home or in the library. Has a great playlist selection tool that helps you decide based on the time of day, what you are doing and the genres you enjoy.

TV Channels Online

A number of local and national channels provide online streaming of current episodes of TV shows. This includes CBC (see above) but also the following:

CTV: watch.ctv.ca

Comedy Central: www.thecomedynetwork.ca Global TV: www.globaltv.com/video/#video

Knowledge Network: www.knowledge.ca/watchnow

MuchMusic: www.muchmusic.com/tv/

MTV: www.mtv.ca

TV Ontario: ww3.tvo.org/video

Movies at the Library

Movies @ Surrey Libraries

www.surreylibraries.ca/programs-services/5505.aspx

Surrey Libraries hosts a number of movie events at a number of branches for children, teens and adults. Ask at your local branch for upcoming showings.

Movies for Home

Surrey Libraries also has a large collection of DVDs for children, teens and adults. Have a browse through our catalogue or ask staff if we have your favourite show.

Getting a Library Card

Library cards are free and it takes about 5minutes to signup!

- Bring 2 pieces of identification to any of our 9 branches. We need to see photo ID and proof of your current address.
- If you are unsure what to bring please call and ask.

Library Contacts

City Centre Library

10350 University Drive, Surrey, BC V3T 4B8 Tel: 604-598-7420

Cloverdale Library

5642 - 176A Street Surrey, BC V3S 4G9

Tel: 604-598-7320

Fleetwood Library

15996 - 84 Avenue Surrey, BC V4N 0W1

Tel: 604-598-7340

Guildford Library

15105 - 105th Avenue Surrey, BC V3R 7G8

Tel: 604-598-7360

Newton Library

13795 - 70th Avenue Surrey, BC V3W 0E1

Tel: 604-598-7300

Ocean Park Library

12854 - 17th Avenue Surrey, BC V4A 1T5

Tel: 604-502-6304

Port Kells Library

18885 - 88th Avenue Surrey, BC V3S 5X7

Tel: 604-598-7440

Semiahmoo Library

1815 - 152nd Street Surrey, BC V4A 9Y9

Tel: 604-592-6900

Strawberry Hill Library

7399 - 122nd Street Surrey, BC V3W 5J2

Tel: 604-501-5836

For current program listings and an online calendar of events check our website at:

www.surreylibraries.ca/programs-services/4920.aspx

<u>Looking for services not covered in this brochure?</u>

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www. surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at

libraryinfo@surrey.ca



Low Cost and Free

Activities in the LIBRARY



www.surreylibraries.ca

Children's Activities

Each branch of the Surrey Libraries has a wide range of children's events. Below is a sampling of our recurring events. For up to date events at your local branch ask next time you are in, phone or check out our online event calendar at: www.surreylibraries.ca/programs-services/4920.aspx

Book Clubs

www.surreylibraries.ca/reading/4699.aspx

There are free book clubs for children at a number of our branches. Books are provided. Ask if one is offered at your local branch. We also have book club kits for children if you or your child are interested in starting your own book club. More information is available here: www.surreylibraries.ca/programs-services/4856.aspx

Dog Tales

www.surreylibraries.ca/programs-services/5585.aspx

Part of Super Saturdays at Newton Library! Want to encourage your child to read? Register to spend 15 minutes reading to a cute and cuddly dog! (Ages 6+). Register the day of the event at the Newton Library.

Family Board Games

<u>www.surreylibraries.ca/programs-services/5547.aspx</u>

Board game fun. Offered at a number of branches. Ask your local branch for details.

Family Craft Hour @ City Centre Library

www.surreylibraries.ca/programs-services/5431.aspx

Drop in to this all ages family craft hour at City Centre Library and make something amazing!

Family Lego Club @ Surrey Libraries

www.surreylibraries.ca/programs-services/5169.aspx

We have the Lego, you bring the ideas! A free program for the whole family! Lego Club is a monthly drop-in program that's fun for all ages. Offered at most branches. Ask at your local branch.

Games Kiosk

www.surreylibraries.ca/programs-services/5215.aspx

A number of free online and fun learning games that you can use either in the library or from home.

Kids Computer Camps @ Surrey Libraries

www.surreylibraries.ca/programs-services/4935.aspx

Find and play games, explore 3-D and make your own computer games with PowerPoint! At Surrey Libraries' City Centre and Guildford

Saturday Specials @ City Centre Library

www.surreylibraries.ca/programs-services/5486.aspx

Free family fun at City Centre Library!

Once-a-month drop in program for kids and parents.

Storytimes

www.surreylibraries.ca/programs-services/4925.aspx

We have story times at each of our 9 branches at a variety of times. Come in with your child for a fun story and a song! This includes a special storytime for fathers and their babies at a number of branches. Ask at your local branch for the latest storytime schedule.

Preteen/Teens

Book Clubs for Teens

www.surreylibraries.ca/programs-services/5375.aspx

Some of our branches offer book clubs for preteens and teens. Ask at your local branch for more information.

Fab Fridays @ Strawberry Hill Library

 $\underline{www.surreylibraries.ca/programs\text{-}services/5171.aspx}$

Drop-in youth program for ages 10 - 16.

Free crafts, board games, movies, XBox 360 and more!

Get Your Game On @ Surrey Libraries

www.surreylibraries.ca/programs-services/5187.aspx

Come play XBox on a big screen! Free, monthly,drop in video game club for grades 6+. Great games including Rock Band, Wipeout in the Zone, Kinect Sports, Soul Caliber, Dance Central and more! Offered at a number of branches. Ask at your local branch.

Teen Advisory Group

www.surreylibraries.ca/programs-services/4867.aspx

Teen advisory group is a great way to earn volunteer hours while helping the library offer better service to teens. For ages 13-18.

Teen Anime Club @ City Centre Library

www.surreylibraries.ca/programs-services/5540.aspx

ajhomfeld@surrey.ca

Join us to watch anime, discuss your favourites, eat Japanese snacks and enjoy crafts, games and more! Call to register. Tel: 604-598-7442

Teen Philosopher's Cafe @ City Centre Library

www.surreylibraries.ca/programs-services/5530.aspx

trhockin@surrey.ca or eywu@surrey.ca

Attention young thinkers! Come discuss contemporary and controversial issues around teen rights, social issues, schooling and more.

Teen Writer's Circles @ Surrey Libraries

www.surreylibraries.ca/programs-services/5449.aspx

trhockin@surrey.ca (City Centre)

<u>lagawthrop@surrey.ca</u> (Ocean Park)

Join other teen writers to share your writing and ideas, learn great tips and get creative! For young authors of all genres.

Adults

Surrey libraries also offers a range of programs for adults throughout the year. This ranges from author events to seminars on legal or health topics. Ask at your local branch about what is upcoming and what is happening at other branches.

Book Clubs @ Surrey Libraries

www.surreylibraries.ca/programs-services/5451.aspx

Wide range of different book clubs for kids, preteens, teens, adults and seniors. Call your local branch for more information or visit the website above.

Crafters Club @ Port Kells

<u>www.surreylibraries.ca/programs-services/5594.aspx</u> Bring a craft project that you are working on.

Coffee & Tea provided.

Book Chat @ Surrey Libraries

www.surreylibraries.ca/programs-services/5496.aspx
Less formal book club? Try our Book Chat! Bring a book you have enjoyed, and come and chat with others over tea and coffee. Find out what others recommend and discuss your favorite titles. Held at a number of branches. Ask at your local branch.

Free Magazines, Ebooks and More

Surrey Libraries provides a wide range of digital resources. This is a sampling, to see more ask staff or have a look on our website. You will find a wide range of resources and guides to different subjects.

Consumer Reports

www.surreylibraries.ca/research/4747.aspx

Surrey Libraries has print copies of this magazine but we also subscribe to their online service. It's a great resource if you are trying to make a purchase decision. If you are car shopping also ask about the Lemon-aid Guides and *the Gold Book*.

Databases

www.surreylibraries.ca/research/4729.aspx

Surrey libraries provides a range of free online databases. Most you can access from home but a couple you will have to use here at the library. They range from car repair (Alldata and Auto Repair reference centre) to English language instruction (Mango and Greenwood) to business research (Reference Canada) and job listings (Career AIM and Job Freeway). For a complete list checkout the above link or ask at your local branch.

Ebooks

www.surreylibraries.ca/reading/4726.aspx

The library has a number of ebook services, both for children and adults.

There are also a number of websites offering free ebooks. Many of these offer a wide range of title and are especially great if you like to read classics. You can find a list of suggested sites here: www.surreylibraries.ca/research/5051.aspx

Freegal

www.surreylibraries.ca/research/4729.aspx#F

Offers free music downloads from any Sony artist.

Naxos Music Library

www.surreylibraries.ca/research/4729.aspx#N

Free, legal music streaming or classical, jazz, world and folk music. Use either from home or at the library.

PressDisplay @ Surreylibraries.ca

www.surreylibraries.ca/research/4729.aspx#P

Allows you to access full colour copies of newspapers from all around the world via the internet. Also has copies of the Vancouver Sun, Province and others. Can be used from home or on library computers.

Zinio Digital Magazines

www.surreylibraries.ca/reading/4726.aspx

Zinio offers a range of free magazines that can be read on a library or home computer, or on a mobile device.

Movies/Music/Arts & Culture Online

Every branch has a number of computers that can be used for free with your library card. Below is some free online content *accessible both from* home and in the library that you can try out.

* To use these sites in library please bring your own headphones.

8tracks.com

Free music streaming site. Allows you to listen to playlists created by other users or create your own.

CBC

Music: music.cbc.ca/

TV/Video: www.cbc.ca/player/

Provides a wide range of media including a number of CBC TV shows. Also provides a legal, music streaming site that lets you listen to free Canadian music.

Crackle

www.crackle.com

Free, legal, ad-supported TV and movies.

Computer Sessions @ Seniors Come Share

15008 - 26 Ave. Surrey BC V4P 3H5

Tel: 604-531-9400 leave message in general message box for Terry www.comeshare.ca

Free computer classes taught by volunteer seniors. Teaches basic Internet and computer skills for those over 65 years old. Every Tues and Thurs for 5 weeks. Pre-registration required.

Computer classes at Surrey Libraries

www.surreylibraries.ca/programs-services/5549.aspx

Free beginners' classes offered at City Centre, Guildford, Semiahmoo, Strawberry Hill libraries. Covers computer basics including mousing, using the Internet and email and Microsoft Word basics.

Keyboard Tutorials @ Sense-Lange.org

tinyurl.com/3wau9fq

Free online typing lessons.

Newton Senior's Computer Club

13775 - 70th Avenue Surrey, BC V3W 0E1

Tel: 604-501-5010 www.newtonseniorscomputerclub.com

Computer classes and workshops for seniors. Annual membership is \$15 but you can try it for 3 meetings first.

Online Computer Classes @ Learning Express

www.surreylibraries.ca/research/4729.aspx#L

Free, online tutorials that allow you to learn a number of popular software titles from Microsoft and Adobe at your own pace. Requires library card to login.

Senior's Computer Classes @ Oak Ave. Neigh. Hub

12470 - 102 Ave Surrey BC V4V 3E5

Tel: 604-582-7088 www.oanh.ca

Drop-in computer class where seniors can learn computer skills in a relaxed environment. Ages 55+. Mandarin speaking only. Fridays 10:30am – 12:30pm. English language classes Mondays 1-2:30pm.

White Rock Senior's Computer Club

1475 Kent Street White Rock BC

Tel: 604-541-2231 <u>www.whiterockseniorscomputerclub.com</u>

Gear towards more advanced senior computer users. Lectures Wed 12:30-2:30pm on topics like photo editing, the Microsoft Office Suite and new technologies. Must have \$34 membership to the Kent Street Activity Centre.

English Language Lessons

DIVERSEcity ELSA program

604-597-0205 ext 1223 www.dcrs.ca

Offers a range of free ESL classes through the English Language Services for Adults (ELSA) program.

Newton: #1107-7330 137th St. for levels pre-lit to level 7, morning and evening classes with free child care.

Fleetwood: 8855 156 Street, for levels 1 to 3 with free day care. **City Centre Library**: 10350 University Drive for English for the work-place ELSA 6&7, mornings, with free off-site day care.

Douglas College – ELSA Level 4 & 5

10060 King George Blvd Surrey, BC

Tel: 604-588-7772 tinyurl.com/a69ld2w

English classes for newcomers. ELSA 4 & 5 combines language instruction with classes on how to look for a job in Canada. Basic computer skills included. Free. Day and evening classes available.

English Conversation Class

Tel: 604-501-5100 (register) 604-591-4176 (information)

Free classes offered by Surrey Parks and Recreation. For more information call the above number or ask at your local recreation centre.

ESL Classes @ Cedargrove Baptist Church

10330- 144th St. Surrey BC V3T 4V3

Tel: 604-581-8933 www.the-grove.net esl@the-grove.net
Beginner and intermediate classes. Free. Beginner class requires a copy of the Oxford Picture Dictionary 2nd edition which can be purchased for about \$30 or borrowed from the library. Call to register.

Greenwood Languages at Surrey Libraries

www.surreylibraries.ca/research/4729.aspx#G

A free online ESL learning program. Requires a library card to login.

