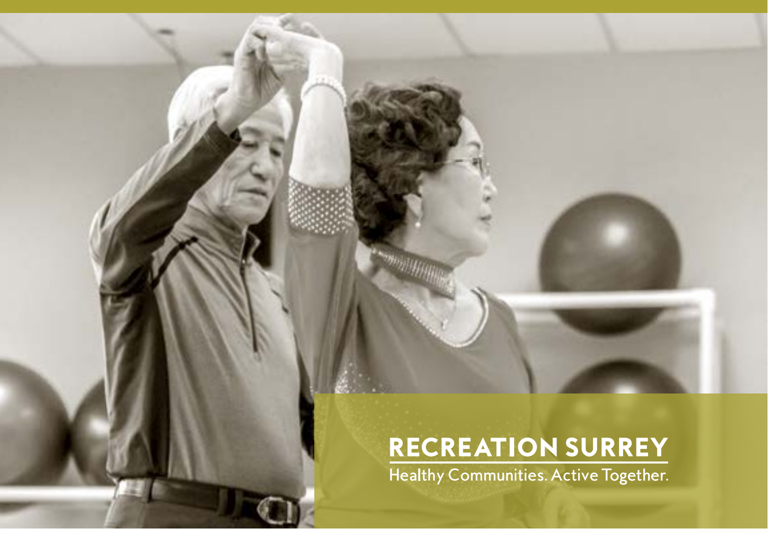
Seniors 55+

ACTIVITIES & DROP-IN SCHEDULES



HEALTHY, ACTIVE LIVING

Find Your Fit!

Interested in trying something new, meeting new people and enjoying a healthy, active lifestyle? Supporting health and wellness through fun, active living, City of Surrey's adult 55+ programs, services, resources and events are designed to meet the needs of all interests and abilities.

Winter 2025 JAN 6 – MAR 30
ALL FACILITIES

DROP-IN ADMISSIONS & PASSES

Our variety of admissions and passes offer great value and access to all drop-in activities valid at any of our recreation facilities including: pools, arenas, gyms and fitness centres.

Recreation Pass Unlimited Visits Annual or Monthly

Type	Term	Child/Youth 2–18yrs	Student*	Adult 19–59yrs	Senior 60–69yrs	Senior 70yrs+	Family‡
Recreation Pass	1 year	$284.50	$426.75	$569.00	$426.75°	$170.75°	$1138.00
	1 month	39.00	58.25	77.75	58.25	23.50	155.50

Admissions Single or Multi-Visit

Type	Term	Child/Youth 2–18yrs	Student*	Adult 19–59yrs	Senior 60–69yrs	Senior 70yrs+	Family
Single Price	1 visit	$ 3.75	$ 5.75	$ 7.50	$ 5.75	$ 2.25	$ 3.75^
Swipe Pass	5 visits	18.00	27.00	35.75	27.50	10.75	N/A
	10 visits	33.75	50.75	67.50	51.75	20.25	N/A
	20 visits	60.00	90.00	120.00	92.00	36.00	N/A

Payment Options

Surrey offers monthly payment options for the annual Recreation Pass. Make payments using automatic debit or credit card. Skip the lineup and buy your annual, monthly or swipe passes online.

* Rates only apply for designated post-secondary institutions and require proof of student ID.
° Includes a complimentary Seniors Services Membership.
‡ Includes a maximum of two adults and unlimited children 18 years or younger.
^ Per family member (minimum one adult and one child 18 years or younger).

Note: Specialty pricing on certain arena programs may apply. View arena schedule for details.

Know BEFORE YOU GO Recreation Centre hours may change for public holidays. Check online first! **surrey.ca/holidayhours**

Schedules are subject to change without notice. Check online for updated information.

Winter 2025 ■ 604-501-5100

139751 / 2025

CITY OF SURREY surrey.ca/dropin

Seniors Services Membership 55+

DROP-IN ACTIVITIES

Senior Services Memberships provide access to free volunteer-led drop-in activities and seniors lounges across Surrey for only $30 per year.

