



Welcome

The Fleetwood Community Centre is located in the heart of Fleetwood Town Centre. This multigenerational facility offers a wide variety of volunteer lead activities and fitness for adults 55+. We strive to meet the community's needs including fitness, health and wellness, bus trips, special events and more. Discover our facility today!

Phone number: 604-501-5030

Fleetwood Community Centre

Hours of Operation

Monday to Friday: 8am - 8pm

Saturday & Sunday: 8am - 5pm

Closed on Statutory Holidays



Memberships

Seniors Services Membership

The \$27.50 Seniors Services Membership grants adults 55+ access to volunteer lead activities held in all Surrey Recreation Facilities for one year. Pre-registration for these activities will be required.

Annual Recreation Passes

If you purchase an annual Recreation Pass, it will allow you access to all Surrey pools, arenas, weight rooms, and drop-in fitness classes. Did you know it also includes Seniors Services Membership?

60 Years - 69 Years—\$416.25

70 Years and older—\$138.75

Fleetwood 55+ Staff Team

Colleen Jeffrey – 55+ Coordinator

Jake Coey – 55+ Programmer

St. Patrick's Day

Come out and celebrate St. Patrick's Day with us! Enjoy some traditional Irish food and entertainment.

Fleetwood Community Centre ID# 356709
 Tuesday, March 12th 11:30am - 2:00pm
 Member: \$15.50 Non-Member: \$17.50

Lunar New Year Lunch

Our Lunar New Year luncheon is coming up soon! Ring in the new year with us and enjoy an afternoon of entertainment, celebration, and delicious Chinese cuisine.

Fleetwood Community Centre ID# 356710
 Tuesday, February 6th 11:30am - 2:00pm
 Member: \$20.00 Non-Member: \$22.00

Registered Programs

Spanish - Beginner - Adult

Learn basic Spanish vocabulary, pronunciation and phrases to help build conversational skills and comprehension.

Fleetwood Community Centre
 Mondays: 8 Sessions
 April 8th – June 3rd 5:00pm - 6:30pm
 Course ID# 368876 Fee: \$69.60

Spanish - Intermediate - Adult

Build on basic Spanish skills. Learn to build sentences and phrases to start to express ideas. For intermediate skill levels.

Fleetwood Community Centre
 Mondays: 8 Sessions
 April 8th – June 3rd 6:45pm - 8:15pm
 Course ID# 368877 Fee: \$69.60

Guitar - Beginner - Adult

Learn the basics of playing guitar including chords and finger placement. Must bring your own guitar.

Fleetwood Community Centre
 Mondays: 8 Sessions
 April 8th – June 3rd 7:15pm - 8:15pm
 Course ID# 368875 Fee: \$51.20

Line Dance - Beginner - 55+

Learn line dancing basics, dance combinations and routines. No partner or experience needed.

Fleetwood Community Centre
 Mondays: 8 Sessions Course ID# 368890
 April 8th – June 3rd 4:15pm - 5:15pm
 Member: \$38.40 Non-Member: \$51.20

55+ Seniors Services Membership Activities		
Monday	Mahjong	11:00am - 2:00pm
	Bingo	1:00pm - 3:00pm
	Ballroom Dance	1:00pm - 4:00pm
Tuesday	Coffee Social	9:00am - 12:00pm
	Bridge	12:30pm - 3:30pm
	Ballroom Dance	1:00pm - 4:00pm
	Table Tennis	6:30pm – 8:00pm
Wednesday	Knitting & Crocheting	9:00am - 12:00pm
	Coffee Social	10:00am - 12:30pm
	Table Tennis	12:00pm - 1:30pm
	Crib	12:30pm - 3:00pm
Thursday	Social in Mandarin	9:00am - 12:00pm
	Book Club	10:00am – 11:00am
	Seniors Services Connector	10:00am-12:00pm
	Live Music	12:00pm - 2:00pm
	Carpet Bowling	1:00pm - 3:00pm
Friday	Coffee Social	10:00am – 12:30pm
	Women's Social in Punjabi	10:00am - 1:00pm
	Table Tennis	2:00pm - 3:30pm
M - F	SEEP	2:00pm - 6:00pm
Saturday	SEEP	12:30pm - 4:30pm

Drop-in Table Tennis

Come try out Table Tennis at one of our weekly drop-in times. Now available on Tuesdays!