ESL Studies @ Kwantlen Polytechnic University

12666 72nd Avenue, Surrey,

Tel: 604-599-3165, www.kwantlen.ca/aca/els.html

Tuition-free courses to help you develop the skills needed to be successful in university courses and elsewhere. Student fees can be covered by the Adult Basic Education Student Assistance Program.

Mango Languages at Surrey Libraries

www.surreylibraries.ca/research/4729.aspx#M

Online English lessons for the speakers of a number of different languages including Mandarin and Cantonese, Arabic, Korean, Spanish and more.. Requires a library card to login.

S.U.C.C.E.S.S. ELSA program

206 - 10090 152nd Street Surrey BC

Tel: 604-588-6869 Ext. 103 tinyurl.com/b3p2fvk

Government funded language training program for newcomers to Canada. Offers levels 1-5.

Surrey School District's Literacy Foundations

Invergarry Adult Education Centre:

12772 – 88th Ave Surrey BC V3W 3J9 Tel: 604-595-8218

Newton Adult Education Centre

12870 - 72 Avenue, Surrey, BC Tel: 604-594-2000

tinyurl.com/a8gd7y6

Students wishing to attain their high school completion and whose first language is not English. For adult students who need to upgrade skills for grade 10, 11 and 12 courses leading to graduation.

Umoja Literacy program

10025 Whalley BLVD Surrey, B.C., V3T 4G1

Tel: 604-581-5574 www.umojaoperation.ca

Program for building English conversational skills, learning to read basic English and do basic mathematics and to help learners to gain enough confidence to access ESL/ELSA or career programs.

You can find more ESL classes here:

www.surrey.ca/community/3622.aspx
www.elsanet.org/site/

Citizenship

Citizenship Information @ Surreylibraries.ca

www.surreylibraries.ca/programs-services/4754.aspx

Citizenship Now! Website

www.citizenshipnow.ca

Provides online workshops, self- study sessions, one-on-one, e-guidance with a citizenship navigation officer and more.

Discover Canada @ Cedargrove Baptist Church

10330 144th St. Surrey BC V3T 4V3

Tel: 604-581-8933 <u>www.the-grove.net</u> esl@the-grove.net Offers free 8 week Citizenship preparation courses.

Practice Citizenship Exams @ Learning Express

www.surreylibraries.ca/research/4729.aspx#L

You need a library card to sign in. These are a great way to test your knowledge before taking the test.

Practice Citizenship test @ Richmond Public Library

www.yourlibrary.ca/citizenship/

Richmond Public Library has created their own practice test.

Looking for services not covered in this brochure?

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www.surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at

libraryinfo@surrey.ca



Surrey Poverty Reduction Plan

Updated 11/10/13

Low Cost and Free

Education/ESL & Citizenship



www.surreylibraries.ca

Child & Teen Education

Alexandra Family Place

Tel: 604-535-0015 ext 229

www.alexhouse.net/children-family-programs-0

Offered Sept-June. Meet with other parents and caregivers while your toddlers play. Guest speakers periodically. \$5 per family per visit or books of 10 tickets for \$40.

Clover Valley Family Resource Program

Cloverdale Rec Centre 6188-176 St. Surrey
Tel: 604-613-5237. <u>clovervalleyFRP@options.bc.ca</u>

tinyurl.com/cskmhws

Children's activities and events for children ages 0-6. Circle times, parenting program. Drop-in, \$1 per child.

First Steps ECD Settlement Program

Tel: 604-597-0205 ext 2104 or 2130 <u>ruth.beardsley@options.bc.ca</u> <u>tinyurl.com/ayc224k</u>

Range of supports to refugee children 0-6 years. Drop-in. Parenting support, nutrition and health information, orientation to parenting in the Canadian context, mental health counseling, Dad's group.

Newton Location: DIVERSEcity #201, 7380 - 137 St. Surrey North Surrey Location: Umoja - 10025 Whalley Blvd, Surrey

Friends of Simon Tutoring

10350 University Drive Surrey, BC
Tel: 778-782-8082 <u>sfusurrey-engage@sfu.ca</u> http://tinyurl.com/kcvtc5b

Free tutoring for grades 5-9, open to immigrant students or parents/guardians have immigrated to Canada. Can help with Math, Science, English, French, Social Studies and more. Tutors are highly trained SFU students who speak a variety of second languages including French, Tagalog, Spanish, Romanian, Punjabi, and Czech.

Guildford Family Resource Program

10310 - 154th St. Surrey BC V3R 5Y7

Tel: 604-583-3844 tinyurl.com/a67f553

Low cost children's activities for ages 0-6. Circle times to promote reading, parenting program, low cost Toy and Resource library and low cost lunches on Tuesdays. \$1 drop-in fee/\$3 lunch for adult and 2 children.

Growing Together Education Program (Options)

10707 – 146th St. Surrey BC V3R 1T5

Tel: 604-584-1181 tinyurl.com/bnnb4g7

Daycare for teen mothers who want to return to school at Guildford Park Secondary only.

Homework Tutors Online

www.learnnowbc.ca/studycentre/default.aspx

20 minute- Free online tutoring for students in grades 10-12. Available for Math, Social Studies and Science. Sundays to Thursdays from 6 -10pm. Also offers a free writing tutor on Tuesdays and Thursdays.

Learning Centers in Surrey

Caring, supportive and flexible environment encourages students with varied needs to achieve personal success. For students aged 16 - 19: Possessing the necessary prerequisites for grade 10. Students deficient in these prerequisites may apply and acceptance will be at the discretion of the principal. Evening classes available at City Centre, North Surrey and White Rock/South Surrey.

City Centre Learning Centre

13104-109 Ave . Surrey, B.C. V3T 2N7 Tel:604-590-4658 tinyurl.com/bxg649d

Cloverdale Learning Centre

5741 176th St. Surrey BC

Tel: 604-574-3615 <u>cloverdaleLC@surreyschools.ca</u> <u>tinyurl.com/ae2qrln</u>

Guildford Learning Centre

10215 - 152A St. Surrey, B.C. V3R 4H6 Tel: 604-951-9553 <u>tinyurl.com/a72ssgw</u>

North Surrey Learning Centre

13479-77 Ave. Unit #109 Surrey, B.C. V3W 6Y1 Tel:778-578-7707 tinyurl.com/a5sfpv9

White Rock/South Surrey Learning Centre

13-2320 King George Blvd. Surrey, B.C. V4A 5A5 Tel:604-536-0550 whiterocklc@surreyschools.ca tinyurl.com/agjquwm

Learning Club @ Cloverdale Library

Tel: 604-574-2964 ext. 224 kistiesingh@sosbc.org
kistiesingh@sosbc.org
kistiesingh@sosbc.org
kistiesingh@sosbc.org
kistiesingh@sosbc.org
www.surreylibraries.ca/programs-services/5573.aspx
kistiesingh@sosbc.org
kistiesingh@sosbc.org
kistiesingh@sosbc.org
www.surreylibraries.ca/programs-services/5573.aspx
<a href="mailto:www.surreylibraries.ca/programs-services/5573.aspx

Myzone

Tel: 604-502-6360 (Guildford) 604-501-5540 (Newton)

After school program for children ages 9-12. Make new friends, get help with homework and play sports . Monday – Friday 3:00pm - 6:00pm. Must register initially then drop-in.

Newton Family Resource Program

#100 6846 King George Blvd. Surrey BC

Tel: 604-572-8032 local 1551 tinyurl.com/b3fp85g

Drop-in, for families with children 0-6 years. Circle times to promote reading. Variety of activities.

Pizza & Pencils Homework Club @ PCRS Youth Lounge

205-14727 108th Ave, Surrey Tel: 604-587-8100

www.pcrs.ca/surrey youth resource centres

Drop-in teen homework club Tuesdays 3-5pm. Other teen services.

Reading Buddies

www.surreylibraries.ca/programs-services/4941.aspx

Reading practice sessions for children in grades 2-4 at the City Centre, Cloverdale, Fleetwood, Guildford, Newton and Strawberry Hill branches of Surrey Libraries.

Semiahmoo Family Place

Kensington Prairie Community Centre

16824 - 32 Avenue Surrey, BC V3S 0L5

Tel: 604-541-3261 www.semiahmoofamilyplace.com

Circle times to promote reading. Ages 0-5 years. Parents/caregivers can meet and network. \$3 non-member/\$2 members, membership by donation. Free punch cards for low income families.

Storytimes to Help Learn English

Family drop-in. All ages welcome. Free! Practice English! Both Mandarin and Punjabi programs available.

www.surreylibraries.ca/programs-services/5378.aspx

Mandarin/English:

Guildford Family Place S.U.C.C.E.S.S. Surrey Service Centre

10310 154 Street. Surrey BC #206 - 10090 152nd Street
Tel: 604-501-5844 (Victor) Tel. 604-588-6869 ext. 108 (Monica)

Punjabi/English: Newton Family Place

The Early Years Centre, #100 - 6846 King George Blvd. Surrey. BC Tel: 604-598-7379 (Surrinder)

Storytimes @ Surrey Libraries

Tel: Call your local branch for times and details.

www.surreylibraries.ca/programs-services/4925.aspx

We have lots of fun at library storytime! Trained children's staff will demonstrate ways parents and caregivers can share books and language with children to encourage a lifelong love of reading.

Strong Start

www.sd36.bc.ca/general/programs/strongstart.html

Offered at most elementary schools. StrongStart is a free, drop-in early learning program for preschool-aged children who are accompanied by a parent or caregiver. Qualified educators lead learning activities to help children get ready for success in kindergarten.

Umoja Homework Help

10025 Whalley Blvd Surrey, B.C., V3T 4G1

Tel: 604-581-5574 www.umojaoperation.ca

Homework help Tuesdays and Thursdays for ages 6-12 and for teens after school and Friday evenings. Call for current schedule.

Whalley Family Resource Program

12740 102nd Ave Surrey BC V3V 3E5 (Oak Ave. Neighbourhood Hub) Tel: 604-580-2344 tinyurl.com/cr8bnc2

Drop-in program for families with children 0-6 years. Circle times to promote reading. Play, snack and lunch program (for a nominal fee).

Adult Education

Academic & Career Preparation @ Kwantlen

12666 72nd Avenue, Surrey or 5500 180th St. Surrey BC
Tel: 604-599-3165 www.kwantlen.ca/aca/acp.html
Flexible, tuition-free KPU courses in English, math and science, from foundations to grade 12 levels. Program at Cloverdale location (180th St.) focusses on prep for trades programs. Low student fees can be

Adult Learning @ Learning Express

www.surreylibraries.ca/research/4729.aspx#L

Offers a wide range of online learning topics including high school review, college and GED preparation as well as computer classes.

covered by the Adult Basic Education Student Assistance Program.

Internet Access @ Surrey Libraries

www.surreylibraries.ca

1 hour free computer access per day. 1 additional hour at Guildford, Strawberry Hill and Semiahmoo if no classes in Computer Learning Centres. Printing is 20 cents per page b&w. No faxing or scanning.

Invergarry Learning Centre

12772 – 88th Ave Surrey BC V3W 3J9

Tel: 604-595-8218 www.adulted.sd36.bc.ca/invergarry.html
Adult learning, high school academic classes, foundations and Dogwood diplomas. \$25 student activity fee but most classes are free.

Learn with a Friend

Foundation Level (Beginner)

Tel: 604-596-7722 eva.touzard@pics.bc.ca

Free tutoring for adults (ages 19+) looking for help with reading and literacy. 2 hours per week at any public library with a 5 month commitment. Great program for any adult struggling with reading.

Vocational Level (Advanced) @ Kwantlen Polytechnic University

Tel: 604-593-3612 Jaspalkaur804@gmail.com

2 hour sessions over 8 week. For people wishing to gain workplace literacy skills, improve on their current employment and/or acquire skills to start a new career. English at ELSA level 3 preferred.

Newton Adult Education Centre

12870 - 72 Avenue, Surrey, BC

Tel: 604-594-2000 www.adulted.sd36.bc.ca/newton.html
English language instruction to prepare for High School courses.
Good for students whose first language is not English and who have not completed English 10 in Canada. \$25 student activity fee but most classes are free.

Nobody's Perfect Parenting Program

Tel: 604-583-3852

A free six week parenting program for parents or caregivers of children under 5. Offered at a variety of locations. Also run the program in Spanish and offer a 'Nobody's Perfect' Parenting for Dads. Free child minding and free bus tickets are also provided.

P.E.A.P.S. (Parent Education & Peer Support Program)

Tel: 604-580-2344 PEAPS@options.bc.ca

This program also provides parent education on a variety of topics including health, wellness, nutrition, child development, stress and safety with young children. \$1 per child.

Monday - 12-2 pm Early Years Centre, #100-6846 King George Blvd.

Wednesday - 12-2 pm, Cloverdale Rec Centre, 6188 176 Street

<u>Thursday</u> - 12-2 pm & <u>Friday</u> 9:30-11:30am Oak Avenue Neighbourhood Hub 12740 - 102 Avenue, Surrey

Queen Elizabeth Adult Education Centre

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9457 King George Blvd, Surrey, BC

Tel: 604-581-1413 tinyurl.com/blt2u8q

GED, high school completion and upgrading. \$25 student activity fee but most classes are free.