CHUCK BAILEY RECREATION CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Billiards	9am–9pm	9am–9pm	9am–9pm	9am–9pm	9am–4pm	9am–4pm	9am–4pm
Bingo						11am–1:30pm	
Bridge			*Every 3rd Wednesday* 12:30pm–3pm		12:30pm–3pm		
Carpet Bowling		9:30am–12pm		9:30am–12pm			
Choir		12:30pm–2:30pm					
Knitting				1pm–3pm			
Painting		9:30am–12:30pm					

CLAYTON COMMUNITY CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Electric Guitar					10am–12pm		
Games Social					10am–12pm		
Mahjong Seniors Services			10am–12pm				
Seep		11am–2pm		11am–2pm			
Textile Crafters	10am–12pm						

CLOVERDALE RECREATION CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bingo			1pm–3pm				
Bluegrass				1pm–3pm			
Choir				1pm–3pm			
Computer Group				10am–12pm			
Cribbage	1pm–3pm						
Fiddling		1:30pm–4pm					
Guitar	1pm–4pm						
Knitting			10am–12pm				
Mahjong				1pm–4pm			
Painting		12:30pm–2:30pm					
Poker			10:30am–4pm				
Quilting	9:30am–12:30pm						
Scrabble			12:30pm–2:30pm				
Social in Punjabi		1pm–3pm					
Stamp Collecting	*Every 4th Monday* 1pm–3pm						
Ukulele			10am–12pm				
Woodcarving					9am–11am		

FLEETWOOD COMMUNITY CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Seniors Drop-in			10am–12pm		10am–12pm		
Ballroom Dance	1pm–4pm	1pm–4pm					
Bingo	1pm–3pm						
Bridge		12:30pm–3pm					
Carpet Bowling				1pm–3pm			
Cribbage			12:30pm–3pm				
Knitting			9am–12pm				
Live Music				11:30am–2pm			
Mahjong				12:30pm–4:30pm			
Seep	2pm–6pm	2pm–6pm	2pm–6pm	2pm–6pm	2pm–6pm	12:30pm–4:30pm	
Social for Women		9am–12pm					
Social in Mandarin				9am–12pm			
Social in Punjabi					10am–1pm		

SURREY ARTS CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pottery	10:15am–2:15pm						

FRASER HEIGHTS RECREATION CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Seniors Drop-in					10:30am–12:45pm		
Cribbage				12:30pm–3:30pm			

GUILDFORD RECREATION CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Seniors Drop-in	9am–4pm	9am–4pm	9am–4pm	9am–4pm	9am–4pm		
Ballroom Dance				1pm–3pm			
Canasta	12pm–2pm		12pm–2pm		12pm–2pm		
Carpet Bowling	10:30am–12:30pm						
Knitting			1pm–3pm				
Live Music					10:30am–12:30pm		
Scrabble					9:30am–1pm		
Ukulele	2pm–4pm						

NEWTON SENIORS CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Billiards	8:45am–3:15pm	8:45am–3:15pm	8:45am–3:15pm	8:45am–3:15pm	8:45am–3:15pm		
Bingo				1pm–3pm			
Canasta		1pm–3pm					
Carpet Bowling	9am–11am		1pm–3pm				
Computer Group	1pm–3pm				10am–12pm		
Cribbage			12pm–3pm	12pm–3pm			
Knitting		10am–12pm		1pm–3pm			
Live Music		10am–12pm					
Painting					10:30am–1:15pm		
Rummoli					1pm–3pm		
Social in Punjabi			10am–12:30pm				
Woodcarving	9:15am–12pm						
Writing					10am–12pm		

NORTH SURREY SPORT AND ICE COMPLEX

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Uyghur Dance	9:30am–11:30am		10:30am–12:30pm		12pm–2pm		

SOUTH SURREY RECREATION & ARTS CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bridge	9:15am–1:15pm						

