

Seed Paper Flower Activity Guide

Materials and equipment needed to make a flower:

- 1 colourful pony bead (or you can loop the end of the pipe cleaner around your finger)
- 1 chenille stem (pipe cleaner)
- 8 - 5"x5" squares of tissue paper (petals)
- 1 - 4"x2" square of green paper (leaf)
- Jar lid or glass to make a circle pattern
- Cardboard circle pattern
- Pencil
- Scissors (fancy edge optional)
- Paper punch

Additional materials for plantable option:

- ¼ cup flour
- 2 tbsp warm water
- Small bowl and spoon for mixing
- Toothpick or similar for applying paste
- Additional 5 - 5"x5" squares of tissue paper
- 10 flower seeds, preferably small and flat (like hollyhocks or poppies)



HISTORIC STEWART FARM

Step 1 – Put bead on pipe cleaner, or loop and twist end around finger. The loop or bead is the pistil and stamen on a real flower, the part that bees brush against to help the flower soak up and spread pollen from and to other plants. The pipe cleaner is the stem and roots of your flower, which soak up nutrients and water from the ground.

Step 2 – Cut 7-10 tissue circle paper petals - about 4 inches wide (cut 15 to make a seed filled flower). These are the petals of your flower – the bright colours attract bees who visit then take the flower’s pollen to other flowers.

Step 3 – one at a time put the stem through the middle of your petals. Optional: before putting together petals mix flour and water. Then with a toothpick paste 10 seeds onto 5 petal papers using a dab of flour glue. Let dry then add in-between the other petals of your flower during step 3.

Step 4 – Squish petals together around the pistil and stamen (or centre) of your flower. Remember to be gentle!

Step 5 – Trace and cut your leaves, holepunch the leaves on bigger side. This is the leaf of your flower which soaks up the important sun, and some water, helping the flower grow strong.

Step 6 – Add leaf to flower by sliding leaves up stem from bottom.

Step 7 – You are done! Take a photograph of your finished flower and name all the parts of the flower and what it needs to grow and send this photo and list to your teacher. You can also send the photo to a friend or family member you cannot see right now.

Optional Step 8 – If you made a seed covered flower, find a sunny spot, dig a hole in the soil, place seed covered petals in the ground, cover with soil and water until the soil is wet! Make sure to water again when the dirt is dry, this will keep the flowers roots growing strong.