Computer Classes

Chuck Bailey's Seniors Computer Club

13458 - 107A Avenue Surrey, BC V3T 0G4

Phone: 604-598-5898 www.surrey.ca/culture-recreation/10920.aspx
Drop in and ask questions or discuss your favorite bit of technology.

Must have a senior's centre membership (\$22 per year/\$61.25 for Surrey wide pass). Ages 55+. 90 years and older receive free membership.

Cloverdale Seniors Computer Club

6188 - 176th Street, Surrey BC

Tel: 604-598-7960 www.surrey.ca/culture-recreation/8524.aspx
Club hosts their own tutorials and brings in outside speakers. Wide range of expertise among members. Small yearly club membership fee and members must have Seniors Centre membership (\$22 per year/\$61.25 for Surrey wide). Ages 55+. 90+ years receive free membership.

Computer Comfort @ Neil Squire Society

Suite 220- 2250 Boundary Road Burnaby, BC V5M 3Z3

Tel: 604-473-9363 www.neilsquire.ca

Program for people physical disabilities with no or low computer skills. One on one coaching, for 2 hours a week. Will work with the participants goals. Assistive Technology Specialists will be available to consult on the most appropriate hardware and software to overcome any physical barriers. Equipment can be trialed and support to apply for funding is available. There is no charge for any of these services.

Computer Comfort (Distance)

Suite 220- 2250 Boundary Road Burnaby, BC V5M 3Z3

Tel: 604-473-9363 www.neilsquire.ca

Similar to the above program, this service is for people with mobility challenges or living outside of our geographic area. We serve all of Canada. The same services are available as long as you have access to high speed internet. Timing is flexible and is tailored to fit.

Homeless Prevention Program

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-596-2311 www.sourcesbc.ca

This program provides information, support, and advocacy for homeless individuals and those who are at risk of becoming homeless. Advocacy services are provided for income assistance, residential tenancy matters, and accessing other income support programs. Services can be accessed at the Newton Resource Centre as well as partner sites which include: The Front Room, Surrey Women's Centre, Salvation Army Gateway of Hope, and Elizabeth Fry Society.

Last Post Fund

Tel: 1-800-465-7113 www.lastpostfund.ca

Provides financial assistance to pay funeral and burial expenses for military veterans who qualify. Also can provide grave markers.

Mental Health Consumer Advocacy Program

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-596-2311 www.sourcesbc.ca

Wide range of supports, information and advocacy for consumers of mental health services. Offers help in dealing with income assistance, housing and federal programs like Canada Pension plan.

Old Age Security Pension (Service Canada)

1-800-277-9914 tinyurl.com/at5l3w3

The Old Age Security pension is a monthly payment available to most Canadians aged 65+. You must apply to receive benefits.

Post-Secondary Student Support Program

Native Education College - Student Services Office 285 East 5th Ave. Vancouver, British Columbia V5T 1H2

Phone: (604) 873-873-3761 ext. 325 tinyurl.com/asuwrtn

Provides financial assistance to Status Indian not currently a member of a band and Inuit students from the NWT who are enrolled in eligible post-secondary programs, which includes: community college and CEGEP diploma or certificate programs; undergraduate programs; and advanced or professional degree programs. Persons with Status that are members of a band should contact their band office directly to discuss educational funding options.

Poverty Law Program

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-596-2311 www.sourcesbc.ca

This program provides reliable quality poverty law legal services in English and Punjabi and insures fair access to income support programs and services through information, support and one-on-one advocacy. Can help with income assistance and disability issues, tenant rights and mediation with landlords, EI and CPP issues and federal income related programs.

Registered Disability Savings Plan

Tel: 1-800-622-6232

Helps Canadians with disabilities and their families save for the future. If you are a Canadian resident under age 60 and are eligible for the Disability Tax Credit (Disability Amount), you may be eligible for an RDSP. Once you open an RDSP, you may apply for:

Registered Disability Savings Plan (continued)

- Canada Disability Savings Grant: The Government deposits money into your RDSP to help you save. The Government provides matching grants of up to 300%.
- Through the Canada Disability Savings Bond, the Government deposits money into the RDSPs of low-income and modest-income Canadians. If you qualify for the bond, you could receive up to \$1,000 a year from the Government, with a limit of \$20,000 over your lifetime. Contributions do not need to be made to the RDSP in order to receive the bond.

Rental Assistance Program

Tel: 604-433-2218 tinyurl.com/bt9tsh2

Provides eligible low-income, working families with cash assistance to help with their monthly rent payments. To qualify, families must have a gross household income of \$35,000 or less, have at least one dependent child, and have been employed at some point over the last year.

SAFER (Shelter Aid for Elderly Renters)

Tel: 604-433-2218 tinyurl.com/csduc62

Helps make rents affordable for BC seniors with low to moderate incomes. Provides monthly cash payments to subsidize rents for eligible BC residents who are age 60 or over and who pay rent for their homes. BC Housing provides SAFER subsidies to more than 15,000 senior households renting apartments in the private market.

Veteran Affairs Canada

Tel: 1-866-522-2122 (English) or 1-866-522-2122 (French)

www.vac-acc.gc.ca

Wide range of services for veterans including disability pensions, health care and contributions towards home care.

Tax Benefits

It is worth filing income tax, especially for lower income clients. You can only get these benefits if you qualify and file income tax yearly.

Child Tax Benefit

Tel: 1-800-387-1193 tinyurl.com/cs46wx

Canada Child Tax Benefit is a tax-free monthly payment made to eligible families to help them with the cost of raising children under age 18. Additional benefits for children with a disability.

GST/HST Credit

tinyurl.com/bpm45hc

GST/HST Credit program issues payments to Canadians with low and modest incomes to help offset all or part of the GST/HST they pay on the purchase of goods and services. Must apply yearly.

Income Tax Clinic (Surrey)

Suite 1107 7330 137nd St. Surrey BC V3W 1A3

Tel: 604-597-0205 mcazorla@dcrs.ca

Volunteer based clinic for low-income clients and their families. A minimum donation is requested. Operates each March and April and serves an average of 1000 clients per year.

Income Tax Clinic @ Oak Ave Neighbourhood Hub

12470 - 102 Ave Surrey BC V4V 4Z9

Tel: 604-582-7088 ext. 3 www.oanh.ca

For low income families and individuals. Appointment required.

Income Tax Clinic @ SOURCES BC

www.sourcesbc.ca

Year round tax clinics. Don't need to live in Surrey, will accept anyone from anywhere as long as you qualify as low income. Tax information is dropped off and then done by volunteers. Offered at SOURCES's White Rock and Newton locations.

Newton:

#102-13771 - 72A Ave Surrey BC

Tel: 604-596-2311

White Rock:

Unit 208 1461 Johnston Rd. White Rock BC

Tel: 604-542-4357

Income Tax Clinic @ Surrey Libraries

www.surreylibraries.ca

Yearly income tax clinic for low income residents of Surrey. Typically held between late March and then through April. Ask at your local branch in early March for details.

Universal Child Care Benefit

1-800-387-1193 tinyurl.com/6dsfyf

Helps Canadian families by supporting their child care choices through direct financial support. The UCCB is for children under the age of 6 years and in installments of \$100 per month per child.

Income Assistance Offices

Tel: 1-866-866-0800

Fleetwood Office 101-16088 84th Ave Surrey BC V4N 0V9

Park Place Office 130-13749 72nd Ave Surrey BC V3W 2P2

Surrey Office 100 - 13650 102 Ave. Surrey BC V3T 1N6

Whalley Office 101 – 10095 Whalley Blvd. Surrey BC V3T 4G1

Looking for services not covered in this brochure?

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www. surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at

libraryinfo@surrey.ca



Inspired by Surrey Poverty Reduction Plan

www.surreyfleetwoodguildfordesc.ca

#202 - 10334 152A Street Surrey, V3R 7P8

WorkBC - Fleetwood/Guildford

Monday - Friday 8:30 to 4:30pm

WorkBC - Newton

WorkBC - Cloverdale

WorkBC - Delta

#240 - 7525 King George Boulevard, Surrey, BC. Tel: (778) 578-4272 avianewton@aviaemployment.ca

Low Cost and Free

Employment &

Income

www.surreylibraries.ca

Work BC Centres

The WorkBC centres are the local hubs for career information and job

search help. Each centre provides resume help and aid in job search.

Free computer access, printing and faxing for job seeking only. Find

Tel: (604) 576-3118 percinfo@sourcesbc.ca www.sourcesbc.ca

out which centre you should use on their website (tinyurl.com/

c43xzdb) or ask at your local library information desk.

Suite 101, 5783 - 176A Street, Surrey, BC.

3rd Floor 11861 88 Avenue, Delta, BC, V4C 3C6

9:00 am to 5:00 pm (not stat holidays)

Tel: (604) 591-9116 info@escdelta.ca www.bgccs.bc.ca

Tel: (604) 580-9740 Info@surreyfleetwoodguildfordesc.ca

Monday - Friday 8:30 to 4:30pm

SURREY

HELP WANTED

www.letsgetbctowork.ca

Monday - Friday 8:00 - 5:00

WorkBC - Whalley Employment Centre

Unit 105-13655 104th Ave Surrey, BC V3T 1W3 Tel: 604-584-0003 contactwesc@options.ca

www.whalleyesc.ca

Monday - Friday 8:00 to 4:00pm

WorkBC - Whiterock/South Surrey

#208 - 1461 Johnston Road, White Rock, B.C.

Tel: (604) 542-7590

Updated 11/10/13

Monday – Friday 8:30 am to 4:30 pm www.sourcesbc.ca

Employment Programs & Services

BARISTAS Life and Job Skills Training

10328 Whalley Boulevard Surrey, BC V3T 4H4

Tel: 604-951-4821 www.pcrs.ca/baristas

BARISTAS is a job skills training program for at-risk youth ages 15-30 years old. Provides life skills training, school credit and a work experience placement with Starbucks Coffee Canada. 11 week program.

Career Choices and Life Success @ Kwantlen

12666 72nd Avenue, Surrey

Tel: 604-599-3431 www.kwantlen.ca/aca/ccls.html

For the adult who wants to assess or reassess his or her life and career goals. Vocational and personal assessments, information research and work placements help ensure a right career choice. Student fees can be covered by the Adult Basic Education Student Assistance Program.

Career Cruising @ Surrey Libraries

www.surreylibraries.ca/5673.aspx

An online career exploration tool. Has tools to help you match your interests with a career and profiles of different careers. Also has resume help and a job search section.

Employ-ability

Suite 220, 2250 Boundary Road Burnaby, BC V5M 3Z3

Tel: 604-473-9363 www.neilsquire.ca

A 12 week pre-employment program for persons with physical disabilities who have been out of the workforce for 3 years, with some exceptions. Delivered around the province using the internet. Classes are Monday to Friday from 10:00A.M. to 3:30 P.M. in the Burnaby classroom. Curriculum is web based and available 24 hrs., on-line classes are archived and available to review anytime. 4 sessions a year. There is ongoing support to participants when the program is completed.

Future Leaders

202 - 7380 - 137nd St. Surrey BC V3W 1A3

Tel: 604-597-3448 www.dcrs.ca

Training program for visible/ethnic minority youth ages 15-30. Offers specialized life and employability skills, skills enhancement, including Food Safe, WHMIS and Cashier Training. Graduates receive recognized certificates at no cost. There is a paid work experience component.

Immigrant Trades Training Initiative

202 - 7380 - 137nd St. Surrey BC V3W 1A3

Tel: 604-597-3448 www.dcrs.ca

Provides immigrant job seekers with information on opportunities in the trade's, bridging to pre-apprenticeship jobs and establishing crosscultural skills to enable new immigrants to gain employment. Offers support with retraining or Canadian certifications.

Job Options BC

www.myjoboptionsbc.ca

Helps unemployed British Columbians gain the skills, confidence and experience they need to find employment. Offers skills training, coaching and support. Also has follow up support.

Offered at the following locations:

with Aware Society

#101 - 6840 King George Blvd. Surrey, BC

Tel: 604 502-8355 joboptionsbc@awaresociety.bc.ca

Job Options (Continued):

2nd Cloverdale location:

5673 176A street Surrey BC

Tel:604-574-2322

with Immigrant Services Society

with Pacific Community Resources

#303-7337 137th Street Surrey, BC V3W 1A4

Phone: 604-598-8545 joboptions@issbc.org

10328 Whalley Boulevard Surrey, BC V3T 4H4

Tel: (604) 951-4821 joboptions@pcrs.ca www.pcrs.ca/job-options

with Progressive Intercultural Community Services

15547 Marine Drive, White Rock, BC, V4B 1C9

Tel: 604-531-8299 danny.pendhall@pics.bc.ca

2nd Newton location:

205- 12725- 80th Avenue Surrey BC V3W 3A6

Tel: 604-596-7722 ext. 110

JobOptionsBC for 55+ workers

#202 – 9801 King George Blvd. Surrey BC V3T 5H5

Tel: 604-587-5051 www.MyJobOptionsBC.ca

Provides a variety of training, including computer training and short term certificate training including First Aid, WHMIS, Food Safe, PEAK retail and basic security. Also provides job search advice and resume help. Must be over 55 years old, unemployed and not eligible for EI.