Locations

CLOVERDALE

Clayton Community Centre
7155 187A Street **604-502-6300**

Cloverdale Recreation Centre
6188 176 Street **604-598-7960**

FLEETWOOD

Fleetwood Community Centre
15996 84 Avenue **604-501-5030**

GUILDFORD

Guildford Recreation Centre
15105 105 Avenue **604-502-6360**

NEWTON

Newton Seniors Centre
13775 70 Avenue **604-501-5010**

SOUTH SURREY

South Surrey Recreation & Arts Centre
14601 20 Avenue **604-592-6970**

WHALLEY

Chuck Bailey Recreation Centre
13458 107A Avenue **604-598-5898**

North Surrey Sport and Ice Complex
10950 126A Street **604-591-4410**

Surrey Arts Centre
13750 88 Avenue **604-501-5566**

The Recreation Passcard is mandatory at all facilities for drop-in activities and is free of charge. For details visit **surrey.ca/passes.**

Seniors Services Membership 55+ ACTIVITY DESCRIPTIONS

There are a large variety of seniors volunteer-led activities in the City of Surrey recreation centres. Seniors Services Membership required.

PROGRAM	DESCRIPTION
Badminton*	Participants with experience are welcome. Game play and player rotation between courts.
Ballroom Dance	Take part in this introduction to ballroom dancing.
Billiards	Join a game of billiards.
Bingo	Play a game or two of Bingo. Cards are available for a small fee.
Bluegrass	Bring your acoustic instrument and come jam with this fun group.
Bridge/Partners Bridge	Join in on a game of bridge. Playing cards provided.
Canasta	Come play! Cards provided.
Card Games	Join in a game of cards. Players choose what game to play. Cards provided.
Carpet Bowling	Join others for a friendly game or two of low-impact carpet bowling.
Choir	Add your voice to the choir and sing to old and new favourites.
Computer Group	Practise your computer skills or learn new ones. Workshops and resources offered to increase your computer know-how. Volunteers are available to answer questions.
Cribbage	Come play cribbage! Cards and cribbage set provided.
Drop-in 55+	Drop in anytime and enjoy a cup of coffee or socialize with others.
Electric Guitar	Bring your electric guitar and practice your skills with others. Beginners welcome.
Fiddlers	Play your favourite songs in a group setting. Bring your own instrument. All skill levels welcome.
Guitar	Bring your guitar and practise your skills with others.
Knitting and Crocheting	Bring your own yarn and supplies to create a variety of wearable and decorative crafts for the community.
Live Music	Bring your musical instrument and practise and perform songs with other players. Audience welcome.
Mahjong	Join a game of Mahjong. New players welcome.

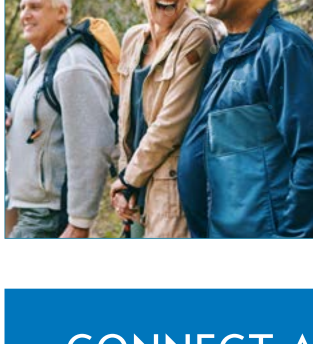
PROGRAM	DESCRIPTION
Painting	Bring your art project and supplies to work on, while socializing with others. Share tips and tricks. All skill levels welcome.
Pickleball*	Participants with experience are welcome. Game play and player rotation between courts.
Poker	Get your poker face on and join a round of poker. No formal instruction.
Pottery	For potters interested in non-instructional time to work on your own projects.
Quilting	Enjoy meeting other quilters while finishing your quilting projects. Some supplies included.
Rummoli	Come play a social round or two.
Seep	Take part in a game of Seep. Hosted in Punjabi only.
Social in Punjabi for Women	Meet other seniors. In Punjabi only.
Social – Women's	Meet other 55+ women during this social time.
Stamp Collecting	Show off your stamp collection or come and learn more about the hobby.
Table Tennis*	Take part in a game of table tennis.
Textile Crafters	Join fellow crafters in a social skill-sharing environment. Bring a project or start a new one.
Ukulele	Bring your own instrument and come join the ukulele circle.
Uyghur Dance	Take part in an introduction to Uyghur dance. Learn traditional Chinese dances.
Woodcarving	Bring your carving tools and your favourite piece of wood. Share your project and knowledge with other wood carvers.
Writing	Share your stories through writing. Work towards mastering the art of storytelling.

Programs are subject to change without notice.

Look on the Gymnasium Drop-in Schedule for locations and times for these gym sport activities.

