

WEATHER.

The number of active trips to and from Ocean Cliff drops on rainy days. Dressing for the rain and cold weather with jackets, umbrellas and rain boots can help children stay dry and comfortable.



DRIVER BEHAVIOUR.

When driving to school be respectful of others, stay focused and avoid distractions. Be aware of parking and stopping rules. These rules are in place for the safety of everyone.



Consider parking a block or two away from school. This helps reduce traffic during pick up and drop off times and gives children the benefits of walking those last few of blocks.

CROSSING THE STREET.

Crossing the street can be a challenge. Teaching children how to cross a street is important so that everyone gets to school safely.



- Always cross at a marked crosswalk.
- If a crosswalk is not available, always cross at an intersection.
- At a traffic light use the pedestrian pushbutton and wait until it is time to cross.
- Stop before stepping into the street.
- Look both ways and make eye contact with drivers.
- Make sure all cars have stopped before crossing.

TRAVELLING ON STREETS WITHOUT SIDEWALKS.

When walking on a street that doesn't have a sidewalk stay close to the edge of the street or walk on the shoulder. Try facing traffic as you walk so you can see vehicles travelling towards you.

THE BENEFITS OF WALKING OR ROLLING TO SCHOOL...



ENVIRONMENT.

Cars, trucks and other motor vehicles produce more than half of Surrey's greenhouse gas emissions. Every active trip reduces traffic and pollution making the air cleaner for everyone.



HEALTH.

The Public Health Agency of Canada (PHAC) recommends children get at least one hour of physical activity a day. Walking or rolling to school can help students become more active and create good habits for an active lifestyle.



ACADEMIC PERFORMANCE.

Children that walk or roll to school arrive more alert and ready to learn, have better concentration in class, and are happier than children driven to school.



FRIENDS, FAMILY AND COMMUNITY.

Active travel promotes social contact with friends, family, and neighbours and creates safer communities.



LIFELONG SKILLS AND BUILDING INDEPENDENCE.

Active travel builds confidence and promotes independence. It teaches lifelong skills, like road safety and the importance of individual health and the environment.



IT'S FUN.

Walking, biking, skateboarding and riding a scooter is fun for students and helps promote positive views towards exercise!



For more information about biking in Surrey check out

<http://www.surrey.ca/city-services/2220.aspx>




BEST ROUTES TO SCHOOL


OCEAN CLIFF

safe &
active
SCHOOLS
PROGRAM
CITY OF SURREY

CYCLING TO SCHOOL

 Wear a helmet

Stay on the right side of the street as close to the curb as possible

 Use hand signals to let others know the direction you are going

Pay attention to traffic signs and signals and follow the rules of the road



 Use your bell to alert others when passing

OCEAN CLIFF SCHOOL TRAVEL PLANNING VISION

“By increasing trips by active travel, the Ocean Cliff community will provide students with lifelong skills and attitudes that promote environmental and individual health, a sense of community and independence.”

The Best Routes to School and the content in this brochure is based on information received from parents, caregivers, the school community and the City of Surrey’s transportation department.

LEGEND

- | | | | | | | | |
|---|------------------|---|-----------------------|---|------------------|---|---------------------------|
|  | All Way Stop |  | Sidewalks |  | School Catchment |  | Best Route |
|  | Marked Crosswalk |  | Trails and Paths |  | School |  | Best Route (Off Street) |
|  | Traffic Signal |  | On Street Bike Routes |  | Parks |  | Best Route (No Sidewalks) |
|  | Transit Stops | | | | | | |