La Boussole

205-10252 135th Street, Surrey BC

Tel: 604-584-0255 www.lbv.ca

Centre Communautaire Francophone qui aide des gens qui parlent Français qui font face à des situations difficiles. Offre une varieté de programmes sociaux et de programmes d'emplois.

French speaking community centre that helps French speakers facing difficult situations. Offers a variety of social and employment programs.

Labour Unlimited Temporary Services

10447 King George Highway, Surrey, BC V3T 2W7

Tel:(604) 951-0007

Daily work, daily pay.

Micro-loans by DIVERSEcity

202 - 7380 - 137nd St. Surrey BC V3W 1A3

Tel: 604-597-3448 www.dcrs.ca mcazorla@dcrs.ca

Upgrade skills and work tools for new immigrants. Designed to help people get back into the work force or start their own business.

Phoenix: Access to Employment Program

13686-94A Avenue, Surrey, BC, V3V 1N1

Tel: 604-583-7155 pep@phoenixsociety.com

www.phoenixsociety.com

Program serves all unemployed and underemployed individuals who have multiple barriers to employment.

Self Employment and Entrepreneur Development Society (SEEDS)

Tel: 604-590-4144 www.seedsbdc.com admin@seedsbdc.com
A business start-up and development program dedicated to supporting the development of entrepreneurs and the growth of businesses in our community. Offers a wide range of classes and supports.

SCOPE

10326 Whalley Blvd. Surrey BC V3T 4H4

Tel: 604 -951-1300 www.pcrs.ca

Free community service for individuals wanting back into the work-force. SCOPE is a satellite location of the WorkBC Centres and serve the areas of: Whalley, Fleetwood/Guildford, South Surrey/ White Rock and Cloverdale. Our office is flexible and provides: free ID, training, free telephone and free computers and internet for job search.

Skills Connect for Immigrants (2 locations)

Immigrant Services Society of BC

ISS: #303-7337 137th Street, Surrey, V3W 1A4

Tel: 604-684-2561 ext. 2123 skillsconnect@issbc.org

www.issbc.org/skillsconnect/

Program which brings together highly skilled immigrants with BC employers who are ready to hire. Qualifications upgrade, courses to adjust to Canadian market, job search assistance, mentoring and English training.

Douglas College

 $Tel: 604-588-7772 \ \underline{skillsconnect@douglascollege.ca}$

tinyurl.com/alocj6y

Offers a variety of services to aid recent immigrants (Residents, 5 years or less in Canada, non-EI) to find employment and prepare for the Canadian workplace. Includes mentoring. Need intermediate English or higher.

Surrey Urban Mission

10776 King George Blvd. Surrey BC

Tel: 604-581-5172 www.surreyurbanmission.org

Offers Hands-Up employment readiness and search program for low -income single parents in Surrey. Topics include life skills, goal setting, career discovery, employment search techniques, parenting and communication skills. Training provided in first aid, food safe and serving it right.

*Kwantlen University offers a Career Exploration program for women.

It is more expensive than items on this list but if interested there is more info here: tinyurl.com/bblm6pb

Income Supports

Assistance is available in person at the 2 following locations for programs in this section if administered through Service Canada.

Service Canada North Surrey

13889 104th Avenue Surrey, BC

Service Canada South Surrey

103-15295 Highway 10 Surrey, BC

The Allowance and the Allowance for the Survivor (Service Canada)

Tel: 1-800-277-9914 www.servicecanada.gc.ca/eng/home.shtml A federal income benefit for low-income seniors who are 60 to 64 and whose spouse is collecting OAS and GIS or whose spouse has died, must also meet legal and residence requirements. Monday – Friday: 8:30am to 4:00pm

Apprenticeship Incentive Grant (Service Canada)

Tel: 1-866-742-3644 (7:00 a.m. to 8 p.m. Eastern Time)

The Apprenticeship Incentive Grant (AIG) is a taxable cash grant of \$1,000 per year, up to a maximum of \$2,000 per person, available to registered apprentices in a Red Seal trade once they have successfully finished their first or second year/level (or equivalent).

The Benefits Finder

tinyurl.com/b6tmwfk

An online tool that helps find what government benefits you might be eligible for.

Canada Pension Plan (Service Canada)

Tel: 1-800-277-9914

The Canada Pension Plan (CPP) Retirement Pension provides a monthly taxable benefit to retired contributors.

Canada Pension Plan Survivor Benefits

(Service Canada)

Tel: 1-800-277-9914

Canada Pension Plan survivor benefits are paid to a deceased contributor's estate, surviving spouse or common-law partner and dependent children.

Credit Counselling Society of BC

Unit 101 15399 102A Ave Surrey BC

Tel: 604-527-8999 www.nomoredebts.org

Non-profit service helping people from all walks of life manage their money and debt better.

Debtors Anonymous

Tel: 604-878-3328

Fellowship of men and women who share their experiences, strengths and hopes so they may solve their common problems and help other recover from compulsive debt.

Disability Advocacy Program

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-596-2311 www.sourcesbc.ca

This program provides information, referral, and direct one-to-one advocacy services for people applying for or appealing disability benefits through the Ministry of Social Development. Information and assistance may also be provided for medical and dental benefits, allowances, and other disability related benefits.

Emergency Income Assistance

Tel: 604-660-3194 (Self referral)

After hours Emergency Food & Shelter Line. Families are entitled to emergency food, shelter, and medical transportation.

Guaranteed Income supplement (Service Canada)

Tel: 1-800-277-9914 tinyurl.com/2g7t3tz

The Guaranteed Income Supplement provides additional money, on top of the Old Age Security pension, to low-income seniors living in Canada. To be eligible for the GIS benefit, must be receiving the Old Age Security pension and meet the income requirements. Service also available through Service Canada Centre's.

Guide to Canadian Scholarships

tinyurl.com/bpzr8gu

Thinking about college or university but nervous about the costs? Both the City Centre and Guildford branches of Surrey Libraries have ato this reference book which outlines different scholarships .

Transportation

BC Bus Pass

Tel: 1-866-866-0800 (Choose option 4, then option 3) www.buspass.gov.bc.ca

Offers a reduced cost, annual bus pass for low income seniors and clients receiving disability assistance from the Province of British Columbia. Valid in communities serviced by BC Transit or TransLink. Valid for the eligible rider and is non-transferable. Handy Dart is not included. Cost is \$45 per year and not prorated. To qualify, must be receiving any of following:

- * Receiving Federal Guaranteed Income Supplement (GIS), or the Federal Allowance, or the Allowance for the Survivor;
- * 18 64 years of age and receiving Income Assistance for Persons with Disabilities from the Province of British Columbia;
- * 60 64 years of age and receiving Income Assistance from the Province of British Columbia;
- * Over 65 years of age and would qualify for GIS but does not meet the Canadian 10 year residency requirement;
- * 18 64 years of age, living on a First Nations reserve and receiving disability assistance from the band office; or
- 60 64 years of age, living on a First Nations reserve and receiving assistance from the band office.

Better at Home—Newton (formerly CASI)

#1107, 7330 - 137th Street, Surrey, BC, V3W 1A3 Tel: 604-507-2266 or 604-597-0205, extension 1356 or 1381 www.betterathome.ca

Provides a wide range of non-medical services to seniors, 65 years and older who want to live independently in their homes. This includes transportation to medical appointments. A small fee for services, a sliding scale ranges from \$2.00 to \$20.00, depending on the service required and income. Newton area only: between 120 to 160th Street and 48th to 88th Ave.

BC Ferries Discounts

Tel: 1-888-223-3779 www.bcferries.com

Seniors: B.C. Seniors travel free on most BC Ferries routes Monday through Thursday except for holidays. This applies to passenger fares only. To take advantage of this program, please present your B.C. Services Card, B.C. Gold Care Card (age 65 or greater), or either a valid BC Driver's License, BC Identification Card or Birth Certificate coupled with proof of residency in BC when you arrive at the terminal.

People with Disabilities: Discount fares are available for residents of British Columbia who have a permanent disability (this applies to passenger fares only). To receive them, you must present your BC Ferries Disabled Status Identification (DSI) card when you arrive at the terminal. Call for details.

Better at Home—Whalley

205-12725 80th Avenue Surrey, BC V3W 3A6 Tel: 604-512-3870 (Sonia) www.betterathome.ca sonia.chaudhary@pics.bc.ca

#206-10090 152nd Street, Surrey, BC, V3R 8X8 Tel: 604-588-6869 (Candy) candy.tong@success.bc.ca For seniors, 65 years and older and is aimed at helping individuals stay in their homes. Will offer transportation to appointments, light housekeeping and grocery shopping. A small fee for services, on a sliding scale depending on income.

Concession transit fares

Less expensive transit fares for children 5 to 13 years old, secondary students ages 14 to 19 with a valid GoCard, seniors 65+ with proof of age and HandyCard holders riding conventional transit.

Cycling

General city site:

www.surrey.ca/city-services/7773.aspx

tinyurl.com/cfaa952

Surrey is continuing to expand its cycling infrastructure throughout the city and there are some great routes existing now.

Faresaver/Translink passes

For regular transit users these booklets can reduce costs. Can be purchased at authorized Faresaver dealers including Mac's, 7-Eleven, Safeway or London Drugs.

HandyCard

Tel: 604-953-3000 tinyurl.com/a8227ty

For transit users with a permanent physical or cognitive disability. If you live within the TransLink service area, HandyCard lets you travel for Concession fares on the bus, SkyTrain, SeaBus and West Coast Express. If you're accompanied by someone who assists you they can ride for free. HandyCard can't be used on HandyDart.

HandyDART

Tel: 604-575-6600 tinyurl.com/ajghj82

A door-to-door shared-ride service makes going places easier. It uses specially-equipped vehicles designed to carry passengers with physical or cognitive disabilities who need assistance to use public transit. If you have a physical or cognitive disability and are unable to use public transit without assistance, you're eligible to use HandyDART. To apply, print out the application form from the website and send in or call 778-452-2860

Taxi Saver Program

Tel: 778-452-2860

TaxiSaver is available for people with permanent disabilities who have a HandyCard. Intended for emergencies or periodic use. Customer pays \$25 per book which gives them \$50 worth of taxi coupons. These are then used to pay for taxi rides.

Looking for services not covered in this brochure?

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www. surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at

libraryinfo@surrey.ca



Inspired by Surrey Poverty Reduction Plan

Updated 26/09/13

Low Cost and Free

Food & **Transportation**







www.surreylibraries.ca

Free or Low Cost Meals

Alexandra Neighbourhood House

2916 McBride Ave. Crescent Beach BC Tel: 604-535-0015 alexhouse.net

communityprograms@alexhouse.net

Monthly lunch offered Sept-June on the first Wednesday of the month. Registration not required but preferred. \$8 for members/ \$10 for non-members.

Burmese Specific Community Kitchen @ Oak Ave Neighbourhood Hub

12470 - 102 Ave Surrey BC V4V 4Z9

Tel: 604-582-7088 www.oanh.ca

A monthly program for the Burmese refugee group (Muslim). Learning English and Canadian culture through cooking together.

Community Dinner

@ Oak Ave Neighbourhood Hub

12470 - 102 Ave Surrey BC V4V 4Z9

Tel: 604-582-7088 www.oanh.ca

Every 2nd Saturday of each month, with support from various community groups, Oak Avenue Neighbourhood Hub hosts a free meal (drop-in) for the community at the Hub. A full meal is served. Doors open at 4:00pm and dinner is served at 4:30pm.

The Front Room

10667 - 135A St. Surrey BC

Tel: 604-589-7777 www.southfraserservices.bc.ca/frontrm.html

frontroom@southfraserservices.bc.ca

Free daily meals are available, along with a number of other services. Dinner every night @ 6PM, breakfast @ 7AM for the first 55 people. 1st come first served.

Gateway of Hope

5787 Langley Bypass, Langley

Tel: 604-514-7375 gatewayofhope.ca info@gatewayofhope.ca Lunch: Monday, Wednesday, Friday & Saturday at 12:30PM Dinner:

Tuesday, Thursday & Sunday at 5:00pm

Gracepoint Community Church

3487 King George Blvd, Surrey BC Tel: 604-538-1825 gracepoint.ca

Free meals. (Sunday, 5:00pm)

Multi-Cultural Cooking Club

@ Oak Ave Neighbourhood Hub

12470 – 102 Ave Surrey BC V4V 4Z9

604-582-7088 www.oanh.ca

Every 1st & 3rd Thursday of the month from 10:30-1:30pm. Members of the neighbourhood who enjoy food and cultures cook together.

NightShift Street Ministries

10635 King George Boulevard, Surrey, BC V3T 2X6

Tel: 604-953-1114

Food, clothing, and counselling for people living on the streets, meals from an outreach van at 7 pm-8:30pm year-round, except Christmas Eve. Office hours are 9 am to 5 pm Mon-Fri.