Tuesdays 6:30pm - 8:00pm

Wednesdays 12:00pm - 1:30pm

Fridays 2:00pm - 3:30pm

Drop-in Mahjong

Come by our new Monday drop-in time to play a few rounds of Mahjong, enjoy some coffee and tea, and socialize.

Mondays 11:00am – 1:00pm

Drop-in Book Club

Come by to enjoy some good reads, coffee, and discussion every week! *New book on February 15th.*

Thursdays 10:00am – 11:00am



VIEW *Online*

You can receive this newsletter by email. Sign up for Seniors Recreation & Events at surrey.ca/enews.

Movie Afternoon

Enjoy an afternoon of film. Movies range from classics to contemporary.

Cloverdale Recreation Centre

Tuesday, February 20th

1:00pm-3:00pm Event ID# 357554

Newton Recreation Centre

Tuesday, February 28th

1:00pm-3:00pm Event ID# 352957

Cloverdale Recreation Centre

Tuesday, March 19th

1:00pm-3:00pm Event ID# 357555

Seniors Volunteers

Volunteering at the City of Surrey is an enriching, fulfilling experience. Volunteer opportunities are available in a variety of activities at the Fleetwood Community Centre and throughout the City. For information, please connect with recreation centre staff and/or contact Volunteer Resources by phone at 604-598-5863 or email at volunteer@surrey.ca.

We are currently looking for an additional volunteer to support our drop-in BINGO program on Mondays from 1:00pm-3:00pm.

Crossword Puzzle

Across

6. When is Valentine's Day
9. What do we celebrate on Feb 14th?
11. Most popular flower/symbol of Valentine's
12. School children exchange these on Feb. 14
13. "Will you be my _____"
15. Cupid would shoot invisible _____
16. According to Roman mythology, Cupid is the son of _____

Down

1. St. Valentine is known as the patron saint of
2. School children sometimes celebrate with a Valentine's Day _____
3. Where does "From Your Valentine" come from?
4. A symbol of innocence
5. A piece of jewelry worn around your neck
7. A symbol of forever love
8. A stuffed animal often given on Valentine's Day
10. A winged and mischievous little angel
14. What is the Greek name for Cupid



