

Sensory Friendly Space at Grandview Heights Aquatic Centre

Grandview Heights has a Sensory Friendly Space.



If I am feeling overwhelmed or I need a quiet break, I can go to the Sensory Friendly Space to relax.



The space is located at the stairs, at the end of the viewing area. If I need help finding the space, I can ask a staff member.



I can read a book, use the fidget toys, or play a game. I can watch what is happening in the pool.



I can borrow headphones at the front desk if they help me to relax. I can use the headphones in the Sensory Friendly Space, in the lobby and on the pool deck, but not in the pool.



Everyone is welcome to use the Sensory Friendly Space, including kids and adults. It is a place to relax and feel calm.