Salvation Army Community & Family Services

13474 96 Avenue, Surrey, BC V3V 1Y9

Tel: 778-395-4357

Open Tues and Wed 9:00am-2:30pm. Emergency assistance for food and clothing, as well as a variety of other services.

Seniors Drop-in Tea @ Oak Ave Neighbourhood Hub

12470 - 102 Ave Surrey BC V4V 4Z9

604-582-7088 www.oanh.ca

Every 3rd Wednesday of the Month, 1:00-3:00pm, seniors gather at the hub while enjoying coffee, tea and snacks.

Seniors Healthy Cooking Club

@ Oak Ave Neighbourhood Hub

12470 - 102 Ave Surrey BC V4V 4Z9

604-582-7088 www.oanh.ca

Every 1st and 3rd Monday, each month: 10:30am – 1:30pm. Seniors get together and learn about new food trends and try new healthy recipes. Registration required.

Seniors Luncheon @ Oak Avenue Neighbourhood Hub

12470 - 102 ave Surrey BC V4V 4Z9

Tel: 604-582-7088 www.oanh.ca

Every 2nd and 4th Monday, each month: 11:30-1:30pm. Free drop-in lunch for seniors to socialize, enjoy soup and sandwiches.

*Interested in more meals like this in your area? The **Seniors' Resource Directory,** has a number of listing for similar lunches in other Surrey neighbourhoods on pages 73-75. The directory is available in all Surrey Libraries branches or online: tinyurl.com/d2ejpmu

Sikh Gurdwaras

Local Gurdwaras (temples) offer free meals and all are welcomed.

Sources – Women's Place

15318 20th Ave, Surrey

Tel: 604-536-9611 (ext. 1801)

Hot nutritious lunch: Tues-Fri 12:00 - 1:30 pm for women and children. Also offer laundry and shower facilities by appointment and a wide range of other supports for women.

The Surrey Urban Mission

10776 King George Blvd. Surrey BC

Tel: 604-581-5172 <u>surreyurbanmission.org</u> <u>sums@telus.net</u>
Free meals offered on Mon, Wed and Fri noon until 1pm Sat 9 am 10am. Sun 5 pm-6 pm on the 3rd Sunday of the month

St. John's Presbyterian Church

1480 George Street White Rock BC V4B 4A3

Tel: (604) 536-9322

Friday lunch program 11:30am to 1:00pm. Cost: By Donation

Star of the Sea Soup Kitchen

15262 Pacific Ave White Rock BC

Tel: 604-531-5739

Meals Tuesday 4:15 – 6pm

Low Cost Groceries

A couple of tips:

- Try to purchase bulk food. Many stores called "markets" buy and sell in bulk like farmers' markets for example
- Asian markets are often less pricy for fruits and vegetables
- Large stores with memberships often give special prices to their members
- Try purchasing as a group to get the case price
- Purchase wholesale for bread and freeze what you do not use right away
- The library has books on how to save on food costs

For more tips check out:

www.mamashealth.com/savemoney/food.asp tinyurl.com/cups9hm

Community Gardens

Tel: 604-501-5050 <u>parksrecculture@surrey.ca</u> <u>www.surrey.ca/culture-recreation/7108.aspx</u>

The city of Surrey hosts four community gardens in city parks. They are a chance for local people to grow vegetables if they won't have the space at home.

Djaef Mahler Grocery

10697 135A St. Surrey BC

Tel: 604-588-9004

High-protein food bank for residents in the South Fraser region, living with HIV and in need of nutritional support. Also offers Positive Haven which has a number of support services for those living with HIV.

God's Little Acre Club

16582 40 Ave Surrey, BC V3S 0L2

604-375-1172

On-site market garden that will provide club members with quality, fresh produce well below retail prices (savings of 25-50%). Limited membership, call for details.

Harvest Boxes

tinyurl.com/cxjr2bm

Fresh, seasonal fruits and vegetables at below supermarket prices. \$8 per box. Information, signup and pickup at your local Surrey recreation centre.

Quest Food Exchange

1-13890 104th Ave, Surrey, BC V3T 1W9

Tel: 604-588-3476

Hours of Operation: 9am-4:15pm Monday-Friday, and 9 am-3:15pm Saturday. Surrey store offers affordable food and household accessories. Must be referred either by Income Assistance or one of Quest's 400 different partners which are listed on Quest's website. Ask at the library if you are having trouble with referrals and we will try to find you a different local partnering agency.

Food Banks

Muslim Food Bank

Surrey Warehouse: 101 – 11558 132A Street Surrey, B.C. V3R 7S2

Tel: 778-297-4252 www.muslimfoodbank.com

Serves both Muslims and Non-Muslims. Provides food hampers on a monthly basis to those in need who have dietary restrictions whether religious or cultural. The hamper will normally include rice, flour, oil, sugar and other non-perishable foods. Call to register or pick-up a hamper.

Salvation Army Church & Community Ministries

13570 – 78th Avenue Surrey BC V3W 8V3

Tel: 604-541-5801

Call for an appointment to apply for food bank services. Newton and North Surrey: Monday – Thursday, 9:00am to 12:00 noon South Surrey and White Rock: Tuesday and Friday 10:00am to

2:00pm

Sources - White Rock/South Surrey Food Bank

Unit #5 15515 24th Ave Surrey BC V4A 2J4

Tel: 604-531-8168

Tuesdays 9:00-6:00pm

Wed and Thurs 10:00-2:00pm

Register in person. Must live within White Rock or South Surrey (0 Ave-40th Ave and up to 196th St.) Bring picture ID and care cards for any dependents and mail from the last 2 months to prove address. Also free store (mostly clothes) and a laundry and shower facility. Donations can also be made during the above hours.

Surrey Food Bank

10732 City Parkway Surrey BC V3T 4C7

Tel: 604-581-5443 www.surreyfoodbank.org

Food distribution hours: Monday, Tuesday, Thursday and Friday 9:30 to 1:00 pm. Tiny bundles only: Wednesday 9:00 to 1:00 Every 2nd Thursday 6:00-7:00pm (call for dates). Must register (picture ID, proof of address and income, and medical cards for all family members required). Call to setup a registration appointment. Donations can be made at the food bank, most local grocery stores or any Fire hall in Surrey.

Also food bank depots in Delta, Newton and Cloverdale. Call for dates and location.

Offers **Hamper to Your Home** program for food bank patrons with mobility issues.

White Rock Community Church

15417 Roper Avenue, White Rock, BC

Tel: 604-531-7314

Individuals or families who are struggling financially may visit a maximum of one time per month for a food hamper of non-perishable food and household items. Each client must provide the following upon request: Photo ID, ID for each household member or dependant, proof of address and proof of income. Tuesdays and Fridays: 10 a.m. to 12 p.m.

Meals on Wheels

Surrey/North Delta

Unit #233 13352

Old Yale Road Surrey BC V3T 5A4

Tel: 604-588-6325 www.sndmow.com sndmow@telus.net Serves the Fraser River to the Langley border and South to 40th Ave. All areas of Surrey, Cloverdale and North Delta. Delivers hot meals 5 days a week at noon. \$7.00 regular meal, \$7.50 for a large and \$3 bagged lunch.

White Rock

PO Box 39587 WR Postal Outlet Surrey BC V4A 0A9

Tel: 604-541-6325

Delivers meals Mon, Wed, and Fri in White Rock and South Surrey areas for 6.00 per meal. Hot meals delivered between 11am and 12:30pm. Service boundaries are $0 \text{ Ave} - 40^{\text{th}}$ Ave and Crescent Beach - 186^{th} St.

Sobering & Assessment Centre

@ Quibble Creek Health

13670 94 A Ave. Surrey BC

Tel: 604-580-4965

A 24/7 client-centered program that addresses the immediate need for a safe and supportive environment for individuals under the influence of alcohol/drugs to sober up from their intoxication. 20 individual mats as well as five separate care rooms. Separate mat rooms for men, women and youth (16+). This service will work to connect clients with relevant community services.

The Roost

13582 - 68th Avenue Surrey, BC V3W 6M3

Tel: 604-597-8610 (Pat) tinyurl.com/bx9gw7s

Supports individuals to develop or maintain basic skills, foster personal supports and community involvement related to social/ leisure, personal life, education and work. Each member is expected to contribute to the daily operation/functioning of the clubhouse. Members and staff work collaboratively to plan, organize and run the programs. Referrals come through Surrey Mental Health and Addictions (604-953-4900) or doctor.

Substance Use Services—Adult Outpatient

Offers outpatient support recovery programs to individuals coping with drug and alcohol addictions. Trained professionals offer free, confidential information, assessment, counseling and referral. Treatment typically includes individual, family, couples or group work, and may include aftercare support. Day and evening programs available. Service also offered in Punjabi, Hindi, Urdu and Spanish at the 137th St. location as well as other services. tinyurl.com/q5qng2u

Two locations:

7330 137 Street, Surrey BC

Tel: 604-597-0205 Ext 1202 or Ext 1375 (Punjabi or Hindi) or Ext 1278 (Spanish)

13670 94th A Avenue, Surrey BC

Tel: 604-580-4950

Surrey Central/North Mental Health & Addictions Centre

Gateway Station Tower, 11th Floor 13401 - 108th Ave., Surrey BC Tel: 604-953-4900

The Whale House

15877 Pacific Avenue, White Rock, B.C. V4B 1S8

Tel: 604-536-3480

tinyurl.com/aq844c7

Provides a safe, supportive place for adults in our area whose lives have been seriously disrupted by mental illness to learn new skills, find employment opportunities, increase their physical and emotional wellness and begin their path to recovery. Referrals are made from Fraser Health, psychiatrists and physicians.

White Rock/South Surrey Mental Health Office

15521 Russell Avenue White Rock, B.C. V4B 2R4 Tel: 604-541-6844

Counselling

British Columbia Bereavement Hotline

Tel: 1-877-779-2223

Free and confidential service that connects the public to grief support services within the province of BC.

The Care Bus @ Nightshift Ministries

10635 King George Boulevard Surrey BC

Tel: 604-953-1114 <u>info@nightshiftministries.org</u>

www.nightshiftministries.org/care/the-care-bus/

Provides referral information or counseling services on the road to recovery. There is an on-board library with resource materials on addiction, recovery and mental or physical health issues. Volunteer nurses provide basic medical care. Open Tues and Fri 6:30-9:00pm in the parking lot of 10635 King George

The Care Centre @ Nightshift Ministries

10635 King George Boulevard, Surrey, BC V3T 2X6

Tel: 604-953-1154 confidential@thecarecentre.org

www.thecarecentre.wordpress.com

Offers affordable, confidential, professional help with a variety of concerns. Offers one-on-one, couple and group counselling for all ages, regardless of background, financial status or spiritual belief. Rates are a sliding scale based on monthly income and includes a free no obligation intake interview.

Counselling Programs @ DiverseCity

Tel: 604-597-0205 ext. 1202 familyservices@dcrs.ca www.dcrs.ca/services/family-services/counselling-programs/
Provide short-term, solution-focused counselling and support services to immigrant and refugee clients in Punjabi, Hindi, Urdu, Spanish, Mandarin, Cantonese, Korean, Vietnamese, Arabic, Swahili, Lingala, Farsi, and French. Services include child and youth mental health, family, and addictions counselling among other programs.

Counselling Services @ SourcesBC

882 Maple St., White Rock BC

Tel: 604-538-2522 (Heather) counsellingservices@sourcesbc.ca www.sourcesbc.ca

Also offers counselling services on a variety of topics. Flexible fees are available.

Family Counselling @ Options

Tel: 604-502-5385 (Ministry of Children and Family Development) www.scss.ca/counselling/family-counselling

Free if you qualify. Must be a resident of Surrey with children under 18 years of age. Also need a referral from Ministry of Children and Family Development (MCFD) or Child and Youth Mental Health. Call the MCFD Surrey Intake Office @ 604-502-5385 to apply.

Residential Historical Abuse Counselling @ Options

Tel: 604-777-8412

www.scss.ca/counselling/residential-historical-abuse-program
Counselling services to individuals who were sexually abused when
they were 18 or younger and living in homes or residences operated
or funded by the BC Provincial Government. Must be a Surrey resident. A screening intake and referral will be made by Fraser Health.

Sexual Abuse Counselling Centre @ Options

9815 140th St. Surrey BC

Tel: 604-584-5811

www.scss.ca/counselling/sexual-abuse-counselling-centre
Provides both short and long-term counseling to Surrey children
and youth (ages 3-18) who have experienced sexual abuse. Also
offers support and psycho-educational information to non-offending
family members and caregivers. Self referral welcome.

SFU Surrey Counselling Centre

9484 122nd St. Surrey BC (L.A. Matheson Secondary) Tel: 604-587-7320

www.surreyschools.ca/ParentServices/FreeFamilyCounselling/
Students in the Surrey School District and their parents or guardians have access to free counselling through Simon Fraser University.
Counselling available for a range of issues, including parenting, bereavement, depression, anxiety, bullying and sexual orientation.