Save The Date

Cribbage Tournaments

Guildford Recreation Centre ID# 359456
Friday, February 2nd 12:00pm - 4:00pm

Cloverdale Recreation Centre ID# 357548
Friday, February 9th 12:00pm - 3:30pm

Newton Seniors Centre ID# 372549
Friday, February 16th 12:00pm - 3:00pm

Fleetwood Community Centre ID# 373559
Friday, February 23rd 12:00pm - 3:00pm

Guildford Recreation Centre ID# 359458
Friday, March 1st 12:00pm - 4:00pm

Cloverdale Recreation Centre ID# 357549
Friday, March 8th 12:00pm - 3:30pm

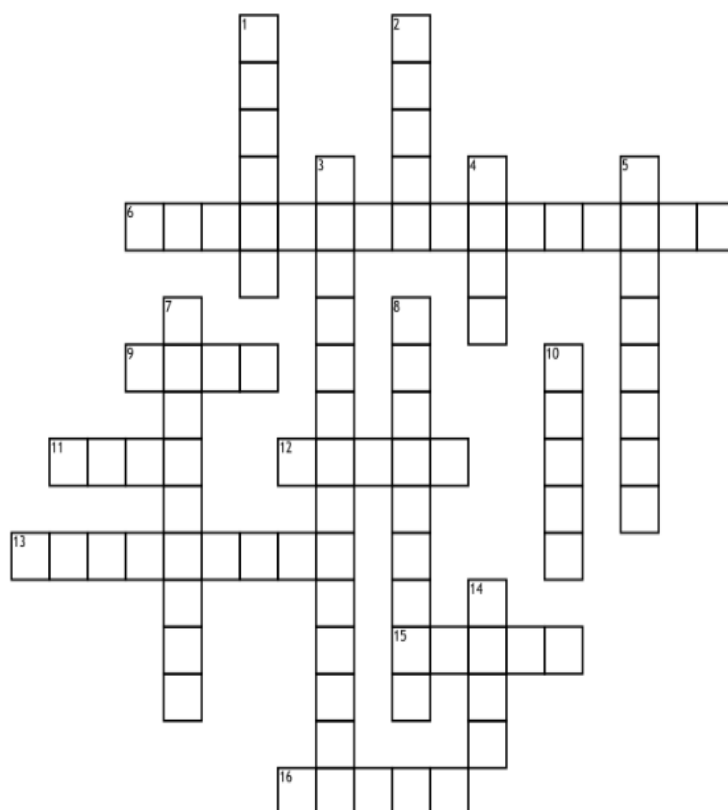
Bridge Tournaments

Chuck Bailey Recreation Centre ID# 369226
Friday, February 2nd 11:00am - 3:00pm

Cloverdale Recreation Centre ID# 357550
Tuesday, February 27th 11:00am - 3:00pm

Chuck Bailey Recreation Centre ID# 369227
Friday, March 1st 11:00am - 3:00pm

Cloverdale Recreation Centre ID# 357551
Tuesday, March 26th 11:00am - 3:00pm



55+ Group Fitness

Drop-in Fit 55+

Enjoy moderate intensity exercise consisting of low-impact cardio followed by muscle conditioning and relaxing stretch techniques.

Tue, Wed, Thu 10:30am - 11:30am

Drop-in Circuit Training 55+

Learn your way around the weight room. Use the equipment in a circuit format and learn what muscle groups each machine is used for. Proper form for improving cardio and strength is demonstrated.

Mon, Wed, Fri 9:00am - 10:00am

Drop-in Chair Exercises

Enjoy a workout that includes a cardio warm-up, muscle strengthening exercises, stretches and a cool-down session, all from the seat of your chair.

Wednesdays 10:30am - 11:30am

Armchair Traveler

Join Surrey Libraries and Recreation Surrey for online presentations from the comfort of your own home- or in person at one of our facilities! Travel to different destinations around the world through the world of documentaries. Enjoy photos, and video during these sessions with an opportunity for some discussion and sharing once the presentation is over.

Cloverdale Recreation Centre

Tuesday, February 06 1:00pm - 3:00pm
Event ID# 357552 Fee: \$5.50

Online

Wednesday, February 14 1:30pm - 2:30pm
Event ID# 356694 Free

Cloverdale Recreation Centre

Tuesday, March 5th 1:00pm - 3:00pm
Event ID# 357553 Fee: \$5.50

Online

Wednesday, March 13th 1:30pm - 2:30pm
Event ID# 356695 Free

Newton Seniors Centre

Wednesday, March 27th 1:00pm - 3:00pm
Event ID# 352956 Fee: \$5.50

WALKit Activity Program

Free admission for all walks.

Mud Bay Park Wed, February 7th
10:00am - 11:30am Event ID# 371329
12:00pm - 1:30pm Event ID# 377180

Fleetwood Community Centre - Fleetwood Walk

Wed, February 14th 10:00am - 11:30am
Event ID# 371330

Fleetwood Community Centre - Transit Training

Wed, February 14th 12:00pm - 1:30pm
ID# 372772

Tynehead Regional Park

Wed, February 21st 10:00am-11:30am Event ID# 371332
12:00pm-1:30pm Event ID# 377181

Elgin Heritage Park

Wed, February 28th 10:00am-11:30am Event ID# 371333
12:00pm-1:30pm Event ID# 377182

Surrey Nature Walks

Join a guided nature walk around the Surrey Nature Centre and Green Timbers Park. Walks are designed for all ages and will go rain or shine. Free admission for all walks.

Surrey Nature Centre

Saturday, February 10th 10:00am - 10:45am
Event ID# 349975

Surrey Nature Centre

Saturday, February 21st 10:00am - 10:45am
Event ID# 349961

Surrey Nature Centre

Wednesday, March 9th 10:00am - 10:45am
Event ID# 349976