

**Present:** 

Mavor McCallum

Councillor Bose

Councillor Watts

Councillor Hunt

Councillor Villeneuve

Councillor Tymoschuk Councillor Steele

Councillor Higginbotham

# City of Surrey Council-in-Committee Minutes

Absent:

**Councillor Eddington** 

Council Chamber City Hall 14245 - 56 Avenue Surrey, B.C. **MONDAY, JANUARY 28, 2002** Time: 5:41 p.m.

#### **Staff Present:**

City Manager Acting City Clerk General Manager, Planning & Development City Solicitor Manager, Land Development General Manager, Finance, Technology & HR K. Swaele, Legislative Services

## A. **DELEGATIONS**

#### 1. Jo-Anne Harrison, Co-Chair BCTRA South Fraser Chapter File: 0550-10

Jo-Anne Harrison, Director Public Relations and Communications, B.C. Therapeutic Recreation Association and Co-chair, BCTRA South Fraser Chapter was in attendance to explain the field of Therapeutic Recreation.

Jo-Ann Harrison advised that the South Fraser Therapeutic Recreation Association is making plans to celebrate "Therapeutic Recreation Week" February 3 to 9, 2002, and introduced other members of the delegation.

Sherry Kellar, advised that she is Director of Professional Development and Education, and also a Recreation Therapist at Surrey Mental Health. Ms. Kellar noted:

- That BCTRA was incorporated in 1991 under the Societies Act.
- That the Association promotes recreation therapy, ongoing education and research opportunities, sets professional standards, and provides future direction to the field of therapeutic recreation.
- That the Association believes that individuals of all abilities have the right to the benefits of leisure and recreation.
- That the Association supports people in acquiring skills, knowledge and abilities to help them lead as independent a lifestyle as possible.

Joan Cernak, stated that she is one of the founding members of BCTRA and that she works in a long-term care facility which is home to 128 seniors. Ms. Cernak continued:

• That at the long term care facility they provide innovative programs such as Word Wonders for people with a level of confusion to promote cognitive levels of functioning and reminiscing.

- That assessment is an integral part of the process and is very much holistic.
- That they complement the services of other professionals.
- That assessment looks at strengths, client challenges and needs.
- That overall goals are developed from the assessment.
- That the assessment includes input from family friends and other staff.
- That the first component of recreation therapy is to improve abilities that are necessary to participation in leisure activities, such as attention span and social skills.
- That the second component is leisure education, which makes the client aware, develops social skills, leisure resources, and leisure skills.
- That the third component is recreation participation, and promoting independent participation in leisure activities.
- That the ultimate goal is development of a satisfying leisure lifestyle.

Jo-Anne Harrison advised:

- That therapeutic recreation practitioners work with people of all ages and abilities, their family and friends in a variety of settings such as rehabilitation, group centers, mental health centers, child and youth, correctional institutes, community recreation, seniors facilities, psychiatric facilities, and many other settings.
- That the benefit of therapeutic recreation is relief of tension and pressure to make the client better able to manage stress, create self expression, enrich quality of life and allow for greater self-reliance and self confidence.
- That therapeutic recreation helps improve physical abilities such as balance, coordination, and mobility.
- That the overall goal and benefit of recreation therapy is to provide an overall health improvement.
- 2. Gary Bennett, Campaign Committee, Local 1004 BC Government & Service Employees' Union (BCGEU) File: 0550-10

The delegation was not present.

# **B.** ITEMS REFERRED BY COUNCIL

# C. CORPORATE REPORTS

# D. DELEGATION REQUESTS

## E. COUNCILLORS' REPORTS

## F. OTHER COMPETENT BUSINESS

#### G. ADJOURNMENT

It was

Moved by Councillor Watts Seconded by Councillor Tymoschuk That the Council-in-Committee meeting do

now adjourn.

Carried

The Council-in-Committee adjourned at 6:00 p.m.

Chairperson