To find out more about safe, active trips to school visit HASTe BC: hastebc.org
National: saferoutestoschool.ca
TravelSmart: TravelSmart.ca

Your School Neighbourhood

WALKING WEDNESDAY
Dr. F.D. Sinclair Elementary supports walking or wheeling to school every Wednesday. Time pressure? On your way somewhere else? Parents and neighbours can team up to share the responsibilities of walking to or from school. Older students may be encouraged to walk or cycle with friends or with their younger siblings.

PARK AND WALK A BLOCK OR TWO
Look for this location on your BEST ROUTES TO SCHOOL MAP
Too far to walk or cycle? Help relieve traffic congestion around your school and park at this designated location instead.
- Newton Athletic Park
Skip the traffic and enjoy a little extra active time outside.

WHY WALK OR BIKE TO SCHOOL?

Benefits for Students
Being active builds healthy bones and minds. Walking or biking to school is not only a great way to be healthy and keep moving but has also shown to increase alertness and grades at school.

Family and Friend Time
Time spent walking together allows families and friends to connect without stressful distractions. It’s a time to unwind, play or share stories about each other’s day.

Community Livability
Know your community. Walking and cycling is a great way to meet your neighbours. People feel safer when they know other people in their community.

Care for Our Earth
Vehicle emissions are the largest cause of poor air quality in BC and are individual Canadians’ greatest source of greenhouse gas emissions. Every vehicle trip replaced by walking reduces our contribution to climate change.

Use Your Street SMARTS

Sidewalks: Walk on the sidewalks, if possible. Stay on the inside edge, and stand back from the curb when waiting to cross the street. No sidewalk? Walk facing traffic so you can see approaching vehicles.

Music: If you are listening to music, remove an ear piece before crossing the street or walking in less populated areas.

Attention: Look out for moving vehicles at driveways, back lanes, and in parking lots.

Road Crossing: Always cross at an intersection or crosswalk if available. Make eye contact with the drivers to make sure you are seen. Be bold, extend your arm to indicate you want to cross!

Team-Up: It is safer and fun to walk to school with other family members or friends.

Stranger-Aware: On no account ever go with a stranger. Practice and remember a special family password that only a trusted adult knows. With your family, identify safe places to go for help.

Best Routes to School are developed based on information we’ve received from parents, your school community and the City’s transportation department. They are chosen to use the safest crossing points and to enable more people walk and cycle together.

Super Road Cycle Safety

Signs: Use your hand-signals when turning, slowing down or stopping. Follow all posted signs and obey the traffic laws.

Urban Awareness: See and be seen! Be aware of your surroundings and always leave one door length of space when riding next to parked cars. Wear light or bright coloured clothing, and use your lights and reflectors in low-light and at night.

Protection: It’s the law to wear your helmet when riding – plus it protects your brain!

Eye Contact: Communication is key! Make eye contact with other road users such as drivers and cyclists, especially when crossing intersections.

Right hand side: Ride single file and as far to the right hand side of the road as practical.

Best Routes to School

Safe Homes, Safe Communities
Help keep your school community safe! Join Block Watch, a Surrey RCMP program to help neighbours watch out for neighbours.

Surrey RCMP: surrey.rcmp.ca
Non-emergency concerns in your neighbourhood? Call 604-599-0502
Visit or contact your local Newton District RCMP Office:
Telephone: 604-502-6233
Email: newton@rcmp-grc.gc.ca

Weather

Worried about getting wet in the rain or your child getting cold? Dressing your child (ren) with rainboots, umbrellas and jackets for the walk to school weather also means they are prepared for the weather at outdoor recess. School recess is rain or shine and proper outdoor wear keeps students active outdoors all day long.

Why Walk or Bike to School?

To find out more about safe, active trips to school visit

Haste BC: hastebc.org
National: saferoutestoschool.ca
TravelSmart: TravelSmart.ca

Dr. F.D. Sinclair Elementary

Elementary Best Routes to School

Safe & Active Schools Program
City of Surrey
This map is provided as a public resource for general information purposes only. The information shown on this map is compiled from various sources and HASTe BC makes no warranties, expressed or implied as to the accuracy or completeness of the information.

Scale

0 100 200 300 400m

Dr. F.D. Sinclair Elementary School

BEST ROUTES

- Best Walking Route
- Best Route (Walkway/Trail)
- Best Bike Route
- Best Route Connection (no built sidewalk)

- Park and Walk
- Traffic Signal
- Adult Crossing Guard
- Pedestrian Signal
- Marked Crosswalk
- City Bike Route
- Trail / Walkway
- Bus Stop (closest to school)
- School

This map provides guidance for students, parents, and community members around the best routes to Dr. F.D. Sinclair Elementary School. It highlights various features such as walking routes, bike routes, and traffic signals to ensure a safe and efficient journey to school.

Kwantlen Polytechnic University

Newton Athletic Park

Salamat Housing

Serpentine Greenway

City of Surrey

HASTe

Safe Active Schools Program

July 2015