

GRANDVIEW HEIGHTS AQUATIC CENTRE

16855 24 Avenue 604-590-7800

EFFECTIVE DATE: March 18 – April 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Main Pool 9am-10pm Limited space 8am-11:30am & 3:30pm-7:30pm Shallow end closed 8:15am-10:15am Deep end closed 10:30am-11:30am & 4pm-7:30pm	Main Pool 6am-10pm Limited space 8:15am-11:30am & 3:30pm-8:30pm Shallow end closed 8:15am-9am & 10:30am-11:30am Deep end closed 9:15am-10:15am & 4pm-8:30pm	Main Pool 9am-10pm Limited space 8am-11:30am & 3:30pm-7:30pm Shallow end closed 8:15am-10:15am Deep end closed 10:30am-11:30am & 4pm-7:30pm	Main Pool 6am-10pm Limited space 8:15am-11:30am & 3:30pm-8:30pm Shallow end closed 10:30am-11:30am Deep end closed 9:15am-10:15am & 4pm-8:30pm	Main Pool 9am-9pm Shallow end closed 8:15am-10:15am Deep end closed 10:30am-11:30am & 4pm-7:30pm	Main Pool 6am-8pm Limited space 9am-1pm Deep end closed 9:30am-12:30pm	Main Pool 6am-8pm Limited space 6am-10:30am & 11am-2pm Shallow end closed 11am-2pm Deep end closed 7am-10:30am
Leisure Pool & Hot Tub 6am-10pm	Leisure Pool & Hot Tub 6am-10pm	Leisure Pool & Hot Tub 6am-10pm	Leisure Pool & Hot Tub 6am-10pm	Leisure Pool & Hot Tub 6am-9pm	Leisure Pool & Hot Tub 6am-8pm	Leisure Pool & Hot Tub 6am-8pm
Swim Lanes (50m)* 6am-7:30am	Swim Lanes (25m) 6am-10pm	Swim Lanes (50m)* 6am-7:30am	Swim Lanes (25m) 6am-10pm	Swim Lanes (50m)* 6am-7:30am	Swim Lanes (25m) 6am-8pm	Swim Lanes (25m) 6am-8pm
Swim Lanes (25m) 8am-10pm		Swim Lanes (25m) 8am-10pm		Swim Lanes (25m) 8am-9pm		*Bulkhead move at 7:30am

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EFFECTIVE DATE: March 18 – April 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AquaFit Mild 8:15am-9:00am	AquaFit (shallow) 8:15am-9:00am	AquaFit Mild 8:15am-9:00am	AquaFit Deep Water 9:15am-10:15am	AquaFit Mild 8:15am-9:00am		
AquaFit (shallow) 9:15am-10:15am	AquaFit Deep Water 9:15am-10:15am	AquaFit (shallow) 9:15am-10:15am	AquaFit (shallow) 10:30am-11:30am	AquaFit (shallow) 9:15am-10:15am		
AquaFit Deep Water 10:30am-11:30am	AquaFit (shallow) 10:30am-11:30am AquaFit Deep Water 7:30pm-8:30pm	AquaFit Deep Water 10:30am-11:30am AquaFit (shallow) 8:15pm-9:15pm		AquaFit Deep Water 10:30am-11:30am		

