



Welcome

The Whalley Town Centre is home to multi-generational facilities in the heart of Whalley offering adults 55+ a wide range of activities to meet community needs to promote health and wellness.

Facility Hours

Chuck Bailey

Monday – Thursday 9:00am – 9:00pm
Friday – Sunday 9:00am – 4:00pm

North Surrey Sport & Ice Complex

Monday – Wednesday 8:00am – 9:00pm
Thursday 6:00am – 9:00pm
Friday 8:00am – 9:00pm
Saturday & Sunday 8:00am – 8:00pm

Holiday Hours

March 29 9:00am - 4:00pm
April 1 9:00am - 4:00pm
*Holiday hours are the same at each facility

Full Facility Recreation Pass

Our wide range of passes offer drop-in access to pools, arenas, gymnasiums and fitness centres at all City of Surrey Recreation Facilities. We have a pass to suit every lifestyle

Recreation Pass: Unlimited Visits Annual or Monthly:

1 year pass	\$416.25 for 60-69 years old
1 month pass	\$57.00 for 60-69 years old

Admissions: Single or Multi-Visit

1 visit	\$5.25 for 60-69 years old \$2.00 for 70+ years old
5 visits	\$27.50 for 60-69 years old \$9.50 for 70+ years old
10 visits	\$51.75 for 60-69 years old \$18.00 for 70+ years old
20 visits	\$92.00 for 60-69 years old \$32.00 for 70+ years old

Sunrise Café

Monday - Friday 10:00am – 2:00pm
***Saturday 10:30am – 12:30pm with limited beverages and baked goods while supplies last**

Enjoy a variety of baked goods, soups, sandwiches, frozen meals, and omelets available daily. Tuesday through Thursday, a hot lunch menu option is offered until supplies run out.

March 5	Chicken Schnitzel
March 6	Sweet & Sour Pork w/ Fried Rice
March 7	Curry Chicken w/ Fried Rice
March 12	Wonton Soup
March 13	BBQ Ribs & Roasted Potatoes
March 14	Alfredo Seafood Pasta
March 19	Cabbage Roll
March 20	Roasted Pork
March 21	Shepards Pie
March 26	Baked Salmon
March 27	Fried Beef Udon
March 28	Perogies

Seniors Services Membership & Membership Activities

The City of Surrey's Seniors Services Membership (55+) gives you local and citywide access to welcoming recreation, social spaces and fun ways to connect with your community. For \$27.50/year, enjoy access to free or nominal fee volunteer-led registered drop-in activities, events, and clubs, as well as discount pricing on select 55+ registered programs. Looking to try a program out? Join us for up to 3 free drop ins.

All 55+ Drop In Membership Activities require registration before attending. You can register online, by phone or by stopping by any City of Surrey Recreation Centre.

55+ Membership Activity Groups			
Monday	Pottery Uyghur Dance	10:15am—2:15pm 9:30am – 11:30am	Surrey Arts Centre North Surrey Sport & Ice Complex
Tuesday	Carpet Bowling Painting Choir Table Tennis	9:30am – 12:00pm 9:30am – 12:30pm 12:30pm – 2:30pm 1:00pm – 3:00pm	Chuck Bailey Chuck Bailey Chuck Bailey Chuck Bailey
Wednesday	Pickleball	9:30am – 11:30am	Chuck Bailey
Thursday	Carpet Bowling Table Tennis Sunrise Crafters	9:30am – 12:00pm 1:00pm – 3:00pm 1:00pm – 3:00pm	Chuck Bailey Chuck Bailey Chuck Bailey
Friday	Bridge	12:30pm – 3:00pm	Chuck Bailey
Saturday	Bingo	11:00am – 1:30pm	Chuck Bailey
Daily	Snooker & Pool	During facility operating hours.	Chuck Bailey

We would like to extend our gratitude to our café team! Our staff and volunteers have spent countless hours serving our community with excellence and a smile. To our staff: **Cindy, Kam, Mackenzie** and **Tirra**, and to our volunteers: **Bob, Gertie, Joyce K., Marge, Peter, Sandy, Warren** and **Wendy**, thank you for all your hard work.

Please share your thanks or a smile with our team next time you are visiting!

VIEW *Online*

You can receive this newsletter by email. Sign up for Seniors Recreation & Events at surrey.ca/enews.

Volunteers

Bingo — Cynnamon & Terry

Bridge — Colette & Doreen

Carpet Bowling — Warren

Choir — Diane H.

Food Services — Bob, Gertie, Joyce K., Marge, Peter, Sandy, Warren & Wendy

Painting for Pleasure — Joyce M. & Maxine

Pottery — Alice & Diane M.

