Use Your Street “SMARTS”

Sidewalks: If there is a sidewalk, walk on it! Stay on the inside edge, and stand back from the curb when waiting to cross the street - the farther you are from moving vehicles the better. If there is no sidewalk, walk facing traffic so that you can see oncoming vehicles.

Music? If you are listening to music, remove an ear piece before crossing the street or walking in less populated areas.

Attention: Watch out for moving vehicles at driveways, back lanes, and in parking lots.

Road Crossing: Always cross at a road intersection or crosswalk. To cross safely at an intersection without lights, make eye contact with the drivers - in all lanes - to make sure they are stopped. Be bold, extend your arm to indicate you want to cross!

Team-Up: It is safer and more fun to walk to school with family or friends.

Stranger-aware: On no account ever go off the right hand side of the road as practicable.

“SUPER” Road Cycle Safety

Signs: Use your hand-signals when turning, slowing down or stopping. Follow all posted traffic signs and obey all traffic laws.

Urban Awareness: See and be seen! Be aware of your surroundings and always leave one door length of space when riding next to parked cars. Wear light or brightly coloured clothing, and use your lights and reflectors in low-light and at night.

Protection: Wear your helmet when riding – it’s a law to protect your brain.

Eye Contact: Communication is key! Making eye contact with other road users such as drivers and pedestrians will increase safety for everyone.

Right hand side: Ride single file and as far to the right hand side of the road as practicable.

Park and Walk

Families who are unable to walk all the way can still contribute to improved traffic safety and healthy schools. Park at your school’s designated area or, park legally on a street away from the school. Walk the last few blocks with your children, allow them to enjoy a little extra active time outdoors.

KB Woodward has a Park and Walk station at 106 Ave and 130 St.

DRIVER AWARE

DRIVE LAWFULLY, SAFELY AND WITHOUT DISTRACTION. Your driving behaviour is a key model for your children.

U-TURNS are illegal in a school zone. They are dangerous; creating many blind spots in an area of numerous young walkers and cyclists.

DON’T IDLE YOUR VEHICLE during pick up and drop off times. Idling contributes to poor air quality in the school zone, which negatively impacts student health.

Extra Safety Tips

IN THE NEIGHBOURHOOD

TRANSIT can be fun! Parent and child can take the route together a few times before it becomes a solo trip. Remember the bus driver is your friend, sit close to them and they can help.

SAFETY in NUMBERS Team up with another parent or neighbour to share the responsibilities of walking to or from school. If students are older, encourage them to walk with friends or older siblings.

AWARENESS & INDEPENDENCE. Teach your children how to stay safe by identifying friendly neighbours, friends or public places, and warning them about high traffic areas or corners that hide hazards. Exploring and learning about a community and city at a young age are lessons of life-long value.

Why Walk or Bike to School?

BENEFITS FOR STUDENTS

BEING ACTIVE builds healthy bodies and minds. Taking an active journey makes a student feel good about themselves and studies show they perform better in their classroom studies.

FAMILY AND FRIEND TIME

TIME SPENT WALKING TOGETHER gives families and friends an occasion to connect without stressful distractions. Parents and caregivers get an opportunity to model good pedestrian behaviour and affirm the benefits of regular physical activity.

COMMUNITY LIVABILITY

IMPROVED SAFETY FOR EVERYONE; pedestrians, cyclists and people in cars, is the result when more people walk and bike on the streets. Children, youth and families active and comfortable outdoors is a key indicator of a safe and healthy neighbourhood.

CARE FOR OUR EARTH

VEHICLE EMISSIONS ARE THE LARGEST CAUSE OF POOR AIR QUALITY IN BC and are individual Canadians’ greatest source of greenhouse gas emissions. Every vehicle trip replaced by walking reduces our contribution to climate change.

Find more information about safe, active trips - www.hastebc.org www.saferoutestoschool.ca additional cycling education and advocacy www.bikehub.ca

in your community www.surrey.ca/city-services/12493.aspx

KB Woodward Elementary School

All hand-drawn characters are provided by talented Surrey students at Bonaccord, Strawberry Hill, Fraser Wood, and KB Woodward Elementary schools.