Suicide Prevention, Education and Counselling

Tel: (604) 584-5811 and ask for a SPEAC intake worker. <u>www.scss.ca/counselling/suicide-prevention-education-and-counselling</u>

For children and youth 18 and under who have made a suicide attempt or are at risk of doing so. Free and open to residents of Surrey, White Rock and Langley. Provides suicide risk assessment, crisis intervention and short-term counseling. SPEAC also presents suicide prevention workshops to schools, community agencies and special interest groups.

Looking for services not covered in this brochure?

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www.surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at

libraryinfo@surrey.ca



Surrey Poverty Reduction Plan

Updated 01/11/13

Low Cost and Free

Health Services



Dental Care

KEYS Dental Clinic

10697 135A St. Surrey BC

Tel: 604-545-4012

Non-profit dental clinic. Free service for those on disability or income assistance. For those who don't meet those requirements there are low cost cleanings and other services are on the Ministry pay scale (more affordable). Children must be at least 10 years old.

Peach Arch Free Dental Clinic

Suite 208 1461 Johnston Rd. White Rock BC

Tel: 604-542-4357 www.sourcesbc.ca

SOURCES BC Dental Clinic offers dental services to low income individuals living in White Rock/South Surrey who do not have dental benefits. Call for additional information.

UBC Dental Clinic

Faculty of Dentistry
2151 Westbrook Mall Vancouver BC

Tel: 604-822-2112

www.dentistry.ubc.ca/Treatment/default.asp

Dental services by students of the UBC Dental Clinic at reduced rates. Length of treatment varies. By appointment only. 8:15-5:00pm Monday to Friday Sept-May

Vancouver Community College – Dentures/ Hygiene

250 West Pender St. Vancouver BC V6B 1S9
Tel: 604-443-8499 (hygiene) 604-443-8500 (dentures)
Provides hygiene and denture services. Cleaning services are \$30
but a time commitment is required. Denture service includes new complete or partial dentures as well as relines to existing. Denture repairs also available. Cost is approximately 50% of going commercial rates. Required to be screened first. Work done by students and supervised by professionals. Near Stadium Skytrain station.

Health Services

BC Healthy Kids Program

Tel: 1-866-866-0800 (Press 4 and then 2) tinyurl.com/cmxr3bz
Basic dental care and eye glasses for children. Families who have been approved for MSP premium assistance will be signed up with the program. Coverage begins at the start of the next month.

Better at Home-Newton (formerly CASI)

#1107, 7330 - 137th Street, Surrey, BC, V3W 1A3

Tel: 604-507-2266 or 604-597-0205, extension 1356 or 1381

www.betterathome.ca

Provides non-medical services to seniors who want to live independently in their homes. A small fee for services, a sliding scale ranges from \$2.00 to \$20.00, depending on the service required and income. Including transportation, visits, small repairs and household help. Newton area only, between 120 to 160th Street and 48th to 88th Ave.

Better at Home –South Surrey/White Rock

15008 26th Avenue Surrey, BC V4P 3H5

Tel: 604.531.9400 ext. 27

www.betterathome.ca

For seniors, living in South Surrey and White Rock. Program is aimed at helping individuals stay in their homes. Will offer friendly visits, light housekeeping and home maintenance. A small fee for services, on a sliding scale depending on income.

Better at Home-Whalley

205-12725 80th Avenue Surrey, BC V3W 3A6

Tel: 604-512-3870 (Sonia) www.betterathome.ca

sonia.chaudhary@pics.bc.ca

#206-10090 152nd Street, Surrey, BC, V3R 8X8

Tel: 604-588-6869 (Candy) candy.tong@success.bc.ca

For seniors living in the Whalley area. Program is aimed at helping individuals stay in their homes. Will offer transportation to appointments, light housekeeping and grocery shopping. A small fee for services, on a sliding scale depending on income.

Canadian Red Cross Medical Equipment Loan service

107 – 13065 – 84th Ave Surrey BC V3W 1B3

Tel: 604-501-4944

Arranges loans of up to 3 months of health equipment. Requires a referral from a medical professional.

Family & Friend Caregivers Information and Resource Handbook

tinyurl.com/nbwuc75

A comprehensive resource for caregivers in the Lower Mainland.

Fraser Health

Tel: 604-587-4600

www.fraserhealth.ca feedback@fraserhealth.ca

Wide range of services and supports. Speak to your family doctor about the services available through Fraser Health or contact them directly.

Fraser Health's Line for Senior's Care

Tel:1-855-412-2121

Available daily from 8:30am to 4:30pm. Offers information about resources and referral services. Offered by trained multi-lingual staff that can offer help and suggestions on a wide range of issues.

Health Information Line

Tel: 811

Speak to a nurse for non-emergency health information and services.

Healthiest Babies Possible: Pregnancy Outreach

Program

#100 - 6846 King George Boulevard

Tel: 604-583-1017 tinyurl.com/boxwvyw

The HBP program offers health and nutrition education and coaching for pregnant women. The HBP program offers services through social media, one-to-one visits, phone coaching and groups. Groups meet in a variety of locations and offer a chance to see a public health nurse, dietitian or a health coach and include guest speakers, food, childcare and social time. Grocery store gift certificates and prenatal vitamins are provided for those in financial need. All services free, confidential and available in different languages.

Infant Development Program of BC

www.idpofbc.ca

Serves children from birth to three years old, who are at risk for, or who already have a delay in development. Once you are referred to a program, a consultant will visit you in your home. Together, you will plan activities that best meet both your child's and your family's needs. If your child has a disability (special need), up-to-date information will be available to you. Also offers an Aboriginal specific program. The program is free and voluntary. Parents can self refer.

301A 8352 130th Street Surrey, BC V3W 8J9

Tel: 604-590-7302 <u>tinyurl.com/osomm26</u>

Fraser Region Aboriginal Friendship Centre Association

6878 King George Blvd. Surrey BC

Tel: 604-584-2008

SOURCES

Maxxine Wright Community Health Centre

Maxxine Wright Place 2 - 13733 92nd Ave. Surrey, B.C. V3V-1H9

Tel: 604-587-3835 <u>tinyurl.com/cpc7wpm</u>

The Maxxine Wright Community Health Centre supports women who are pregnant or who have very young children at the time of intake who are also impacted by substance use and/ or violence and abuse. The Centre provides a wide range of women-centered health and social supports, including a daily hot lunch program, medical services, and drug and alcohol counseling.

People Helping People

13458 - 107A Avenue Surrey, BC V3T 0G4 (Chuck Bailey)
Tel: 604-502-6366 www.surrey.ca/culture-recreation/1793.aspx
Service for seniors (55 years+) by other volunteer seniors. Wide variety of services including grief counseling, blood pressure checks, podiatry, income tax preparation, abuse or harassment issues and help finding housing. Most services are free or for a nominal charge.

Positive Haven

10697 135A St. Surrey BC.

Tel: 604-588-9004

For HIV positive people living in the Fraser Health Region. Includes workshops, counselling, referrals and support groups.

Public Health Units:

Public health units offer public health nursing services which include screening, assessment, counseling, referral, follow-up and health promotion activities for all ages. Answers by phone or in person.

Open Mon - Fri, 8:30 a.m. - 4:30 p.m. <u>tinyurl.com/baevenw</u>

Cloverdale Public Health Unit

Suite 205 17700 56 Avenue Surrey, B.C. V3S 1C7 Tel: 604-575-5100

Guildford Public Health Unit

10233 153 Street Surrey, B.C. V3R 0Z7

Tel: 604-587-4750

Newton Public Health Unit

Suite 200 7337 137 St Surrey, B.C. V3W 1A4 Tel: 604-592-2000

North Surrey Health Unit

Unit 220 10362 King George Blvd.

Surrey, BC, V3T 2W5 Tel: 604-587-7900

White Rock/South Surrey Public Health Unit

15476 Vine Avenue White Rock, B.C. V4B 5M2

Phone: 604-542-4000

Seniors Come Share—Community Support Program

15008 26 Ave Surrey BC V4P 3H5 $\,$

Tel: 604-531-9400 www.comeshare.ca

Providing access to information and resources within the Cities of Surrey and White Rock by phone through our Seniors Information Line 604 531-9400. If we can't help you over the phone, we can arrange for one of our trained Senior Connector volunteers to meet you at one of the 9 community sites we support. Caregiver Support services include traditional support groups, caregiver café. We also offer computer classes, Coffee club social, Education sessions and lots of volunteer opportunities .

Surrey North Community Health Centre

10697- 135A St. Surrey BC

Tel: 604-583-5666

(Doctor: 1-5pm, Nurse: 1-5pm)

Free medical clinic, which provides confidential general health services. The clinic also offers testing and counseling for sexually transmitted diseases, pregnancy, hepatitis, and HIV/AIDS, provided by an on-site physician and nurse. Also on-site is a syringe exchange which operates in conjunction with the medical staff.

1-800 Sex Sense Line

Tel: 1-800-739-7367

Confidential, non-judgmental telephone service providing information and referral regarding reproductive health and sexuality. Also provides referrals regarding clinics, pregnancy and STI tests, and emergency contraception. Monday to Friday 9 am to 9 pm .

Mental Health Services

Assertive Community Treatment

13401 108 Avenue Station Tower, 13th Floor Surrey Tel: 604-953-4920 tinyurl.com/anpqjaa

Provides flexible, community-based support for adults with mental illness and significant functional impairments who have not connected with, or responded well to, traditional outpatient mental health and rehabilitation services. Call or see website for a referral form.

Car 67

Tel: 604-599-0502 (police non-emergency) or by dialing 911 (life threatening situations only)

An RCMP member and a nurse specializing in mental health work together and respond to calls received involving emotional and mental health issues. The Car 67 team will drive in an unmarked police vehicle to enhance privacy. Approximate hours 2:30pm-1:00am

The Easy Does it Club

7277 King George Surrey BC

Tel: 604-434-2553 or 604-434-3933 (24h Crisis)

Hosts a variety of 12 step based programs for a variety of addictions.

Fraser Health Crisis Line

Tel: 604-951-8855 Toll Free: 1-877-820-7444

Available 24 hours a day. Offers emotional support, crisis intervention and resource information.

Mental Health Consumer Advocacy Program

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-596-2311 www.sourcesbc.ca

Wide range of supports, information and advocacy for consumers of mental health services. Offers help in dealing with income assistance, housing and federal income assistance programs like CPP.

Mental Health Information Line

Tel: 310-6789 www.heretohelp.bc.ca

Province wide crisis line for those in distress. Can call 24 hours a day. Simply dial 310-6789 w/o putting 604 or 778 in front of the number.

MindCheck.ca

www.mindcheck.ca

Online website aimed at teens. Assists teens in identifying and understanding mental distress and linking them to resources.

New Frontier Clubhouse

9803 – 140th Ave Surrey BC V3T 4M4

Tel: 604-581-6177

Clubhouse program for individuals with a mental health diagnosis.

Wide range of services and supports. Referral from Surrey Mental

Health & Substance Use Services, psychiatrist/psychologist, or doctor.

LiveSmart BC

Tel: 604-224-9376 tinyurl.com/o7yt7hb

The LiveSmart BC Efficiency Incentive program provides homeowners with valuable incentives for home energy efficiency upgrades.

Once Upon a Child

20121 Willowbrook Drive, Unit 104 Langley, BC V2Y 0L3 Tel: 604-510-6822 www.onceuponachildlangley.com ouaclangley@hotmail.com

Buys and sells gently used children's clothes, toys, furniture, equipment and footwear. Bus #501 approx 1 block away from Willowbrook Mall.

Senior Citizens' Repair Service

Tel: 604-529-1100

Provides low cost, minor house repairs and maintenance to seniors 55+ with disabilities living in their own homes. Includes painting, plumbing, electrical and general handy work. \$30 per hour + \$35 service charge.

Surrey ReUses

www.surreyreuses.com

Online classified services for Surrey only. Great way to pick up low cost items or get rid of unused items

WRAGS

370 – 3771 Jacombs Rd. Richmond BC V6V 2L9 Tel: 604-214-0613 www.wrags.net

W.R.A.G.S. works in partnership with Sleep Country Canada to provide mattresses at no charge to persons in need. Mattresses provided by Sleep Country are stored in W.R.A.G.S. warehouse and are available to the public. Public can choose from available stock and arrange their own delivery. 7 days a week, 12:00-4:00pm

Looking for services not covered in this brochure?

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www. surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at libraryinfo@surrey.ca



Inspired by
Surrey Poverty Reduction Plan

Low Cost and Free

Household Goods



www.surreylibraries.ca

Thrift Stores

Delta Hospice Cottage Thrift Store

1521 – 56 St. Delta BC V4L 2A9
Tel: 604-943-4348
Open Tuesday/Thursday 9:30-7:00pm
Wednesday/Friday/Saturday 9:30-4:00pm

Delta Hospital Auxiliary Thrift Shop

4816 Delta St. Delta BC V4K 4J2 Tel: 604-946-1455

The Living Room Store

1233 Johnston St. White Rock BC Tel:604-536-3545

M.C.C. Furniture and More

31877 South Fraser Way Abbotsford, BC V2T 1V4 Tel: 604-854-2062

<u>thrift.mcc.org/shops/abbotsford-furniture-and-more tinyurl.com/ctort9t</u> (Facebook)

Only practical if you have access to a vehicle but worth the trip. Best selection of furniture of any thrift store we know of. Also another M.C.C. general thrift store across the street. Also puts new arrivals on their Facebook page.