Table Tennis — Kim & Nancy

Snooker/Pool — Steadwick

Sunrise Crafters — Eniko

Uyghur Dance — Lanying

Advisory Committee — Colette, Diane H., Frank, Glynnis, Joyce M., & Maxine

Thank you to all our volunteers! Our programs and services wouldn't be the same without you!

Looking to volunteer with the City of Surrey?

You can volunteer in Food Services, Day Camps, Special Events or Senior/55+ Services. Learn more online at <https://www.surrey.ca/about-surrey/volunteering>

Registered Drop In Programs

All drop in programs with the City of Surrey are registered drop in programs. Please ensure you are registering prior to the program either online or by phone at 604-501-5100. You can also register upon arrival with our front desk staff.

If you are not registered for a program and scan your card, the gate will not automatically open. Please inform front desk staff of where you are heading so they can register you or direct you to the café or washrooms.

Registration opens during the following times:

- **72 hours in advance of program** for the majority of our registered drop in programs such as **sports, stay and play, fitness and aquatics.**
- **1 week in advance of program** for all volunteer led seniors services membership programs such as, **bridge, choir, knitting, table tennis—seniors services etc.**
- **Sunday at 8:30pm for the following weeks pickleball drop ins.**
Example: Sunday March 3 at 8:30pm is when registration opens for pickleball drop in that take place from March 10 to March 17.

Bus Trips

Spring Season | April to June Registration Opens February 25

Looking for a day trip? Register for one of our Bus Trips. Food is not included unless stated, but is often able to be purchased at the destination. Completion of a Medical Form is required prior to the trip. Pick up and drop off is from the Chuck Bailey Recreation Centre.

Dickens Sweets & British Museum Bus Trip - 55+

Wednesday, April 17

10:30pm - 2:30pm

Members: \$18.25 | Non Members: \$23.25

Take a trip down memory lane at the Dickens Sweets & British Museum. This is the original British sweet and grocery store in the Fraser Valley Region!

Stanley Park Bus Trip - 55+

Thursday, May 16

9:30pm - 3:30pm

Members: \$24.25 | Non Members: \$29.25

Enjoy a scenic drive around one of Vancouver's beautiful landmarks. As the bus stops throughout the park, enjoy it at your leisure. Bring or buy a lunch.

Bowling at Sandcastle Lanes Bus Trip - 55+

Wednesday, June 19

10:30pm - 3:00pm

Members: \$50.75 | Non Members: \$55.75

Meet new people and bowl together. Enjoy 2 hours of bowling with 4 people per lane. Bowling shoe rentals are included. Bring or buy a lunch.

Card Tournaments

Bridge Tournament Chuck Bailey Recreation Centre

Friday, March 1, 2024

11:00am – 3:00pm

Cribbage Tournament Cloverdale Recreation Centre

Friday, March 8, 2024

12:00pm – 3:30pm

Bridge Tournament Cloverdale Recreation Centre

Tuesday, March 26, 2024

11:00am – 3:00pm

Registration is required for all drop ins and tournaments. Please stop by our front desk or call 604-598-5898 for more information and to register.

Drop In Aquafit Classes

Guildford Recreation Centre 15105 105 Avenue

Monday & Wednesday

8:00am - 9:00am

9:00am - 10:00am

7:30pm - 8:30pm (Mondays only)

Tuesday & Thursday & Friday:

9:00am - 10:00am

11:15am - 12:00pm

Newton Recreation Centre 13730 72 Avenue

Monday & Wednesday & Friday

9:00am - 10:00am

Tuesday & Thursday

10:00am - 11:00am

Senior Care Kit

We now have care kits available for patrons 55+ who may have experienced a toileting accident while on site. They can be found in the two offices closest to the elevators. Please reach out to staff if you have any questions.

City Wide Events

Bone Health 101

Friday, March 8

10:30am - 11:30am

Semiahmoo Public Library

#100 - 1815 152 Street

Learn about your bone health and how to maintain healthy bones with Sources Community Resources Centres. To register call 778-222-9299.

Energy Saving Tips Webinar — 55+

Wednesday, March 20

11:00am - 12:00pm

Online

Learn about programs that FortisBC offers to make your home more comfortable, safe and energy efficient. Also discover some low and no-cost ways to save energy and money on your utility bills! Register online or by phone by 604-501-5100.

Chuck Bailey Recreation Centre

13458 107A Ave | 604-598-5898

North Surrey Sport & Ice Complex

10950 126A St | 604-591-4410

Surrey Arts Centre

13750 88 Ave | 604-501-5566