



Welcome

The Fleetwood Community Centre is located in the heart of Fleetwood Town Centre. This multigenerational facility offers a wide variety of volunteer lead activities and fitness for adults 55+. We strive to meet the community's needs including fitness, health and wellness, bus trips, special events and more. Discover our facility today!

15996 84 Avenue, Surrey, BC V4N 0W1

Monday to Friday: 8am - 8pm

Saturday & Sunday: 8am - 5pm

Closed on Statutory Holidays

Phone: (604) 501-5030



Memberships

Seniors Services Membership

The \$27.50 Seniors Services Membership grants adults 55+ access to volunteer lead activities held in all Surrey Recreation Facilities for one year. Pre-registration for these activities will be required.

Annual Recreation Passes

If you purchase an annual Recreation Pass, it will allow you access to all Surrey pools, arenas, weight rooms, and drop-in fitness classes. Did you know it also includes Seniors Services Membership?

60 Years - 69 Years—\$416.25

70 Years and older—\$138.75

Fleetwood 55+ Staff Team

Colleen Jeffrey – 55+ Coordinator

Jake Coey – 55+ Programmer

St. Patrick's Day

Don't miss out on registering for our St. Patrick's Day luncheon! Celebrate the day with hearty Irish cuisine, entertainment, and refreshments. You can expect stew—beef or veggie, along with fluffy bread rolls and colcannon on the side.

Fleetwood Community Centre ID# 356709

Tuesday, March 12th 11:30am - 2:00pm

Member: \$15.50 Non-Member: \$17.50

Registered Programs

Spanish - Beginner - Adult

Learn basic Spanish vocabulary, pronunciation and phrases to help build conversational skills and comprehension.

Fleetwood Community Centre

Mondays: 8 Sessions

April 8th – June 3rd 5:00pm - 6:30pm

Course ID# 368876 Fee: \$69.60

Spanish - Intermediate - Adult

Build on basic Spanish skills. Learn to build sentences and phrases to start to express ideas. For intermediate skill levels.

Fleetwood Community Centre

Mondays: 8 Sessions

April 8th – June 3rd 6:45pm - 8:15pm

Course ID# 368877 Fee: \$69.60

Guitar - Beginner - Adult

Learn the basics of playing guitar including chords and finger placement. Must bring your own guitar.

Fleetwood Community Centre

Mondays: 8 Sessions

April 8th – June 3rd 7:15pm - 8:15pm

Course ID# 368875 Fee: \$51.20

Line Dance - Beginner - 55+

Learn line dancing basics, dance combinations and routines. No partner or experience needed.

Fleetwood Community Centre

Mondays: 8 Sessions Course ID# 368890

April 8th – June 3rd 4:15pm - 5:15pm

Member: \$38.40 Non-Member: \$51.20

Oil Painting - Beginner - Adult

In this pressure-free course, explore the medium of oil paint through simple projects. You'll learn the basics of colour mixing, brush techniques, building texture, and more!

Fleetwood Community Centre

Thursdays: 9 Sessions

April 11th – June 6th 5:30pm - 7:30pm

Course ID# 368892 Fee: \$119.70

55+ Seniors Services Membership Activities		
Monday	Mahjong	11:00am - 2:00pm
	Bingo	1:00pm - 3:00pm
	Ballroom Dance	1:00pm - 4:00pm
Tuesday	Coffee Social	9:00am - 12:00pm
	Bridge	12:30pm - 3:30pm
	Ballroom Dance	1:00pm - 4:00pm
	Table Tennis	6:30pm – 8:00pm
Wednesday	Knitting & Crocheting	9:00am - 12:00pm
	Coffee Social	10:00am - 12:30pm
	Table Tennis	12:00pm - 1:30pm
	Crib	12:30pm - 3:00pm
Thursday	Social in Mandarin	9:00am - 12:00pm
	Book Club	10:00am – 11:00am
	Seniors Services Connector	10:00am-12:00pm
	Live Music	12:00pm - 2:00pm
	Carpet Bowling	1:00pm - 3:00pm
Friday	Coffee Social	10:00am – 12:30pm
	Women's Social in Punjabi	10:00am - 1:00pm
	Table Tennis	2:00pm - 3:30pm
M - F	SEEP	2:00pm - 6:00pm
Saturday	SEEP	12:30pm - 4:30pm

Drop-in Table Tennis

Come try out Table Tennis at one of our weekly drop-in times. Now available on Tuesdays!