GUILDFORD RECREATION CENTRE

15105 105 Avenue 604-502-6360

EFFECTIVE DATE: March 18 – April 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Public Swim 6:00am-9:00pm *Limited Pool Space 9:00am – 1:00pm & 3:30-9:00pm	Public Swim 6:00am-9:00pm *Limited Pool Space 9:00am – 1:00pm & 3:30-9:00pm	Public Swim 6:00am-9:00pm *Limited Pool Space 9:00am – 1:00pm & 3:30-9:00pm	Public Swim 6:00am-9:00pm *Limited Pool Space 9:00am – 1:00pm & 3:30-9:00pm	Public Swim 6:00am-9:00pm *Limited Pool Space 4:00-9:00pm	Public Swim 6:00am-9:00pm *Limited Pool Space 9:00am-6:00pm	Public Swim 6:00am-9:00pm *Limited Pool Space 9:00am-9:00pm
25m Length Swim 6:00am-4:00pm *Limited Lanes 7:00-9:00pm	50m Length Swim 6:00am-7:30am 25m Length Swim 8:30am-7:00pm *Limited Lane Space 3:30-7:00pm	25m Length Swim 6:00am-4:00pm *Limited Lanes 7:00-9:00pm	25m Length Swim 6:00am-7:00pm *Limited Lane Space 4:00-7:00pm	25m Length Swim 6:00am-4:00pm 7:00-9:00pm *Limited Lane Space 4:00-7:00pm	50m Length Swim 6:00am-8:00am *Limited Lanes Available 25m Length Swim 9:00am-9:00pm *Limited lanes 9:00am-1:00pm	25m Length Swim 6:00am-4:00pm
21.5m Length Swim 3:30-7:00pm		21.5m Length Swim 3:30-7:00pm	21.5m Length Swim 3:30-9:00pm	21.5m Length Swim 4:00-7:00pm		
Aquafit (Shallow) 7:00-8:00am	21.5m Length Swim 3:30-9:00pm	Aquafit (Shallow) 7:00-8:00am	Aquafit (Shallow) 7:00-8:00am	Aquafit (Shallow) 9:00-10:00am		
Aquafit Deep Water 8:00-9:00am	Aquafit Mild 12:15-1:00pm	Aquafit Deep Water 8:00am-9:00am	Aquafit Mild 12:15-1:00pm	Aquafit Mild 11:15am-12:00pm		
Aquafit (Shallow) 7:30-8:30pm						

NEWTON RECREATION CENTRE

13730 72 Avenue 604-501-5540

EFFECTIVE DATE: March 18 - April 1, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Leisure Swim 6:00 AM-8:30 PM *Waves, Waterslides and Play Structure availability limited	Leisure Swim 6:00 AM-8:30 PM *Waves, Waterslides and Play Structure availability limited	Leisure Swim 6:00 AM-8:30 PM *Waves, Waterslides and Play Structure availability limited	Leisure Swim 6:00 AM-8:30 PM *Waves, Waterslides and Play Structure availability limited	Leisure Swim 6:00 AM-12:30 PM *Waves, Waterslides and Play Structure availability limited	Leisure Swim 8:00 AM-12:30 PM *Waves, Waterslides and Play Structure availability limited	Leisure Swim 8:00 AM-12:30 PM *Waves, Waterslides and Play Structure availability limited
Lesson Swim 8:30 AM-12:30 PM Hot Tub, Steam Room and Cool Down Lane available for age 14+	Lesson Swim 8:30 AM-12:30 PM Hot Tub, Steam Room and Cool Down Lane available for age 14+	Lesson Swim 8:30 AM-12:30 PM Hot Tub, Steam Room and Cool Down Lane available for age 14+	Lesson Swim 8:30 AM-12:30 PM Hot Tub, Steam Room and Cool Down Lane available for age 14+	Public Swim 12:30 PM-9:00 PM	Public Swim 12:30 PM-8:00 PM	Public Swim 12:30 PM-8:00 PM
Public Swim 12:30 PM-9:00 PM	Public Swim 12:30 PM-9:00 PM	Public Swim 12:30 PM-6:00 PM Women & Girls Swim 6:30 PM-8:00 PM 8:30 PM-10:00 PM	Public Swim 12:30 PM-9:00 PM			