M.C.C. Thrift Store

10653 King George Blvd, Surrey BC V3T 2X6 Tel: 604-583-0465 Mon-Sat 9:30-5

Penny Pincher

20211 56 Ave, Langley, BC V3A 3Y6 Tel: 604-530-3232

Penny Savers' Thrift Shop

(On the border of Surrey) 11961- 82 Ave, Delta BC V4C 2C6 Tel: 604-501-2111 Monday to Friday 10:00 – 4:00

Salvation Army Thrift Stores

Langley

19868 Langley Bypass Langley BC V3A 4Y1

Tel: 604-530-1321

Surrey (Newton)

7093 King George Blvd. Surrey BC V3W 5A2

Tel: 604-590-1438

White Rock

1327 Johnston Road White Rock BC V4B 3Z3

Tel: 604-531-6494

Second Story Treasures Thrift Store

5 – 20349 88 Ave Langley BC V1M 2K5 Tel: 604-513-9319 Tues-Sat 10:00-5:00pm

Sisters Thrift Boutique

10635 King George Blvd. Surrey BC

Tel: 604-953-1155 thriftboutique.wordpress.com

Sisters Thrift Boutique has a physical store at the above address but they also have a blog that displays the nicer new arrivals. Items on the blog can be reserved via email.

Surrey Hospice Society & Fire Fighters Community Thrift Store

7138 King George Blvd. Surrey BC Tel: 604-599-9930

Superfluity Thrift Shop

15163 Prospect Ave White Rock BC

Tel: 604-536-7744

Talize

11930 - 88th Avenue, Delta V4C 3C8

Tel: 604-599-6116

Mix of new and used items

Turnabout

15355 24th Avenue Surrey BC V4A 2H9

Tel: 604-536-2827 southsurrey@turnaboutclothing.com

www.turnaboutclothing.com

Turnabout Clothing Consignment offers a huge selection of designer consignment clothing for women and men.

White Rock Hospice Thrift Store

Unit 2A 15562 24th Ave Surrey BC V4A 2J5

Tel: 604-538-7600

M 11am-5pm and Tue-Sat 10am-5pm

Worldserve Thrift

1401 Johnston White Rock BC Tel: 778-294-6800 Mon-Sat 9-5pm

Other Sources

Christmas Bureau - Surrey

Tel: 604-581-9623 surreychristmasbureau.com

Helps low-income families with children under 16 have a great Christmas. Families receive food certificates, toys, gifts, warm clothing and household items. Location different every year, call for details.

Clothes Closet by Oak Avenue Neighbourhood Hub

12740- 102 Ave, Surrey BC V3V 3E5 Tel: 604-582-7088 ext. 3 for Joyce

www.oanh.ca/clothescloset.html

Free clothing service for children 0-12 years. Must be low income.

Tuesday 10:00 am - 2:00 pm Wednesday 9:30 am - 12:30 pm Thursday 2:00 pm - 4:00 pm

Craigslist

vancouver.en.craigslist.ca

Craigslist has largely replaced classifieds, and the Buy & Sell. It is a great way to both buy and sell items as well as look for both housing and work. Has a 'Free' section.

Energy Conservation Assistance Program from BC Hydro

Tel: 1-855-598-8428 tinyurl.com/6wzz5n4

Free home energy evaluation for low-income residential account holder, the installation of energy saving products and personalized energy efficiency advice, after qualifying.

Energy Saving Kit from BC Hydro

Tel: 1-877-431-9463 tinyurl.com/25xsuad

Eligible low-income household customers of BC Hydro or Fortis BC may be able to receive a free energy saving kit. The kit contains a number of simple, easy-to-install energy saving products including CFL light bulbs, weather stripping, high efficiency shower head and more.

FreeGeek computers

1820 Pandora St., Vancouver BC

Tel: 604-879-GEEK (4335) www.freegeekvancouver.org
Non-profit that allows you to donate 24 hours of your time and receive a free computer. Low cost computers and computer hardware for sale as well. Tues-Sat 11-6pm

Fridge Buy-back from BC Hydro

Tel: 1-866-516-4357 tinyurl.com/d6v54p9

If you have a spare fridge that measures between 10-24 cubic feet and is still in working condition, BC Hydro will pick it up, recycle it, and give you \$30 for it.

Home Repairs - Helping Hands Ministry

Tel: 604-531-4733 ext. 2999

helpinghands@peaceportalalliance.com

Provides minor repairs for those in our community with physical or financial constraints. Includes plumbing, electrical, painting, yard work, carpentry, odd jobs and more, please call. Primarily serves South Surrey.

Evergreen Transition House

Tel: 604-584-3301 tinyurl.com/bta5277

Transition house for abused women and their children. Offers temporary accommodation, support, counselling, advocacy, information and referrals.

Gateway Shelter (The Front Room)

10667- 135 A St, Surrey BC V3T 4E3

Tel: 604-589-7777

On site laundry, shower facilities, free coffee, client phone, daily meals plus Assistance Resource Centre. Also 40 bed shelter. 19+ years old only.

Hyland House

6595 King George Highway, Surrey BC
Tel: 604-599-8900 tinyurl.com/b96fjqh
Mobile Outreach Worker: 604-765-6751

Provides a 35 bed emergency shelter as well as a 20 unit supported housing component for those individuals who require more support in achieving and maintaining independence. Also outreach to people who are homeless, at risk of becoming homeless or difficult to house. 19+ years old.

Hyland House - Cloverdale

17910 Colebrook Road Surrey BC V3S 0L5

Tel: 604-574-4341 www.options.bc.ca

Low-barrier shelter with 10 temporary beds for men and women 19+. Open 24 hours with all meals provided.

Ishtar Transition Housing Society

#101 – 6350 – 203rd St. Langley BC V2Y1L9 (Office)

Tel: 604-534-1011 www.ishtarsociety.org

Provides safe shelter for women leaving abusive relationships. Also provides counseling and support for women and children. Two transition houses in the Langley and Aldergrove areas as well as other supports. All offers outreach supports.

Sheena's Place

Surrey BC

Tel: 604-581-1538

Single women or with children. 1 family per room; singles share. Harm reduction. Laundry.

Shelter and Street Help Line

Tel: 604-875-6381

Monitors number of available beds in Lower Mainland shelters. Can refer to shelters, emergency accommodations, and resources.

Virginia Sam Transition House

Tel: 604-572-5116 tinyurl.com/bta5277

Emergency shelter for abused women and their children. Service also offered in Punjabi, Hindi, Spanish and Polish.

Housing Supports

Home Adaptations for Independence (HAFI)

Tel: 604-646-7055 www.bchousing.org/hafi hafi@bchousing.org
Financial assistance to help eligible low-income seniors and people with disabilities in BC to continue to live in their homes through home adaptations.

Home Owner Grant

Tel: 604-660-2421 or 1-888-355-2700 tinyurl.com/atlkoqy
Helps reduce the amount of residential property tax. Applies to taxes
paid by British Columbians to their municipality or to the Surveyor of
Taxes for rural areas.

Homeless Prevention Program

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-596-2311 www.sourcesbc.ca

This program provides information, support, and advocacy for homeless individuals and those who are at risk of becoming homeless. Advocacy services are provided for income assistance, residential tenancy matters, and accessing other income support programs. Can assist with filling out housing and grant application forms. Services can be accessed at the Newton Resource Centre and at other outreaching locations (ask for details).

Independent Living Program

9815 140th Street, Surrey, BC V3T 4M4

Phone(604) 596-4321 tinyurl.com/clqh962

heather.lynch@options.bc.ca

Support services for youth including independent living resources, youth justice programs, supported subsidized housing for homeless youth up to age 24, and workshops of life skills development. Referrals to ILP & Youth Justice program through Ministry for Children & Family Development.

Rental Assistance Program

Tel: 604-433-2218

www.bchousing.org/Options/Rental market/RAP

Provides eligible low-income, working **families** with cash assistance to help with their monthly rent payments. To qualify, families must have a gross household income of \$35,000 or less, have at least one dependent child, and have been employed at some point over the last year.

SAFER (Shelter Aid for Elderly Renters)

Tel: 604-433-2218

www.bchousing.org/Options/Rental market/SAFER

Helps make rents affordable for BC seniors with low to moderate incomes. Provides monthly cash payments to subsidize rents for eligible BC residents who are age 60 or over and who pay rent for their homes. BC Housing provides SAFER subsidies to more than 15,000 senior households renting apartments in the private market.

Surrey Rent Bank

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-547-0123 www.sourcesbc.ca srb@sourcebc.ca

Provides micro loans (under \$1600.00) for individuals experiencing a short term financial crisis as an intervention to housing loss, for rent and/or utilities, as long as the loan completely alleviates the crisis. Other criteria apply including having a steady source of income to repay the loan.

Surrey Youth Housing

205-14727 108th Avenue, Surrey, BC

Tel: 604-587-8100

www.pcrs.ca/surrey youth housing tilee@pcrs.ca

Offers one-to-one support to youth aged 16-19 who are seeking or looking to maintain housing in Surrey. Connects with a 1-1 Youth Housing Worker. Service also in Punjabi.

Tenant Resource & Advisory Centre

Tel: 604-255-0546 www.tenants.bc.ca

TRAC educates individuals and community organizations about Residential Tenancy Law, promotes tenants' legal rights and affordable housing in BC. Provides videos & publications in 21 languages. Info Line/Tenant Hotline 1-800-665-1185.

Looking for services not covered in this brochure?

Please ask at your local library. We are here to help. www.surreylibraries.ca or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:

www. surreylibraries.ca/lowcost

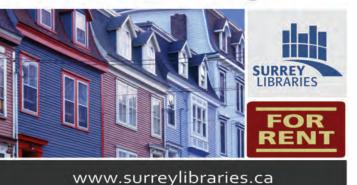
If you would like further information or if you spot a change that is needed you can email us at

libraryinfo@surrey.ca



Low Cost and Free

Housing



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Affordable Housing

Housing Referral & Registry Services

BC Housing

101-4555 Kingsway Burnaby BC V5H 4V8 Tel: 604-433-2218 www.bchousing.org

Manages rental units in the Lower Mainland for seniors, low-income families, persons with disabilities and those at risk for homelessness. Drop in hours Mon-Fri 8:30-4:30pm. Maintains subsidized housing listings and provides a centralized application process that allows you to apply for housing in sites managed by BC housing, some private providers and some Co-ops. Also has lists of housing sites you can apply directly to.

Co-operative Housing Federation of BC (CHF BC)

220-1651 Commercial Drive Vancouver, BC V5L 3Y3

Tel: 604-879-5111 info@chf.bc.ca www.chf.bc.ca

Maintains a list on their website of housing co-ops currently accepting applications. Also has information on co-ops in general.

Habitat Housing Society

13520 78th Avenue Surrey BC V3W 8J6

Tel: 604-590-7368 <u>www.options.bc.ca</u>

Provides affordable housing in the region. Accepts applications from low-income families and adults with mental health disabilities. Self-referral welcomed.

Housing Registry

13520 - 78th Ave Surrey BC V3W 8J6

Tel: 604-590-7368 www.options.bc.ca housing@options.bc.ca Registry of available, affordable rental housing in Surrey, White Rock and North Delta. Call for drop in hours.

Housing Search Resource Room

#102-13771 72A Ave Surrey BC V3W 9C6

Tel: 604-596-2311 www.sourcesbc.ca

Provides a weekly housing list of advertised rental units and housing supplier applications. Also provides phone to access potential housing rentals and computers to access housing sites and email access for housing searches.

People Helping People

13458 - 107A Avenue Surrey, BC V3T 0G4 (Chuck Bailey)

Tel: 604-502-6366

www.surrey.ca/culture-recreation/1793.aspx

Service for seniors (55 years+) by other volunteer seniors. Wide variety of services including help finding housing and advocacy. Other services include grief counseling, blood pressure checks, podiatry, income tax preparation and help with abuse or harassment issues. Most services are free or for a nominal charge.

Seniors Services Society

750 Carnarvon St. New Westminster BC V3M 1E7

Tel: 604-520-6621 <u>www.seniorsservicessociety.ca</u>

info@seniorsservicessociety.ca

Housing information and services for seniors (55+). You can also search their housing listings online at their website. Near the New Westminster Skytrain station.

Affordable Housing Sites

The options listed below are only some of the affordable housing sites in Surrey. For a more options head to the BC Housing website (www.bchousing.org) or some of the other options listed in the previous section or below.

Alder Gardens (YMCA)

13788 - 71st Avenue, Surrey BC V3W 0M9

Tel: 604-895-5800 (general YMCA number)

ywcavan.org/housingSubmit.php

Tabitha Brubacher at tbrubacher@ywcavan.org

For single mothers and their children, links to community services. New housing community includes 36 units for single mothers, priority given to Surrey residents. Uses a prorated, income-based rent system whereby women pay no more than 30% of income.

Evergreen Heights Assisted Living

1501 Everall Street White Rock BC

Tel: 604-541-3817 ask for Lori Chiasson <u>www.evergreen-home.com</u> 84 units of Assisted Living for seniors who are cognitively able to direct their own care but who have needs that can be met on a scheduled basis. All units within subsidized by Fraser Health and/or BC Housing.

