

Seniors

55+

ACTIVITIES & DROP-IN SCHEDULES



HEALTHY, ACTIVE LIVING

Find Your Fit!

Interested in trying something new, meeting new people and enjoying a healthy, active lifestyle? Supporting health and wellness through fun, active living, City of Surrey's adult 55+ programs, services, resources and events are designed to meet the needs of all interests and abilities.

Spring 2024 APRIL 2 - JUNE 30
ALL FACILITIES

DROP-IN ADMISSIONS & PASSES

Our variety of admissions and passes offer great value and access to all drop-in activities valid at any of our recreation facilities including: pools, arenas, gyms and fitness centres.

Recreation Pass Unlimited Visits Annual or Monthly							
Type	Term	Child/Youth 2–18yrs	Student* 19–59yrs	Adult 60–69yrs	Senior 70yrs+	Family†	
Recreation Pass	1 year	\$277.50	\$416.25	\$555.00	\$416.25*	\$138.75*	\$1110.00
	1 month	38.00	57.00	76.00	57.00	19.00	152.00

Admissions Single or Multi-Visit

Type	Term	Child/Youth 2–18yrs	Student* 19–59yrs	Adult 60–69yrs	Senior 70yrs+	Family†	
Single Price	1 visit	\$ 3.75	\$ 5.75	\$ 7.50	\$ 5.75	\$ 2.00	\$ 3.75^
	5 visits	18.00	27.00	35.75	27.50	9.50	N/A
Swipe Pass	10 visits	33.75	50.75	67.50	51.75	18.00	N/A
	20 visits	60.00	90.00	120.00	92.00	32.00	N/A

Payment Options

Surrey offers monthly payment options for the annual Recreation Pass. Make payments using automatic debit or credit card. Skip the lineup and buy your annual, monthly or swipe passes online.

* Rates only apply for accredited post-secondary institutions and require proof of student ID.
^ Includes a complimentary Seniors Services Membership.
† Includes a maximum of two adults and unlimited dependent children 18 years or younger.
^ Per family member (minimum one parent/guardian and one dependent child 18 years or younger).

Note: Specialty pricing on certain arena programs may apply. View arena schedule for details.

Know BEFORE YOU GO

Recreation Centre hours may change for public holidays. Check online first!
surrey.ca/holidayhours

Schedules are subject to change without notice.
Check online for updated information.

Spring 2024 ■ 604-501-5100



surrey.ca/dropin

RECREATION, SOCIAL & LEARNING Opportunities

Seniors Services Membership

Enjoy healthy, active living with Recreation Surrey's wide variety of drop-in recreation, social and learning opportunities. Have fun, get fit, join a group, become a member or just drop in for something new.

Recreation Passes

In addition to our Seniors Services Membership activities, City of Surrey offers a wide variety of drop-in opportunities within our safe and welcoming facilities.

SENIORS SERVICES MEMBERSHIP	RECREATION PASS
55 years+	60–69 years 70 years +
\$27.50 Annual	\$416.25 Annual or \$57.00 for 1 month \$138.75 Annual or 19.00 for 1 month
Access to drop-in social activities, hobby groups and learning opportunities Discounted pricing on select registered programs and special events. Discounted pricing on bus trips. Access to 55+ gymnasium drop-in programs	Access to drop-in: swimming, aquatic fitness classes, gymnasium sports, skating, hockey and group fitness classes. Valid at any of our recreation facilities including pools, arenas, gyms and fitness centres. Receive a FREE Seniors Services Membership automatically when you purchase an annual Recreation Pass.

Digital Technology Hub Stay Connected!

The City of Surrey's Digital Technology Hub is a free platform to help older adult access the digital world, making it easier to connect to services, programs and people. Easy-to-use resources on internet access, devices, training, tech support, virtual health care and online activities. Visit surrey.ca/digitalhub to learn more.

Connecting Generations

Connecting Generations provides an opportunity for dialogue by bringing together youth and seniors of diverse backgrounds and cultures.

For more information: agefriendlyforseniors@surrey.ca

WALKit surrey.ca/walkit

Walking is a great way to get around, explore our city, and help achieve your fitness goals. Join us for a walk, or use our web map to explore your neighbourhood!

- The WALKit Web Map is an online interactive tool that seniors can use to find age friendly pedestrian routes across the city.
- The WALKit Activity Program 55+ is offered weekly year-round. Join us for our group walks on Wednesdays to work on mobility, meet new people, and chat about different points of interest along the way. We use the WALKit web-based map to plan out Age Friendly and Pedestrian friendly routes. We explore and learn more about a different Town Centre each week.