Tuesdays 6:30pm - 8:00pm

Wednesdays 12:00pm - 1:30pm

Fridays 2:00pm - 3:30pm

Drop-in Mahjong

Come by our new Monday drop-in time to play a few rounds of Mahjong, enjoy some coffee and tea, and socialize.

Mondays 11:00am – 1:00pm

Drop-in Book Club

Come by to enjoy some good reads, coffee, and discussion every week! *New book on February 15th.*

Thursdays 10:00am – 11:00am



Movie Afternoon

Enjoy an afternoon of film. Movies range from classics to contemporary.

Cloverdale Recreation Centre

Tuesday, March 19th

1:00pm-3:00pm Event ID# 357555

Newton Seniors Centre

Wednesday, April 3rd

1:00pm-3:00pm Event ID# 369122

Cloverdale Recreation Centre

Tuesday, April 16th

1:00pm-3:00pm Event ID# 370181

Seniors Volunteers

Volunteering at the City of Surrey is an enriching, fulfilling experience. Volunteer opportunities are available in a variety of activities at the Fleetwood Community Centre and throughout the City. For information, please connect with recreation centre staff and/or contact Volunteer Resources by phone at 604-598-5863 or email at volunteer@surrey.ca.

We are currently looking for an additional volunteer to support our drop-in BINGO program on Mondays from 1:00pm-3:00pm.

Crossword Puzzle

Across

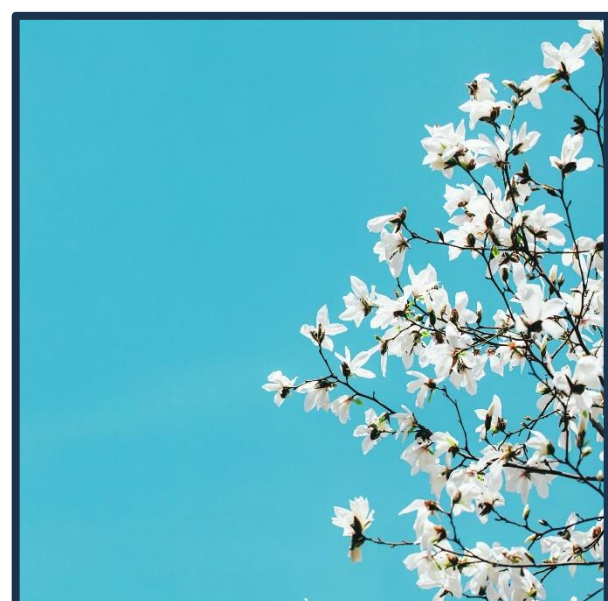
- Love, Loyalty and Friendship
- Beware the _____ of March
- March was named after the Roman God of _____
- Flower of Ireland
- Erin go Bragh translated
- This happens on March 10th
- Found in Irish folklore

Down

- "Comes in like a lion and out like a _____"
- Who is the Patron Saint of Ireland?
- This sport is played during March Madness
- Birthstone of March
- Kiss the _____
- Found at the end of the rainbow
- A musical instrument in Ireland

March Break Notice

A few programs will be affected from *March 18th – March 29th*. Please see the Front Desk staff for more information, and a revised schedule.



