GOING OUT? DO IT SAFELY

Your actions matter – make informed choices to keep yourself and others safe.

LOW RISK
+ Backyard barbecue with social bubble
+ Beaches and Parks
+ Camping
+ “Distanced” sports outside (tennis/golf)
+ Driving a car (solo/with household contacts)
+ Getting mail and packages
+ Going for a walk
+ Grocery and retail shopping
+ Restaurant takeout
+ Running/hiking/ biking solo or at a distance
+ Socially distanced picnic

MEDIUM RISK
+ Hair salon/ barbers
+ Hotel/BnB
+ Malls/ museums galleries
+ Medical/dental appointments
+ Movie theatres
+ Outdoor restaurant/patio
+ Playing on play structures
+ Public pools
+ School/camp/daycare
+ Taxi/ride shares
+ Visiting elderly or at-risk family/ friends in their homes
+ Weddings and funerals
+ Working in an office

HIGH RISK
+ Amusement parks
+ Bars and Nightclubs
+ Casinos
+ Conferences
+ Contact sports with shared equipment (football/basketball)
+ Crowded indoor restaurant
+ Crowded public transportation (bus, subway)
+ Cruise ships and resorts
+ Gyms and athletic studios
+ Hugging or shaking hands
+ Indoor party
+ Large gatherings
+ Music concerts, or where people are singing or shouting
+ Sporting events with new people
+ Sporting events in arenas and stadiums

Source: Government of Canada