



Resource Guide

Spirit of Harriet Tubman performance at SPARK

Surrey SPARK Stages hopes to spark imaginations and values your well-being. As there might be questions before, during or after the show, please feel free to use the links below.

Books to Help Talk about Racism with Kids - Child & Youth Appropriate

1. Surrey Libraries booklist - Catch a ride on the Underground Railroad with this list of titles for Surrey SPARK Stages' performance of "The Spirit of Harriet Tubman." For intermediate grades.
[https://surrey.bibliocommons.com/list/share/1079076297_sl_surreysparkstages/2027970089_surrey_spark_stages_-_the_spirit_of_harriet_tubman_\(intermediate\)](https://surrey.bibliocommons.com/list/share/1079076297_sl_surreysparkstages/2027970089_surrey_spark_stages_-_the_spirit_of_harriet_tubman_(intermediate))
2. Primary Picture Books
The Stone Thrower. Written by Jael Ealey Richardson and illustrated by Matt James
A is for Activist. Written and illustrated by Innosanto Nagara
3. Leslie McCurdy's Resource List for Age-Appropriate Books on Anti-Racism
https://docs.google.com/document/d/1zmZm70BCexAiw_aa92HCbFLANVZ4W0aRqN7ifMTMAme/edit?usp=sharing

Talking to Kids about Racism - Adult Appropriate

1. Canadian Cultural Mosaic Foundation - A YouTube video, a Facebook live recording, on how to talk to kids of all ages and all backgrounds on racism featuring three incredible community advocates Michelle Robinson, Cynthia Okafor and Jeny Mathews-Thusoo.
<https://www.youtube.com/watch?v=Xy5LAN0D7cU>
<https://www.canadianculturalsmosaicfoundation.com/>
2. UNICEF Canada
<https://www.unicef.ca/en/blog/talking-your-kids-about-racism>
4. PBS for Parents - How to talk to honestly with kids about racism.
<https://www.pbs.org/parents/thrive/how-to-talk-honestly-with-children-about-racism>
3. P.R.I.D.E Podcast - We are asking an important question: How does implicit bias affect children? We examine what implicit bias is, why it leads to children being punished more in school, how it impacts the valuing of home language, and what we can do to counteract it.
<https://www.racepride.pitt.edu/in-my-skin-podcast/>

Black History

1. Kids Black History- Child Appropriate - Welcome to the official trailer for Kids Black History. The videos on Kids Black History are designed for Early Years/Foundation Stage and Key Stage One. This would typically be ideal for children between the ages of 2 - 7.

<https://www.youtube.com/c/KidsBlackHistory/videos>

2. Britannica Kids – All Ages Appropriate - Learn and see pictures about the history of the underground railway and Harriet Tubman.

Up to grade 5 - <https://kids.britannica.com/kids/article/Underground-Railroad/353882>

Grades 6-8 - <https://kids.britannica.com/students/article/Underground-Railroad/277499>

3. City of Surrey – Adult Appropriate - Let's come together to celebrate and learn about the many achievements and contributions of Black Canadians who, throughout history, have done so much to make Canada the culturally diverse country it is today.

<https://www.surrey.ca/news-events/news/black-history-month-surrey>

4. Daily Dose of Blackness - Young Adult & Adult Appropriate - We are a group of Black teenagers in Surrey, BC. We want to share our stories about Black struggles: to talk to and about Black youth. All too often Black youth feel isolated and marginalized and the Daily Dose of Blackness is designed to centre and celebrate Black youth, our experiences, and our struggles.

<https://www.dailydoseofblackness.ca/inspiration>

Support Links

1. RiseUp - RiseUp powered by Kids Help Phone is Canada's first national, 24/7, bilingual e-mental health support service for Black youth. The service is free and available from coast to coast to coast.

Text: RISE to 686868 | Call: 1-800-668-6868

<https://kidshelpphone.ca/get-info/support-for-black-youth-riseup-powered-by-kids-help-phone/>

2. Vancouver Black Therapy Foundation - VBT&AF is a non-profit organization committed to connecting black community members to mental health resources such as free therapy and advocacy services

<https://vancouverblacktherapyfoundation.com/resources>

Library Links for Surrey SPARK Stages performances

Thanks Surrey libraries!! Click on the link below to see booklists for all SPARK performances:

<https://surrey.bibliocommons.com/lists/show/1079076297>