Save The Date

Cribbage Tournaments

Guildford Recreation Centre ID# 359458
Friday, March 1st 12:00pm - 4:00pm

Cloverdale Recreation Centre ID# 357549
Friday, March 8th 12:00pm - 3:30pm

Newton Seniors Centre ID# 372550
Friday, March 15th 12:00pm - 3:00pm

Fleetwood Community Centre ID# 373559
Friday, March 22nd 12:00pm - 3:00pm

Guildford Recreation Centre ID# 380898
Friday, April 5th 12:00pm - 4:00pm

Cloverdale Recreation Centre ID# 370185
Friday, April 12th 12:00pm - 3:30pm

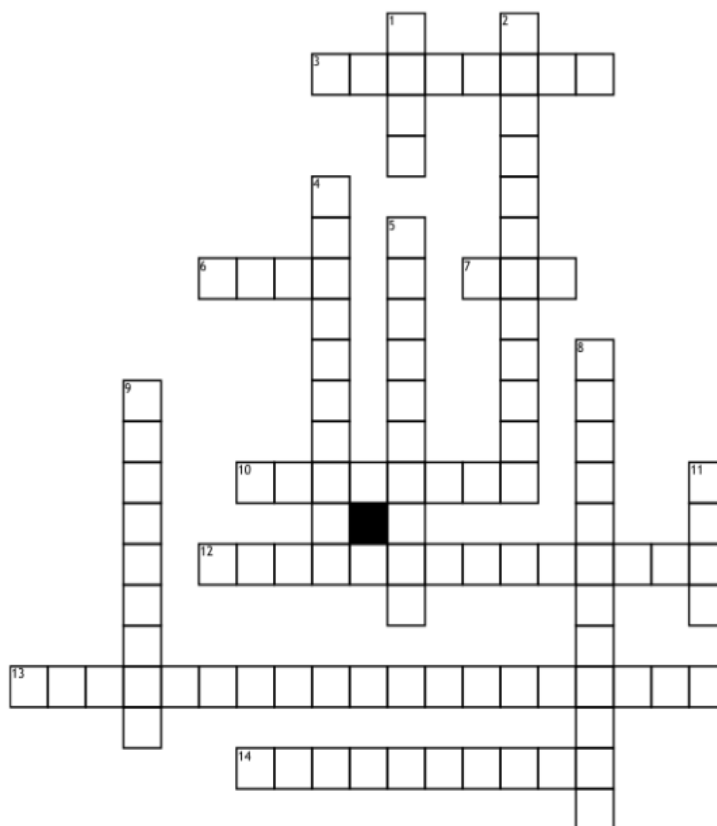
Bridge Tournaments

Chuck Bailey Recreation Centre ID# 369227
Friday, March 1st 11:00am - 3:00pm

Cloverdale Recreation Centre ID# 357551
Tuesday, March 26th 11:00am - 3:00pm

Chuck Bailey Recreation Centre ID# 379234
Friday, April 5th 11:00am - 3:00pm

Cloverdale Recreation Centre ID# 370189
Tuesday, April 30th 11:00am - 3:00pm



55+ Group Fitness

Drop-in Fit 55+

Enjoy moderate intensity exercise consisting of low-impact cardio followed by muscle conditioning and relaxing stretch techniques.

Tue, Wed, Thu 10:30am - 11:30am

Drop-in Circuit Training 55+

Learn your way around the weight room. Use the equipment in a circuit format and learn what muscle groups each machine is used for. Proper form for improving cardio and strength is demonstrated.

Mon, Wed, Fri 9:00am – 10:00am

Drop-in Chair Exercises

Enjoy a workout that includes a cardio warm-up, muscle strengthening exercises, stretches and a cool-down session, all from the seat of your chair.

Wednesdays 10:30am – 11:30am

Armchair Traveler

Join Surrey Libraries and Recreation Surrey for online presentations from the comfort of your own home- or in person at one of our facilities! Travel to different destinations around the world through the world of documentaries. Enjoy photos, and video during these sessions with an opportunity for some discussion and sharing once the presentation is over.

Cloverdale Recreation Centre

Tuesday, March 5th 1:00pm - 3:00pm
Event ID# 357553 Fee: \$5.50

Online

Wednesday, March 13th 1:30pm - 2:30pm
Event ID# 356695 Free

Newton Seniors Centre

Wednesday, March 27th 1:00pm - 3:00pm
Event ID# 352956 Fee: \$5.50

Cloverdale Recreation Centre

Tuesday, April 2nd 1:00pm - 3:00pm
Event ID# 370178 Fee: \$5.50

Online

Wednesday, April 10th 1:30pm - 2:30pm
Event ID# 371353 Free

WALKit Activity Program

Free admission for all walks.

Fraser Heights Walk Wed, March 6th
10:00am – 11:30am Event ID# 377169
12:00pm – 1:30pm Event ID# 377183

Serpentine Greenway Wed, March 13th
10:00am-11:30am Event ID# 377170
12:00pm-1:30pm Event ID# 377184

Bakerview Urban Walk Wed, March 20th
10:00am-11:30am Event ID# 377171
12:00pm-1:30pm Event ID# 377187

Crescent Beach Wed, March 27th
10:00am-11:30am Event ID# 377172
12:00pm-1:30pm Event ID# 377190

Green Timbers Park Wed, April 3rd
10:00am-11:30am Event ID# 382167
12:00pm-1:30pm Event ID# 382170

Surrey Nature Walks

Join a guided nature walk around the Surrey Nature Centre and Green Timbers Park. Walks are designed for all ages and will go rain or shine. Free admission for all walks.

Surrey Nature Centre

Wednesday, March 9th 10:00am – 10:45am
Event ID# 349976

Surrey Nature Centre

Wednesday, March 20th 10:00am – 10:45am
Event ID# 349978

Surrey Nature Centre

Saturday, April 13th 10:00am – 10:45am
Event ID# 369442