



SURREY FIREFIGHTERS' CPR & FIRST AID PROGRAM

DIAL 911

FIRE • POLICE • MEDICAL

OUR INSTRUCTORS

All courses are taught by members of the Surrey Fire Department. All instructors are certified CPR and First Aid Instructors.

TO REGISTER

Contact our Surrey Fire Fighters CPR and First Aid Program coordinator at 604-790-5346 or surreyfirecpr@outlook.com

Classes can also be booked for groups of eight or more.

CPR COURSE LOCATIONS

SURREY FIRE DEPARTMENT
Training Centres

PRIVATE LOCATIONS

Our mobile program can accommodate training at a location that is convenient for your group provided adequate space is available.

SURREY FIREFIGHTERS' CPR & FIRST AID PROGRAM

7278 132nd Street
Surrey, BC V3W 4M4

604-543-6700

surreyfirefighters.com/cpr

Course content is based on guidelines established by ILCOR, International Heart and Stroke Foundations, and established life-saving organizations.



Surrey Firefighters
Local 1271



School District #36



North Surrey
Lions



WHAT IS CPR?

Cardiopulmonary Resuscitation, or CPR, is an emergency method of maintaining breathing and circulation when a patient's heart has stopped. It involves pressing on a patient's chest to circulate blood and forcing air into his or her lungs to provide the body with oxygen.



YOU CAN LEARN

- How to recognize a choking person and what you can do to help.
- How to recognize the signs and symptoms of a heart attack.
- How to call for help!
- How to tell when the heart and breathing have stopped.
- How to maintain the patient's breathing and pulse until trained help arrives.

YOU COULD SAVE A LIFE

Save a life by learning CPR in one of the many courses taught by the Surrey Firefighters' CPR and First Aid Program.

DID YOU KNOW...

MOST deaths from cardiac arrest occur outside of the hospital within 2 hours of the onset of symptoms?

SIX of the heart attack risk factors can be controlled or eliminated?

IF a bystander at the scene of a cardiac arrest starts CPR, chances of successful recovery are more than doubled?

YOU can be that person on the scene who helps to **SAVE A LIFE?**

OUR COURSES

CPR LEVEL A 4 HRS

Learn one rescuer adult CPR and choking for conscious and unconscious patients.

CPR LEVEL C 6 HRS

Designed for first responders, work-place teams and lifeguards. Includes one and two person CPR and choking for adults, children and babies.

EMERGENCY FIRST AID 8 HRS

This course includes basic first aid skills combined with CPR C. No previous training required.

CPR C RECERTIFICATION 4 HRS

Renew your C level certificate in this skills oriented course. CPR C certificate within the last three years required.

BLS BASIC LIFE SUPPORT 6 HRS

For advanced hospital care providers, this course covers one and two person CPR and obstructed airway for adults, children, and infants. Also includes Airway management and oxygen therapy endorsements. BLS certification valid for 1 year

All courses include AED (Automatic External Defibrillator) training. Certificates issued electronically, and are valid for three years, unless otherwise indicated.