SOUTH SURREY INDOOR POOL

14655 17 Avenue 604-502-6220

EFFECTIVE DATE: March 18 – April 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<div>Public Swim</div> <div>8am–12pm</div>	<div>Public Swim**</div> <div>8am–12pm</div>	<div>Public Swim</div> <div>8am–12pm</div>	<div>Public Swim**</div> <div>8am–12pm</div>	<div>Public Swim</div> <div>8am–12pm</div>	<div>Public Swim</div> <div>8am–4pm</div>	<div>CLOSED</div>
<div>Public Swim*</div> <div>3pm–8pm</div>	<div>Aquafit</div> <div>9:15am–10:15am</div>	<div>Public Swim*</div> <div>3pm–8pm</div>	<div>Aquafit</div> <div>8:15am–9:15am</div>			
	<div>Aquafit Mild</div> <div>10:30am–11:30am</div>		<div>Aquafit Deep Water</div> <div>9:30am–10:30am</div>			
	<div>Public Swim*</div> <div>3pm–8pm</div>		<div>Public Swim*</div> <div>3pm–8pm</div>			
						<div>*Limited pool space 5pm–6:30pm</div>
						<div>**Lane usage may be limited depending on Aquafit attendance</div>

SURREY SPORTS & LEISURE COMPLEX

16555 Fraser Hwy 604-501-5950

EFFECTIVE DATE: March 18th – April 1st, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	AquaFit Deep Water 7:00-7:45am		AquaFit Deep Water 7:00-7:45am			
	AquaFit (Shallow) 8:00-9:00am		AquaFit (Shallow) 8:00-9:00am	AquaFit Deep Water 9:00-10:00am		
AquaFit (Shallow) 9:15-10:00am		AquaFit (Shallow) 9:15-10:00am		AquaFit (Shallow) 10:15-11:15am		
AquaFit Mild 11:45-12:30pm		AquaFit Mild 11:45-12:30pm		AquaFit Mild 11:30-12:15pm		
No Classes on Monday April 1 st due to STAT holiday				No Classes on Friday March 29 th due to STAT holiday		

SURREY SPORTS & LEISURE COMPLEX

16555 Fraser Hwy 604-501-5950

EFFECTIVE DATE: March 18 – April 01, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
50m Lane Swim 6:00am-7:30am		50m Lane Swim 6:00am-7:30am		50m Lane Swim 6:00am-7:30am		
25m Lane Swim 8:30am-3:00pm 7:30pm-9:30pm	25m Lane Swim 6:00am-4:00pm 7:30-9:30pm	25m Lane Swim 8:30am-3:00pm 7:30pm-9:30pm	25m Lane Swim 8:30am-3:00pm 7:30pm-9:30pm	25m Lane Swim 8:30am-4:00PM	25m Lane Swim 6:00am-8:00pm	25m Lane Swim 6:00am-3:00pm 4:00-8:00pm
	21m Lane Swim 4:00-7:30pm		21m Lane Swim 4:00-7:30pm	21m Lane Swim 4:00-8:45pm		
Lessons 9:00-1:00pm 3:30pm-7:30pm (Limited Public/Lane Space)	Lessons 9:00am-1:00pm 3:00pm-7:30pm (Limited Public Space)	Lessons 8:30am-1:00pm 3:30pm-7:30pm (Limited Public/Lane Space)	Lessons 8:30am-1:00pm 3:00pm-7:30pm (Limited Public/Lane Space)	Lessons 9:00-1:00pm 3:30pm-7:30pm (Limited Public/Lane Space)		
Slide 7:00pm-8:45pm (Open Intermittently)	Slide 7:00pm-9:30pm (Open Intermittently)	Slide 7:00pm-8:45pm (Open Intermittently)	Slide 7:00pm-8:45pm (Open Intermittently)	Slide 3:00pm-6:00pm 7:30pm-8:30pm (Open Intermittently)	Slide 1:00pm-8:00pm (Open Intermittently)	Slide 1:00pm-7:30pm (Open Intermittently)
				Diving Boards 7:00-9:30pm (Open Intermittently)		Inflatable 1:30pm-3:30pm
						Diving Boards 4:00-6:00pm (Open Intermittently)