HEALTHY ACTIVE AGING

Join the Surrey Age Friendly community



agefriendlyforseniors@surrey.ca

CONNECT AND SHARE ON SOCIAL MEDIA

Facebook
@TheCityofSurrey
@surreybcrec
@SurreyLibraries
@HeritageSurrey
@MuseumofSurrey
@SurreyCanadaDay
@SurreyCivicTheatres
@SurreyFusionFestival

Instagram
@thecityofsurrey
@surreybcrec
@StewartFarmBC
@MuseumofSurrey
@surreybcevents
@surreylibraries
@surreyartgal

Explore, Engage, Enjoy

YOUR PASS TO A WORLD OF RECREATION!

Buy an Annual Rec Pass Between DEC 1 – JAN 31
Get an Extra Month FREE

surrey.ca/passes

RECREATION SURREY
Healthy Communities. Active Together.

RECREATION, SOCIAL & LEARNING Opportunities

Seniors Services Membership

Enjoy healthy, active living with Recreation Surrey's wide variety of drop-in recreation, social and learning opportunities. Have fun, get fit, join a group, become a member or just drop in for something new.

Recreation Passes

In addition to our Seniors Services Membership activities, City of Surrey offers a wide variety of drop-in opportunities within our safe and welcoming facilities.

SENIORS SERVICES MEMBERSHIP	RECREATION PASS
55 years+ **$30.00 Annual**	60 – 69 years **$426.75 Annual or $58.25 for 1 month** 70 years + **$170.75 Annual or 23.50 for 1 month**
Access to drop-in social activities, hobby groups and learning opportunities Discounted pricing on select registered programs and special events.	Access to drop-in: swimming, aquatic fitness classes, gymnasium sports, skating, hockey and group fitness classes. Valid at any of our recreation facilities including pools, arenas, gyms and fitness centres.
Discounted pricing on bus trips. Access to 55+ gymnasium drop-in programs	**Receive a FREE Seniors Services Membership automatically when you purchase an annual Recreation Pass.**

WALKit **surrey.ca/walkit**

Walking is a great way to get around, explore our city and help achieve your fitness goals. Join us for a walk, or use our web map to explore your neighbourhood!

- The WALKit Web Map is an online interactive tool that seniors can use to find age friendly pedestrian routes across the city.
- The WALKit Activity Program 55+ is offered weekly year-round. Join us for our group walks to work on mobility, meet new people and chat about different points of interest along the way. We use the WALKit web-based map to plan out Age Friendly and Pedestrian friendly routes. We explore and learn more about a different area of Surrey each week.

Digital Technology Hub

Stay Connected!

The Digital Technology Hub is a free platform to help older adult access the digital world, making it easier to connect to services, programs and people. Easy-to-use resources on internet access, devices, training, tech support, virtual health care and online activities. Visit surrey.ca/digitalhub to learn more and get connected today!

Connecting Generations

Are you interested in building intergenerational connections in the community? Through participating in engaging activities of similar interest, seniors and youth can share their knowledge and experience while exploring their differences as well as similarities, listen to, learn from each other, and build connections. Various activities offered throughout different locations in Surrey.

For more information: agefriendlyforseniors@surrey.ca
surrey.ca/about-surrey/seniors/connecting-generations

Healthy Active Aging

The City of Surrey is leading the way in supporting healthy active aging through its Age Friendly Strategy. Age Friendly initiatives and events are made possible through the Age Friendly Network collective and are organized through multiple collaborations and partnerships that support opportunities to gain knowledge and information that help to build resilience and meaningful social connections in the community.

- Webinars | Forums
- Seniors Week Celebrations
- National Seniors Day Celebration
- World Elder Abuse Awareness Day

Focus On Seniors WEBINAR

Join us for an informative webinar for seniors, their families and caregivers. Tune in for a variety of topics and resources relevant to 55+ adults living in Surrey.

ONLINE	1 Session FREE		55yrs+
Wednesday	11am–12pm	January 15	00421769
Wednesday	11am–12pm	February 19	00421772
Wednesday	11am–12pm	March 19	00421775

For more information on local resources for seniors, caregivers, and their families, programs, services and events, visit **surrey.ca/seniors.**