Forums, Fairs & Workshops

The City of Surrey is leading the way in supporting healthy active aging through its Age Friendly Strategy for Seniors, a framework that ensures seniors, families and caregivers are supported through advocacy, policy, partnering and services delivery.

Through successful collaborations with partners and organizations the City of Surrey offers educational opportunities to gain further knowledge and resources that will support seniors, caregivers and families with the tools to remain healthy, active, independent and engaged in the community.

We welcome you to attend one, or all of the events that focus on safety, health and wellness, transportation and mobility, housing and buildings and outdoor spaces.

- Webinars | Forums
- Seniors Week Celebrations
- National Seniors Day Celebration
- World Elder Abuse Awareness Day

Focus On Seniors Webinar

Join us for an informative webinar for seniors, their families and caregivers. Tune in for a variety of topics and resources relevant to 55+ adults living in Surrey.

ONLINE 1 Session FREE			55yrs+
Wednesday	11am–12pm	April 17	370156
Wednesday	11am–12pm	May 15	370157
Wednesday	11am–12pm	June 19	370158

Seniors Services Membership

ACTIVITY DESCRIPTIONS

There are a large variety of seniors volunteer-led activities in the City of Surrey recreation centres. Seniors Services Membership required.

PROGRAM	DESCRIPTION	PROGRAM	DESCRIPTION
Badminton*	Get active as you rotate through badminton games.	Live Music	Bring your musical instrument and practise and perform songs with other players. Audience welcome.
Ballroom Dance	Take part in this introduction to ballroom dancing.	Painting	Bring your art project and supplies to work on, while socializing with others. Share tips and tricks. All skill levels welcome.
Billiards	Join a game of billiards.	Pickleball*	Enjoy rotations of this classic paddle game.
Bingo	Play a game or two of Bingo. Cards are available for a small fee.	Poker	Get your poker face on and join a round of poker. No formal instruction.
Bluegrass/Folk Jam	Bring your acoustic instrument and come jam with this fun group.	Pottery	For potters interested in non-instructional time to work on your own projects.
Bridge/Partners Bridge	Join in on a game of bridge. Playing cards provided.	Quilting	Enjoy meeting other quilters while finishing your quilting projects. Some supplies included.
Canasta	Come play! Cards provided.	Rummoli	Come play a social round or two.
Card Games	Join in a game of cards. Players choose what game to play. Cards provided.	Seep	Take part in a game of Seep. Hosted in Punjabi only.
Carpet Bowling	Join others for a friendly game or two of low-impact carpet bowling.	Social in Punjabi for Women	Meet other seniors. In Punjabi only.
Choir	Add your voice to the choir and sing to old and new favourites.	Social – Women's	Meet other 55+ women during this social time.
Computer Group	Practise your computer skills or learn new ones. Workshops and resources offered to increase your computer know-how. Volunteers are available to answer questions.	Stamp Collecting	Show off your stamp collection or come and learn more about the hobby.
Cribbage	Come play cribbage! Cards and cribbage set provided.	Table Tennis*	Take part in a game of table tennis.
Drop-in 55+	Drop in anytime and enjoy a cup of coffee or socialize with others.	Ukulele	Bring your own instrument and come join the ukulele circle.
Fiddlers	Play your favourite songs in a group setting. Bring your own instrument. All skill levels welcome.	Uyghur Dance	Take part in an introduction to Uyghur dance. Learn traditional Chinese dances.
Guitar	Bring your guitar and practise your skills with others.	Woodcarving	Bring your carving tools and your favourite piece of wood. Share your project and knowledge with other wood carvers.
Knitting and Crocheting	Bring your own yarn and supplies to create a variety of wearable and decorative crafts for the community.	Writing	Share your stories through writing. Work towards mastering the art of storytelling.

*Look on the Gymnasium Drop-in Schedule for locations and times for these gym sport activities.

Seniors Services Membership

DROP-IN ACTIVITIES

Senior Services Memberships provide access to free volunteer-led drop-in activities and seniors lounges across Surrey for only \$27.50 per year.