Kekinow Native Housing Society

1014 - 7445 - 132 St. Surrey BC V3W 1J8

Tel: 604-591-5299 www.kekinow.ca info@kekinow.ca

Provides affordable, comfortable housing for low-income people of Aboriginal ancestry (Status, non-Status, Métis and Inuit).

Newton Kinsmen Housing Society – Ravine Estates

11030 Ravine Rd. Surrey BC V3T 5S2

Tel: 604-581-2322

Social Housing development for families and people with disabilities.

PICS Seniors Housing Complex

12075-75A Ave Surrey BC (assisted)

100 - 7566 120A Street (independent)

Tel: 604-596 0052 www.pics.bc.ca

Units for low income seniors, with both assisted and independent living units. All subsidized by BC Housing. Service available in English and Punjabi.

Sunnyside Villas

2603 – 151st Street Surrey BC

Tel: 604-538-8308

Subsidized housing for seniors in Surrey/White Rock. Rent is based on 30% of net income.

Sunset Grove

13250 – 78th Ave Surrey BC V3W 8J6

Tel: 604-596-4321 ext. 304 www.options.bc.ca

25 unit affordable housing complex for families. Self referrals welcome.

West Fraser Housing Society

20101 Michaud Crescent Langley BC V3A 8L9

Tel: 604-530-0062

Subsidized housing complex in Langley for low income families. Also provides 16, 1 bedroom mental health units. Apply through BC Housing.

Shelters & Transition/Safe Houses

AGNES Program (A Good Night's Sleep)

Tel: 604-590-2304 ext. 223

The first step to exiting the sex trade is a safe night's sleep with no pressure from boyfriends, pimps, recruiters, and abusers. Two beds available for homeless female youth 16-18 years of age.

All Nations Youth Safe House

Tel: 604-584-2625

Youth (16-18 years) shelter with 7-day emergency stay. Plans are reviewed weekly to determine a need for extension (up to 30 days). Resident is assigned a key worker who assists in developing an individualized service plan of daily goals to secure housing. A low risk facility.

Atira Women's Resource Society

Tel: 604-542-9992 www.atira.bc.ca

Housing for women along with other services. Atira offers both short term shelter and transition type options and longer stay supportive options.

Atira's housing options include:

Ama House (Atira)

Tel: 604-542-5992

Ama Transition House is accessible to women 55+ and offers advocacy, referrals and one-on-one support.

Durrant House (Atira)

Tel: 604-531-9151

A first-stage transition house staffed 24 hours a day, seven days a week. Staff provides emotional support, referrals and resource information, advocacy, court and other accompaniments, parenting support, etc.

Koomseh 2nd Stage Housing (Atira)

Tel: 604-501-9294

Koomseh provides supportive housing to 11 women and their children who have been impacted by abuse suffered in intimate relationships.

Shimai Transition House (Atira)

Tel: 604-581-9100

A first-stage transition house for women and their children escaping abuse which is staffed 24 hours a day, seven days a week; Staff provide emotional support, referrals and resource information, advocacy, court accompaniment, parenting support and on-site non-medical detoxification

Maxxine Wright Shelter (Atira)

Tel: 604-580-2915

The Maxxine Wright Shelter serves women who are pregnant or have a newborn and need a safe place to stay. Women can access the shelter at any point during their pregnancy, and potentially stay until their baby is 6 months old.

Maxxine Wright Second Stage (Atira)

Tel: 604-581-2121

The Second Stage program offers 24 units of supported affordable housing to women and their young children. Women who are pregnant or who have a youngest child under age 2 (older siblings are welcome) are given priority.

Cynthia's Place

Surrey, BC

Tel: 604-582-2456

Single women. Harm reduction.

Extreme Weather Shelter @ Cloverdale Christian Fellowship

#102 – 17802 66th ave Surrey BC

Tel: 778-233-8735 Daytime (Daniel)

604-574-1725 After 7pm (Daniel)

Open when temperature is zero degrees Celsius or below or after long periods of rain. Doors open 7pm-7am, with 15 beds available. Dinner, breakfast and a bagged lunch are provided.

There are other extreme weather shelters in Surrey. If you need help finding one please ask at your local library or call 211.

Surrey Women's Centre Society

10075 Whalley Blvd. Surrey BC V3T 5R5

Tel: 604-583-1295 (crisis line) www.surreywomencentre.ca

info@surreywomenscentre.ca

By Mail: Surrey Women's Centre Society P.O. Box 33519 Central City Surrey, BC V3T 5R5

Offers court support and accompaniment, support groups, a clothing exchange and Pro Bono Family Law Clinic. By King George Skytrain station. Drop-in or by appointment. Services offered in English and Punjabi.

TRAC: Tenant Resource & Advisory Centre

Tel: 604-255-0546 www.tenants.bc.ca info@tenants.bc.ca Provides tenants with legal education and information about residential tenancy law. Residential tenancy questions only.

Wills Clinic @ Access Pro Bono

800 Hornby Street Vancouver BC

Tel: 604-424-9600 willsclinic@accessprobono.ca

Trained lawyers and articling students draft and execute simple Wills and Representation Agreements for low-income seniors (ages 55+) and people with terminal illnesses by appointment only. Call or email to book an appointment.

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Interested in some more resources or information? Ask library staff or check us out on the web here:

www. surreylibraries.ca/lowcost

If you would like further information or if you spot a change that is needed you can email us at

libraryinfo@surrey.ca



Surrey Poverty Reduction Plan

Low Cost and Free

Legal Services



Access Pro-bono Legal Clinics

www.accessprobono.ca/summary-legal-advice-program Service provided by volunteer lawyers for those who do not qualify for legal aid and have low incomes.

Clinics offered at the following locations:

Sources Community Resources Society

#102-13771 72A Ave Surrey BC V3W 9C6 Appointments made through 604-878-7400

Surrey Urban Mission

10776 King George Blvd. Surrey BC Tel: 604-878-7400

Surrey Women's Centre

10075 - 136A Street, Surrey, BC V3T 5R5 Tel: 604-589-1868

ClickLaw

www.clicklaw.bc.ca

Offers basic legal information on a wide range of subjects and is geared towards the general public.

ClickLaw Wikibooks

wiki.clicklaw.bc.ca

ClickLaw provides a series of online law books for the average person. Currently these cover family law, consumer law, a general legal title and a book on what to do when a family member dies. All are available online with links to relevant forms, and some are also available in print at Surrey Libraries. The online versions are regularly updated by practicing lawyers.

Community Legal Assistance Society (CLAS)

Suite 300 - 1140 West Pender Street Vancouver, BC V6E 4G1 Tel: 604-685-3425 www.clasbc.net

Provides legal advice and assistance in the areas of mental health, human rights, disability benefits, workers compensation and E.I.

Dial-a-law

Tel: 604-687-4680 www.dialalaw.org

Library of recorded free legal information in BC, prepared by lawyers. Available in English, Chinese and Punjabi (online only).

Elder Law Clinic

Tel: 1-866-437-1940 bcceas.ca

Provides free law advice for seniors. Referrals to the Elder Law Clinic can be made after speaking to a legal advocate on the Seniors Advocacy & Information Line at 604-437-1940 or 1-866-437-1940. The advocate will be able to determine whether we will be able to help you with your problem.

Family Duty Counsel

14340 - 57 Avenue Surrey, BC V3X 1B2

Tel: 604-572-2204

Duty counsel are lawyers who can help lower income people with their family law problems, including child protection issues (if the Ministry of Children and Family Development becomes involved with your family). They can give you advice and speak on your behalf in court on simple matters. However, they will not take on your whole case and will not represent you at a trial. They can also attend family case conferences at some courts.

Family Law in British Columbia

www.familylaw.lss.bc.ca

Good website for family law issues. Also has a chat help service on the right hand of the main page that offers live help finding resources.

Family Law Line

Tel: 1-866-577-2525 press 1, then 2, then 2

If you are of low income and experiencing a family law issue, you may be eligible for free legal advice over the telephone from a family lawyer. Family Law LINE lawyers give brief "next step" advice about family law issues such as custody, access, guardianship, child support, spousal support, property division, family agreements, adoption, and court procedures. 9am-3pm.

Immigrant Legal: BC's Immigrant Legal Toolkit

www.immigrantlegal.ca

Basic legal information in a variety of languages, as well as referrals to multilingual agencies.

Law Students Legal Advice Program

1822 East Mall, UBC, Allard Hall, Faculty of Law, Vancouver BC V6T 1Z1 Tel: 604-822-5791 Islap.bc.ca

A non-profit society run by UBC law students. Free legal advice and representation. Can offer a wide range of help but cannot offer help with family law, probate or small business law and criminal cases that might result in jail time. Student lawyers can meet at a number of locations throughout the Lower Mainland.

Lawyer Referral Service

Tel: 604-687-3221

Explain briefly the type of problem, and the service will give you the name of a lawyer. Phone the lawyer, make an appointment and tell the lawyer that the Lawyer Referral Service sent you. The lawyer will give you up to a 30 minute consultation for \$25. Offered by the Canadian Bar Association.

Legal Links @ Surreylibraries.ca

www.surreylibraries.ca/research/4751.aspx

A subject guide created by the library. Collects a number of useful websites and databases that provide legal information.

Legal Services Society of BC

Unit 102 10706 King George Blvd. Surrey BC V3T 2X3

Tel: 604-585-6595

Legal aid available for serious criminal charges, young offenders, urgent family law problems and immigration matters. Some restrictions apply dependent on case and income. Intake hours M-F 8:30-11:15 and M-Th 1:30-3:30.

Native Courtworker and Counselling Association of British Columbia

Tel: 604-985-5355 nccabc@nccabc.net www.nccabc.ca Native Courtworkers work to assists aboriginal people involved in the criminal justice system to obtain fair, just, equitable and culturally sensitive treatment. Free for qualified individuals meaning aboriginal persons of First Nations, Métis and Inuit descent. (Common law relationships are considered).

Nidus Personal Planning Resources Centre and Registry

1440 West 12th Ave Vancouver BC V6H 1M8

Tel: (604) 408-7414 info@nidus.ca www.nidus.ca

Non-profit charity that provides free information on personal planning tools, such as Representation Agreements, Enduring Powers of Attorney, Advance Directives and living wills. The Resource Centre is also a centralized Registry for personal planning documents.

Seniors Legal Help @ Kent Street Activity Centre

1475 Kent Street White Rock BC V4B 5A2

Tel: 604-541-2231

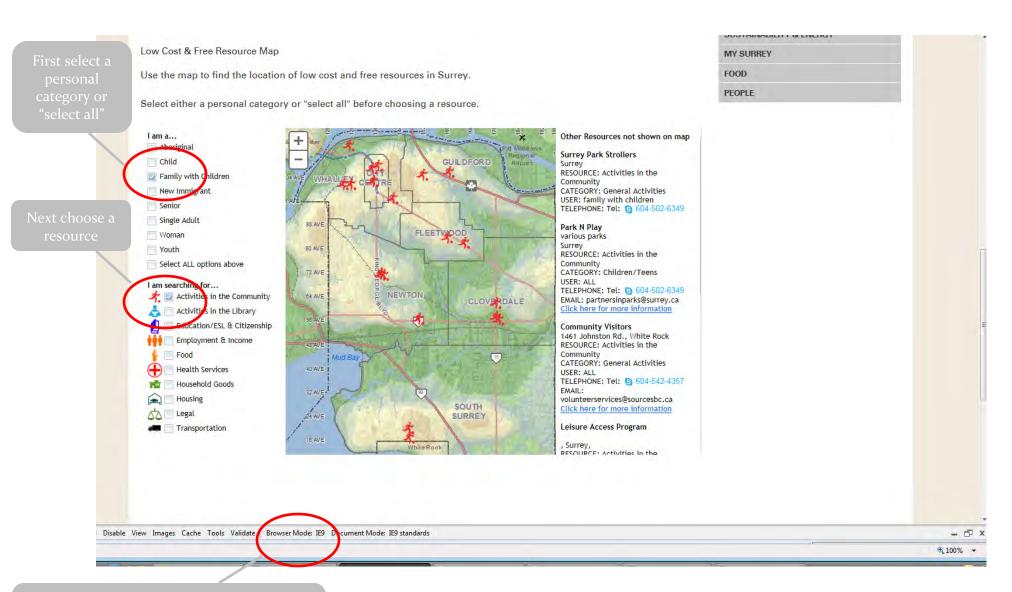
Local lawyers will help seniors 55+ on low income with legal queries & problems. Visits are free of charge at the centre. Usual fees will be charged for additional visits away from the centre or when any legal work is done. Lawyer is available the first Wednesday of every month at 9:30am by appointment.

Surrey Family Justice Centre

301 – 7380 King George Blvd. Surrey BC V3W 0L4

Tel: 604-501-3100 www.familieschange.ca

Provides information on the court process, free mediation and assistance with court applications. Neutral and confidential service to separating(ed) couples as well.



*On a City Computer - Make Sure your browser Mode is set to IE9 not IE9 Compatibility View