CHUCK BAILEY RECREATION CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Billiards	9am–9pm	9am–9pm	9am–9pm	9am–9pm	9am–4pm	9am–4pm	9am–4pm
Bingo						11am–1:30pm	
Bridge	12:30pm–3pm <i>Start holidays only</i>		12:30pm–3pm <i>Every 3rd Wednesday</i>		12:30pm–3pm		
Carpet Bowling		9:30am–12pm		9:30am–12pm			
Choir		12:30pm–2:30pm					
Knitting				1pm–3pm			
Painting		9:30am–12:30pm					

CLAYTON COMMUNITY CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Seniors Drop-in					10am–12pm		
Guitar					10am–12pm		
Seep		11am–2pm		11am–2pm			
Textile Crafters	10am–12pm						

CLOVERDALE RECREATION CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Seniors Drop-in	9:30am–12:30pm		1pm–3pm				
Bingo				1pm–3pm			
Choir				10am–12pm			
Computer Group							
Cribbage	1pm–3pm						
Fiddling		1pm–4pm					
Guitar	1pm–3pm						
Knitting			10am–12pm				
Live Music				1pm–4pm			
Painting		12:30pm–2:30pm					
Poker			11:30am–4pm				
Scrabble			12:30pm–2:30pm				
Social in Punjabi		1pm–3pm					
Stamp Collecting	1pm–3pm <i>every 4th Monday</i>						
Ukulele			10am–12pm				
Woodcarving					9am–11am		

FLEETWOOD COMMUNITY CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Seniors Drop-in	11am–2pm		10am–12:30pm		10am–12:30pm		
Ballroom Dance	1pm–4pm	1pm–4pm					
Bingo	1pm–3pm						
Book Club				10am–11am			
Bridge		12:30pm–3:30pm					
Carpet Bowling				1pm–3pm			
Cribbage			12:30pm–3pm				
Knitting			9am–12pm				
Live Music				12pm–2pm			
Seep	2pm–6pm	2pm–6pm	2pm–6pm	2pm–6pm	2pm–6pm	12pm–4pm	
Social for Women		9am–12pm					
Social in Mandarin				9am–12pm			
Social in Punjabi					10am–1pm		

GUILDFORD RECREATION CENTRE

CLOSED FOR SCHEDULED MAINTENANCE AQUATIC FACILITY ONLY Closed May 6–31
FULL FACILITY Closed June 1–17 | FULL FACILITY Re-opens Tuesday, June 18

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Seniors Drop-in	9am–4pm	9am–4pm	9am–4pm	9am–4pm	9am–4pm		
Ballroom Dance				1pm–3pm			
Carpet Bowling	10:30am–12:30pm						
Knitting			1pm–3pm				
Live Music					10:30am–12:30pm		
Social for Women				10:30am–11:30am			
Ukulele	2pm–4pm						

NEWTON SENIORS CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Billiards	8:30am–3:30pm	8:30am–3:30pm	8:30am–3:30pm	8:30am–3:30pm	8:30am–3:30pm		
Bingo				1pm–3:30pm			
Canasta		1pm–3:30pm					
Carpet Bowling	9am–11am		1pm–3pm				
Computer Group	1pm–3pm				10am–12pm		
Cribbage			12:30pm–3:30pm	12:30pm–3:30pm			
Knitting		10am–12pm		1pm–3pm			
Live Music		10am–12pm					
Painting					9:15am–12:15pm		
Rummoli					12:30pm–3:30pm		
Social for Women			10am–12:30pm				
Woodcarving	9:15am–12pm						

NORTH SURREY SPORT AND ICE COMPLEX

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Uyghur Dance	9:30am–11:30am						

SOUTH SURREY RECREATION & ARTS CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bridge	9:15am–1:15pm						
Social in Punjabi				12pm–2:30pm <i>1st & 3rd Thursday</i>			

SURREY ARTS CENTRE

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pottery	10:15am–2:15pm						

Locations

CLOVERDALE

Clayton Community Centre
7155 187A Street
604-502-6300

Cloverdale Recreation Centre
6188 176 Street
604-598-7960

FLEETWOOD

Fleetwood Community Centre
15996 84 Avenue
604-501-5030

GUILDFORD

Guildford Recreation Centre
15105 105 Avenue
604-502-6360

NEWTON

Newton Seniors Centre
13775 70 Avenue
604-501-5010

SOUTH SURREY

South Surrey Recreation & Arts Centre
14601 20 Avenue
604-592-6970

WHALLEY

Chuck Bailey Recreation Centre
13458 107A Avenue
604-598-5898

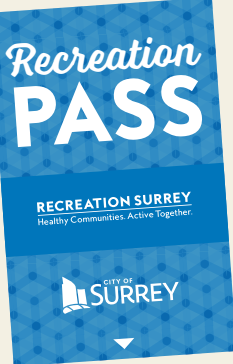
North Surrey Sport and Ice Complex
10950 126A Street
604-591-4410

Surrey Arts Centre
13750 88 Avenue
604-501-5566

STAY IN THE Know

Sign-up for email news and updates.
Receive City of Surrey newsletters straight to your inbox.

surrey.ca/enews



The Recreation Passcard is mandatory at all facilities for drop-in activities and is free of charge. For details visit surrey.ca/passes.

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